

2019 National Masters Indoor Championships - 3/1/19 to 3/4/19

JDL

Performance List

Event 1 W30 60 Meter Dash (5)

Saturday 3/2/19 - 11:39 AM

	Name	Age	Team	Seed Time
1	*Liang, Grace	W32	China	8.37
2	Downey, Sophia	W31	Unattached	8.46
3	Stasulis, Angelina	W32	Atlanta Track Club	NT
4	Trenor, Beth	W34	Atlanta Track Club	NT
5	Borders, Christy	W30	Southwest Sprinters Track Club	NT

Event 2 W35 60 Meter Dash (8)

Saturday 3/2/19 - 11:36 AM

	Name	Age	Team	Seed Time
1	Allen, Ahndraea	W37	Southwest Sprinters Track Club	8.00
2	McIntyre, Inga	W38	Unattached	8.02
3	Mock, Jill	W38	Unattached	8.10
4	Grant, Easter	W35	Southwest Sprinters Track Club	8.15
5	Kelly, Nicole	W38	Unattached	8.55
6	*Mullings, Sheree	W37	Canada	8.58
7	Varlack, Latiffia	W36	So Cal Track Club	NT
8	Duncan, Pia	W36	Unattached	NT

Event 3 W40 60 Meter Dash (13) Prelims

Saturday 3/2/19 - 9:56 AM

	Name	Age	Team	Seed Time
1	Bernert, Brandi	W40	Southwest Sprinters Track Club	8.11
2	Rogers, Jeanette	W44	Southwest Sprinters Track Club	8.14
3	Roberts, Amanda	W41	Unattached	8.41
4	Edwards, Lisa	W40	Unattached	8.54
5	Muhammad, Zakiyya	W41	Hershey Blaze Track Club	8.68
6	Taylor, Alyassia	W42	Bella N Motion	8.76
7	Willis, Tomika	W41	Personal Touch Athletics	8.90
8	Tyler, Yasmeen	W41	Unattached	9.00
9	Bussey, Kelley	W43	Unattached	9.08
10	*Mann, Elly	W43	Great Britain and Northern Ire	NT
11	Lewandowski, Darien	W43	Greenville Track Club	NT
12	McAllister, Shameika	W42	Unattached	NT
13	Manns, DaBeth	W42	TNT International Racing Club	NT

Event 4 W45 60 Meter Dash (9) Prelims

Saturday 3/2/19 - 9:55 AM

	Name	Age	Team	Seed Time
1	Oneill, Michelle	W46	Charlotte Track Club	8.35
2	Dierauer, Isabelle	W46	Southwest Ohio TC	8.80
3	Bragg, Bernice	W47	Philadelphia Masters	9.03
4	Gaston, Catherine	W47	U.S. Army	18.12
5	Rodriguez, Patricia	W48	Unattached	NT
6	*Richardson, Arishonne	W47	U.S. Virgin Islands	NT
7	*Thompson, Marsha	W47	Canada	NT
8	Cypress, Jill	W46	TNT International Racing Club	NT
9	Barnes, Julie	W49	Unattached	NT

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Event 5 W50 60 Meter Dash (16) Prelims

Saturday 3/2/19 - 9:50 AM

	Name	Age	Team	Seed Time
1	Mcgowan, Emmanuelle	W50	Maximum Quotient Track Club	8.35
2	Rogers, Ella	W51	Potomac Valley Track Club	8.48
3	Hoslyn, Rosemarie	W52	Philadelphia Masters	8.53
4	Brockner, Roxanne	W53	Northport Running Club	8.75
5	Walker, Melanie	W50	Charlotte Track Club	8.90
6	Konrad, Evelyn	W51	Mass Velocity Track Club	9.12
7	Zelaya, Pamela	W53	Potomac Valley Track Club	9.12
8	Whitten, Stephanie	W51	Unattached	9.46
9	Scott, Menka	W52	So Cal Track Club	NT
10	Roux, Maryline	W52	Athena Track Club	NT
11	Carty-Dumitrescu, Linda	W52	Unattached	NT
12	Chambers, Denise	W54	Unattached	NT
13	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	NT
14	Jefferson Gatewood, Ladania	W50	Unattached	NT
15	Gibson, Dr Koura	W54	Potomac Valley Track Club	NT
16	Meko, Jennifer	W53	Unattached	NT

Event 6 W55 60 Meter Dash (10) Prelims

Saturday 3/2/19 - 9:47 AM

Lane	Name	Age	Team	Seed Time
Prelims W55				
1	Upshaw, Joy	W58	Joy's Jackrabbits Track Club	8.60
2	Triolo, Sandy	W56	Unattached	8.83
3	Hoffman, Debra	W59	Joy's Jackrabbits Track Club	9.10
4	Rath, Terri	W55	Athena Track Club	9.27
5	Harvey, Kathy	W58	TNT International Racing Club	9.89
6	Rea, Gloria	W57	Unattached	10.97
7	Slaughter, Jacklyn	W57	Unattached	NT
8	Allen, Adriene	W57	Athena Track Club	NT
9	Reid, Johnnie	W56	Unattached	NT
10	Shannon, Janean	W56	Unattached	NT

Event 7 W60 60 Meter Dash (9) Prelims

Saturday 3/2/19 - 9:45 AM

	Name	Age	Team	Seed Time
1	Bowman, Becky	W60	Joy's Jackrabbits Track Club	9.00
2	Scotti, Amanda	W61	Joy's Jackrabbits Track Club	9.29
3	Funk, Leandra	W63	Mass Velocity Track Club	9.94
4	DeHaven, Deborah	W60	Philadelphia Masters	9.97
5	Good, Katherine Keg	W61	Potomac Valley Track Club	10.30
6	Wilson, Linda	W60	Unattached	NT
7	Zukas, Donna	W63	Unattached	NT
8	Hinton, Dianna	W61	Atlanta Track Club	NT
9	Phelps, Jo	W60	TNT International Racing Club	NT

Event 8 W65 60 Meter Dash (6)

Saturday 3/2/19 - 11:18 AM

	Name	Age	Team	Seed Time
1	Glynn, Kay	W66	Unattached	10.32
2	Phillips, Hannah	W66	Potomac Valley Track Club	10.55

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Event 8 ... (W65 60 Meter Dash (6))

	Name	Age	Team	Seed Time
3	*Hancock, Elizabeth	W66	Australia	14.00
4	Hartzler, Mary	W69	Unattached	NT
5	Carter, Deborah Carter	W66	Unattached	NT
6	Hargrave, Susan	W68	Unattached	NT

Event 10 W70 60 Meter Dash (6)

Saturday 3/2/19 - 11:15 AM

	Name	Age	Team	Seed Time
1	Flynn, Joyce	W72	Unattached	11.89
2	Warren, Barbara	W72	Capital City Striders, Inc.	12.07
3	Rogers, Lynne	W72	Unattached	NT
4	Trotto, Mary	W71	TNT International Racing Club	NT
5	Ingles, Laura	W72	Potomac Valley Track Club	NT
6	Marcelais, Cynthia	W70	Unattached	NT

Event 11 W75 60 Meter Dash (6)

Saturday 3/2/19 - 11:12 AM

	Name	Age	Team	Seed Time
1	Hensley, Barbara	W75	Southwest Ohio TC	12.45
2	Guardino, Louise	W78	Piedmont Pacers Track Club	12.68
3	Robinson, Mary	W76	Unattached	NT
4	Simpson, Jane	W77	TNT International Racing Club	NT
5	Carter, Ann	W77	Unattached	NT
6	Mitchell, Marilyn	W76	Unattached	NT

Event 12 W80-94 60 Meter Dash (4)

Saturday 3/2/19 - 11:09 AM

Lane	Name	Age	Team	Seed Time
W80				
1	Green, Rose	W80	Potomac Valley Track Club	10.86
2	Donley, Christel	W84	Colorado Masters Track & Field	NT
W85				
1	Obera, Irene	W85	Sierra Gold	12.30
W90				
1	Lindberg, Betty	W94	Atlanta Track Club	15.15

Event 21 W30 200 Meter Dash (5)

Sunday 3/3/19 - 12:20 PM

	Name	Age	Team	Seed Time
1	Downey, Sophia	W31	Unattached	26.68
2	*Liang, Grace	W32	China	27.77
3	Pack, Ryan	W34	Piedmont Pacers Track Club	NT
4	Stasulis, Angelina	W32	Atlanta Track Club	NT
5	Hansley, LaToya	W31	Port City Track Club	NT

Event 22 W35 200 Meter Dash (7) Prelims

Sunday 3/3/19 - 8:24 AM

	Name	Age	Team	Seed Time
1	Grant, Easter	W35	Southwest Sprinters Track Club	26.90
2	Allen, Ahndraea	W37	Southwest Sprinters Track Club	27.00
3	McIntyre, Inga	W38	Unattached	27.20
4	Mock, Jill	W38	Unattached	27.50
5	Kelly, Nicole	W38	Unattached	29.20

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Event 22 ... (W35 200 Meter Dash (7) Prelims)

	Name	Age	Team	Seed Time
6	*Wilks, Antoinette	W38	Jamaica	NT
7	King, Camile	W36	Port City Track Club	NT

Event 23 W40 200 Meter Dash (13) Prelims

Sunday 3/3/19 - 8:18 AM

	Name	Age	Team	Seed Time
1	Monteleone, Cynthia	W43	Southwest Sprinters Track Club	26.10
2	Edwards, Lisa	W40	Unattached	26.52
3	Roberts, Amanda	W41	Unattached	27.01
4	Rogers, Jeanette	W44	Southwest Sprinters Track Club	27.50
5	Readinger, Danelle	W43	Southwest Sprinters Track Club	28.76
6	Muhammad, Zakiyya	W41	Hershey Blaze Track Club	29.23
7	Taylor, Alyassia	W42	Bella N Motion	30.00
8	Tyler, Yasmeen	W41	Unattached	31.00
9	Bussey, Kelley	W43	Unattached	31.03
10	*Johnson, Tiombe	W44	Jamaica	33.00
11	*Mann, Elly	W43	Great Britain and Northern Ire	NT
12	Mayhewrozek, Anna	W43	Atlanta Track Club	NT
13	Sotillo-Pennix, Tanya	W41	Charlotte Track Club	NT

Event 24 W45 200 Meter Dash (9) Prelims

Sunday 3/3/19 - 8:15 AM

	Name	Age	Team	Seed Time
1	Gaston, Catherine	W47	U.S. Army	27.47
2	O'Neill, Michelle	W46	Charlotte Track Club	28.06
3	Dierauer, Isabelle	W46	Southwest Ohio TC	29.01
4	Wilson, Sheena	W45	Unattached	31.94
5	Harris, Nicole	W45	Philadelphia Masters	32.60
6	Lain, Stephanie	W49	Unattached	32.88
7	Bragg, Bernice	W47	Philadelphia Masters	33.34
8	Barnes, Julie	W49	Unattached	NT
9	*Richardson, Arishonne	W47	U.S. Virgin Islands	NT

Event 25 W50 200 Meter Dash (16) Prelims

Sunday 3/3/19 - 8:08 AM

	Name	Age	Team	Seed Time
1	Mcgowan, Emmanuelle	W50	Maximum Quotient Track Club	27.95
2	Hoslyn, Rosemarie	W52	Philadelphia Masters	29.00
3	Roux, Maryline	W52	Athena Track Club	29.32
4	Walker, Melanie	W50	Charlotte Track Club	30.44
5	Rogers, Ella	W51	Potomac Valley Track Club	30.60
6	Zelaya, Pamela	W53	Potomac Valley Track Club	30.70
7	Konrad, Evelyn	W51	Mass Velocity Track Club	30.86
8	Whitten, Stephanie	W51	Unattached	31.64
9	Bey, Cheryl	W54	Unattached	32.30
10	Carlton, Karen	W52	Bella N Motion	33.54
11	Meko, Jennifer	W53	Unattached	35.60
12	Chambers, Denise	W54	Unattached	NT
13	Brockner, Roxanne	W53	Northport Running Club	NT
14	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	NT
15	Carty-Dumitrescu, Linda	W52	Unattached	NT

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Event 25 ... (W50 200 Meter Dash (16) Prelims)

	Name	Age	Team	Seed Time
16	Scott, Menka	W52	So Cal Track Club	NT

Event 26 W55 200 Meter Dash (12) Prelims

Sunday 3/3/19 - 8:02 AM

	Name	Age	Team	Seed Time
1	Upshaw, Joy	W58	Joy's Jackrabbits Track Club	28.57
2	Allen, Adriene	W57	Athena Track Club	29.60
3	Triolo, Sandy	W56	Unattached	29.89
4	Hoffman, Debra	W59	Joy's Jackrabbits Track Club	29.99
5	Rath, Terri	W55	Athena Track Club	30.15
6	Morman-Matthews, Marguerite	W56	Potomac Valley Track Club	33.00
7	Harvey, Kathy	W58	TNT International Racing Club	33.13
8	Popovitch, Catherine	W57	Philadelphia Masters	39.00
9	Rea, Gloria	W57	Unattached	40.03
10	Johnson, Gabrielle	W55	Joy's Jackrabbits Track Club	30:00.00
11	Johnson, Paula	W57	Atlanta Track Club	NT
12	Slaughter, Jacklyn	W57	Unattached	NT

Event 27 W60 200 Meter Dash (7) Prelims

Sunday 3/3/19 - 8:00 AM

	Name	Age	Team	Seed Time
1	Bowman, Becky	W60	Joy's Jackrabbits Track Club	31.50
2	Scotti, Amanda	W61	Joy's Jackrabbits Track Club	32.50
3	Funk, Leandra	W63	Mass Velocity Track Club	32.82
4	Stein, Carol	W62	So Cal Track Club	34.00
5	DeHaven, Deborah	W60	Philadelphia Masters	36.48
6	Good, Katherine Keg	W61	Potomac Valley Track Club	37.40
7	Row, Elizabeth	W63	Potomac Valley Track Club	42.00

Event 28 W65 200 Meter Dash (5)

Sunday 3/3/19 - 11:59 AM

	Name	Age	Team	Seed Time
1	Glynn, Kay	W66	Unattached	34.37
2	Phillips, Hannah	W66	Potomac Valley Track Club	35.07
3	Steinbach, Coreen	W67	Athena Track Club	35.23
4	Hargrave, Susan	W68	Unattached	NT
5	Hartzler, Mary	W69	Unattached	NT

Event 29 W70 200 Meter Dash (5)

Sunday 3/3/19 - 11:56 AM

	Name	Age	Team	Seed Time
1	Aderhold, Susan	W71	Atlanta Track Club	40.41
2	Warren, Barbara	W72	Capital City Striders, Inc.	49.92
3	Trotto, Mary	W71	TNT International Racing Club	NT
4	Marcelais, Cynthia	W70	Unattached	NT
5	Melton, Judy	W71	Atlanta Track Club	NT

Event 30 W75 200 Meter Dash (6)

Sunday 3/3/19 - 11:53 AM

	Name	Age	Team	Seed Time
1	Hensley, Barbara	W75	Southwest Ohio TC	45.40
2	Guardino, Louise	W78	Piedmont Pacers Track Club	47.66
3	Staab, Angela	W76	Piedmont Pacers Track Club	1:02.83

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Event 30 ... (W75 200 Meter Dash (6))

	Name	Age	Team	Seed Time
4	Simpson, Jane	W77	TNT International Racing Club	NT
5	Radle, Catherine	W75	Atlanta Track Club	NT
6	Robinson, Mary	W76	Unattached	NT

Event 31 W80-94 200 Meter Dash (4)

Sunday 3/3/19 - 11:50 AM

Lane	Name	Age	Team	Seed Time
W80				
1	Green, Rose	W80	Potomac Valley Track Club	38.54
2	Daprano, Jeanne	W82	Atlanta Track Club	40:00.00
W85				
1	Obera, Irene	W85	Sierra Gold	39.86
W90				
1	Lindberg, Betty	W94	Atlanta Track Club	58.45

Event 41 W30 400 Meter Dash (5)

Friday 3/1/19 - 11:18 AM

	Name	Age	Team	Seed Time
1	Downey, Sophia	W31	Unattached	59.78
2	Wiatt, Laura	W33	Forest Hills Runners	1:03.83
3	Phillips, Lacey	W32	Atlanta Track Club	1:46.19
4	Trenor, Beth	W34	Atlanta Track Club	NT
5	Stasulis, Angelina	W32	Atlanta Track Club	NT

Event 42 W35 400 Meter Dash (4)

Friday 3/1/19 - 11:15 AM

	Name	Age	Team	Seed Time
1	Allen, Ahndraea	W37	Southwest Sprinters Track Club	59.00
2	Howard, Katie	W35	Unattached	1:06.16
3	King, Camile	W36	Port City Track Club	NT
4	Dietrich, Alex	W39	So Cal Track Club	NT

Event 43 W40 400 Meter Dash (10)

Friday 3/1/19 - 10:45 AM

	Name	Age	Team	Seed Time
1	Monteleone, Cynthia	W43	Southwest Sprinters Track Club	58.00
2	Edwards, Lisa	W40	Unattached	1:04.10
3	Kvilhaug, Amy	W44	Central Park Track Club (CPTC)	1:06.37
4	*Smart, Olive	W44	Trinidad and Tobago	1:08.00
5	Ludwick, Julia	W42	Unattached	1:12.00
6	*Johnson, Tiombe	W44	Jamaica	1:19.00
7	Gregory, Marilyn	W44	TNT International Racing Club	NT
8	Sotillo-Pennix, Tanya	W41	Charlotte Track Club	NT
9	Martin, Tiffany	W44	Unattached	NT
10	*Mann, Elly	W43	Great Britain and Northern Ire	NT

Event 44 W45 400 Meter Dash (7)

Friday 3/1/19 - 10:42 AM

	Name	Age	Team	Seed Time
1	Friend-Uhl, Sonja	W47	Unattached	1:02.39
2	DeOliveira, Dianne	W48	Bella N Motion	1:04.21
3	To taro, Joan	W47	Bella N Motion	1:08.00
4	Harris, Nicole	W45	Philadelphia Masters	1:13.57

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Event 44 ... (W45 400 Meter Dash (7))

	Name	Age	Team	Seed Time
5	Grant, Tanja	W47	Unattached	1:20.00
6	Bloxson, Patricia	W48	Port City Track Club	NT
7	*Richardson, Arishonne	W47	U.S. Virgin Islands	NT

Event 45 W50 400 Meter Dash (12)

Friday 3/1/19 - 10:36 AM

	Name	Age	Team	Seed Time
1	Brockner, Roxanne	W53	Northport Running Club	1:03.50
2	*Barr, Clare	W51	Great Britain and Northern Ire	1:07.29
3	Hoslyn, Rosemarie	W52	Philadelphia Masters	1:10.00
4	Zelaya, Pamela	W53	Potomac Valley Track Club	1:11.50
5	Wilton, Lane	W53	Charlotte Track Club	1:11.87
6	Carlton, Karen	W52	Bella N Motion	1:11.88
7	Whitten, Stephanie	W51	Unattached	1:12.48
8	Saint-Louis, Dominique	W52	Urban Athletics	1:15.00
9	Meko, Jennifer	W53	Unattached	1:19.55
10	Konrad, Evelyn	W51	Mass Velocity Track Club	NT
11	Moore-Nix, Shawn	W50	Georgia	NT
12	Chambers, Denise	W54	Unattached	NT

Event 46 W55 400 Meter Dash (12)

Friday 3/1/19 - 10:30 AM

	Name	Age	Team	Seed Time
1	McDonald, Sue	W55	T.H.E. Track Team	1:04.37
2	Allen, Adriene	W57	Athena Track Club	1:05.40
3	Hoffman, Debra	W59	Joy's Jackrabbits Track Club	1:08.07
4	Jasper, Lorraine	W57	Athena Track Club	1:08.43
5	Rath, Terri	W55	Athena Track Club	1:09.32
6	Triolo, Sandy	W56	Unattached	1:11.79
7	Johnson, Gabrielle	W55	Joy's Jackrabbits Track Club	1:12.00
8	Harvey, Kathy	W58	TNT International Racing Club	1:17.74
9	Popovitch, Catherine	W57	Philadelphia Masters	1:29.00
10	Tanner, Robin	W58	Atlanta Track Club	NT
11	Geiger, Gail	W55	Genesee Valley Harriers	NT
12	Johnson, Paula	W57	Atlanta Track Club	NT

Event 47 W60 400 Meter Dash (6)

Friday 3/1/19 - 9:57 AM

	Name	Age	Team	Seed Time
1	Hinz, Lesley	W60	T.H.E. Track Team	1:08.95
2	Funk, Leandra	W63	Mass Velocity Track Club	1:16.16
3	Bowman, Becky	W60	Joy's Jackrabbits Track Club	1:17.00
4	Stein, Carol	W62	So Cal Track Club	1:18.00
5	Drain, Ida	W63	Potomac Valley Track Club	1:24.00
6	Row, Elizabeth	W63	Potomac Valley Track Club	1:26.00

Event 51 W65 400 Meter Dash (5)

Friday 3/1/19 - 9:54 AM

	Name	Age	Team	Seed Time
1	Steinbach, Coreen	W67	Athena Track Club	1:15.53
2	Phillips, Hannah	W66	Potomac Valley Track Club	1:20.65
3	Blank, Betty	W66	Potomac Valley Track Club	1:34.00

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Event 51 ... (W65 400 Meter Dash (5))

	Name	Age	Team	Seed Time
4	Hartzler, Mary	W69	Unattached	NT
5	Ozell, Terry	W65	Atlanta Track Club	NT

Event 52 W70 400 Meter Dash (4)

Friday 3/1/19 - 9:51 AM

	Name	Age	Team	Seed Time
1	Aderhold, Susan	W71	Atlanta Track Club	1:33.47
2	Warren, Barbara	W72	Capital City Striders, Inc.	2:01.61
3	Melton, Judy	W71	Atlanta Track Club	NT
4	Frable, Kathleen	W73	So Cal Track Club	NT

Event 53 W75 400 Meter Dash (6)

Friday 3/1/19 - 9:48 AM

	Name	Age	Team	Seed Time
1	Smith, Mary	W78	Colorado Masters Track & Field	1:29.85
2	Hensley, Barbara	W75	Southwest Ohio TC	1:46.79
3	Staab, Angela	W76	Piedmont Pacers Track Club	2:21.40
4	Simpson, Jane	W77	TNT International Racing Club	NT
5	Radle, Catherine	W75	Atlanta Track Club	NT
6	Robinson, Mary	W76	Unattached	NT

Event 54 W80-89 400 Meter Dash (4)

Friday 3/1/19 - 9:45 AM

Lane	Name	Age	Team	Seed Time
W80				
1	Green, Rose	W80	Potomac Valley Track Club	1:39.90
2	Daprano, Jeanne	W82	Atlanta Track Club	1:40.00
3	Hurrell, Lynne	W84	Sierra Gold	NT
W85				
1	Obera, Irene	W85	Sierra Gold	2:02.00

Event 60 W30-39 800 Meter Run (11)

Sunday 3/3/19 - 10:25 AM

Lane	Name	Age	Team	Seed Time
W30				
1	*Burgess, Valetta	W31	U.S. Virgin Islands	2:20.00
2	Wiatt, Laura	W33	Forest Hills Runners	2:23.00
3	Wright, Amanda	W31	Whirlaway Racing Team	2:35.00
4	Stasulis, Angelina	W32	Atlanta Track Club	NT
5	Jackson, Aja	W31	Unattached	NT
6	Trenor, Beth	W34	Atlanta Track Club	NT
W35				
1	Howard, Katie	W35	Unattached	2:36.01
2	Grindstaff, Becky Boatman	W38	Knoxville Track & Field Club	2:36.89
3	Sandler, Rachel	W36	Unattached	2:46.00
4	Pletcher, Caitlin	W36	Bella N Motion	2:50.00
5	Dietrich, Alex	W39	So Cal Track Club	NT

Event 61 W40 800 Meter Run (9)

Sunday 3/3/19 - 10:20 AM

	Name	Age	Team	Seed Time
1	Kvilhaug, Amy	W44	Central Park Track Club (CPTC)	2:29.93
2	Josiah-Tanner, Euleen	W44	So Cal Track Club	2:35.88

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Event 61 ... (W40 800 Meter Run (9))

	Name	Age	Team	Seed Time
3	*Smart, Olive	W44	Trinidad and Tobago	2:55.00
4	Ludwick, Julia	W42	Unattached	2:55.00
5	Vaughn, Kisha	W44	Unattached	3:10.00
6	Mayhewrozek, Anna	W43	Atlanta Track Club	NT
7	Cane, Debra	W43	So Cal Track Club	NT
8	Gregory, Marilyn	W44	TNT International Racing Club	NT
9	Martin, Tiffany	W44	Unattached	NT

Event 62 W45 800 Meter Run (10)

Sunday 3/3/19 - 10:15 AM

	Name	Age	Team	Seed Time
1	Friend-Uhl, Sonja	W47	Unattached	2:16.83
2	DeOliveira, Dianne	W48	Bella N Motion	2:27.50
3	To taro, Joan	W47	Bella N Motion	2:39.00
4	Mcelwee, Robyn	W48	Unattached	2:50.00
5	Bruns, Julie	W49	Unattached	2:58.00
6	Nana-Sinkam, Meaghan	W47	TNT International Racing Club	4:05.00
7	Parker, Kara	W49	Unattached	NT
8	Rupp, Jo	W45	Philadelphia Masters	NT
9	Grant, Tanja	W47	Unattached	NT
10	Olshanski, Michele	W48	Unattached	NT

Event 63 W50 800 Meter Run (12)

Sunday 3/3/19 - 10:10 AM

	Name	Age	Team	Seed Time
1	Saint-Louis, Dominique	W52	Urban Athletics	2:27.94
2	*Catton, Nancy	W51	Canada	2:29.00
3	Rohl, Michelle	W53	Unattached	2:32.00
4	*Barr, Clare	W51	Great Britain and Northern Ire	2:34.66
5	Craig, Julie	W52	Unattached	2:38.00
6	Olen, Christine	W51	HOKA Aggie Running Club	2:39.03
7	Wilton, Lane	W53	Charlotte Track Club	2:48.90
8	Hegarty, Jennifer	W53	Battle Road Track Club	2:49.31
9	Carlton, Karen	W52	Bella N Motion	2:59.12
10	Vollweiler, Jill	W50	So Cal Track Club	NT
11	Anderson, Kimberly	W53	TNT International Racing Club	NT
12	Valle, Lisa	W52	Unattached	NT

Event 64 W55 800 Meter Run (9)

Sunday 3/3/19 - 10:05 AM

	Name	Age	Team	Seed Time
1	McDonald, Sue	W55	T.H.E. Track Team	2:27.00
2	Jasper, Lorraine	W57	Athena Track Club	2:33.52
3	Hayden, Julie	W59	Athena Track Club	2:43.58
4	Kelley, Louise	W55	Unattached	2:49.00
5	Ohler, Makie	W56	Sierra Gold	2:53.33
6	Snyder, Susan	W57	TNT International Racing Club	2:55.92
7	Magnussen, Colleen	W58	Genesee Valley Harriers	3:15.00
8	Geiger, Gail	W55	Genesee Valley Harriers	NT
9	Rea, Gloria	W57	Unattached	NT

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Event 66 W60 800 Meter Run (9)

Sunday 3/3/19 - 10:00 AM

	Name	Age	Team	Seed Time
1	Hinz, Lesley	W60	T.H.E. Track Team	2:32.94
2	Cooke, Susan	W60	New Balance Tampa Masters Raci	2:37.78
3	Miller, Betsy	W61	Team Red Lizard	2:58.01
4	McCormack, Amy	W64	Manasota Track Club	3:05.13
5	Bell, Ivy	W63	Central Park Track Club (CPTC)	3:08.78
6	*Northcott, Clara	W64	Canada	3:10.08
7	Drain, Ida	W63	Potomac Valley Track Club	3:25.00
8	Row, Elizabeth	W63	Potomac Valley Track Club	3:50.00
9	Richards, Mary	W64	T.H.E. Track Team	NT

Event 67 W65 800 Meter Run (6)

Sunday 3/3/19 - 9:53 AM

	Name	Age	Team	Seed Time
1	Steinbach, Coreen	W67	Athena Track Club	2:54.40
2	Blank, Betty	W66	Potomac Valley Track Club	3:25.00
3	Mullis Dubow, Trenice	W65	Atlanta Track Club	3:34.26
4	Jacobs, Kathy	W66	Piedmont Pacers Track Club	4:21.00
5	Hudnall, Nonie	W69	Atlanta Track Club	NT
6	Phillips, Hannah	W66	Potomac Valley Track Club	NT

Event 68 W70-89 800 Meter Run (9)

Sunday 3/3/19 - 9:45 AM

Lane	Name	Age	Team	Seed Time
W70				
1	Aderhold, Susan	W71	Atlanta Track Club	3:44.82
2	Melton, Judy	W71	Atlanta Track Club	NT
3	Frable, Kathleen	W73	So Cal Track Club	NT
W75				
1	Staab, Angela	W76	Piedmont Pacers Track Club	5:35.93
2	Simpson, Jane	W77	TNT International Racing Club	NT
3	Bost, Madeline	W79	Morris County Striders	NT
W80				
1	Daprano, Jeanne	W82	Atlanta Track Club	4:00.00
2	Hurrell, Lynne	W84	Sierra Gold	NT
W85				
1	Obera, Irene	W85	Sierra Gold	5:30.00

Event 80 W30-39 1 Mile Run (11)

Saturday 3/2/19 - 1:30 PM

Lane	Name	Age	Team	Seed Time
W30				
1	Wiatt, Laura	W33	Forest Hills Runners	5:20.00
2	Jackson, Aja	W31	Unattached	5:30.28
3	Wright, Amanda	W31	Whirlaway Racing Team	5:35.00
4	Phillips, Lacey	W32	Atlanta Track Club	8:23.73
5	Trenor, Beth	W34	Atlanta Track Club	NT
6	Stasulis, Angelina	W32	Atlanta Track Club	NT
W35				
1	Pletcher, Caitlin	W36	Bella N Motion	6:01.92
2	Sandler, Rachel	W36	Unattached	6:04.00

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W35... (Event 80 W30-39 1 Mile Run (11))

3	Nunn, Molly	W35	Twin City Track Club	NT
4	Brown, Tamika	W36	Port City Track Club	NT
5	Dietrich, Alex	W39	So Cal Track Club	NT

Event 82 W40 1 Mile Run (8)

Saturday 3/2/19 - 1:20 PM

	Name	Age	Team	Seed Time
1	Kvilhaug, Amy	W44	Central Park Track Club (CPTC)	5:40.29
2	Mitchell, Laura	W42	Unattached	5:41.00
3	Josiah-Tanner, Euleen	W44	So Cal Track Club	5:45.83
4	Mayhewrozek, Anna	W43	Atlanta Track Club	5:48.00
5	*Smart, Olive	W44	Trinidad and Tobago	6:00.00
6	Taabet, Carrie	W40	Unattached	6:59.00
7	Alder, Janeth	W44	Unattached	NT
8	Begley, Amy	W41	Atlanta Track Club	NT

Event 83 W45 1 Mile Run (10)

Saturday 3/2/19 - 1:10 PM

	Name	Age	Team	Seed Time
1	Friend-Uhl, Sonja	W47	Unattached	4:59.72
2	DeOliveira, Dianne	W48	Bella N Motion	5:28.12
3	Mcelwee, Robyn	W48	Unattached	5:54.00
4	Springer, Deborah	W45	Carolina Godiva Track Club	8:03.00
5	Rupp, Jo	W45	Philadelphia Masters	NT
6	Parker, Kara	W49	Unattached	NT
7	To taro, Joan	W47	Bella N Motion	NT
8	Bloxson, Patricia	W48	Port City Track Club	NT
9	Bruns, Julie	W49	Unattached	NT
10	Olshanski, Michele	W48	Unattached	NT

Event 84 W50 1 Mile Run (9)

Saturday 3/2/19 - 1:00 PM

	Name	Age	Team	Seed Time
1	Rohl, Michelle	W53	Unattached	5:37.00
2	*Catton, Nancy	W51	Canada	5:37.00
3	Craig, Julie	W52	Unattached	5:53.00
4	Hegarty, Jennifer	W53	Battle Road Track Club	5:57.29
5	Springer, Roxanne	W54	Carolina Godiva Track Club	6:29.16
6	Klein, Tina	W53	T.H.E. Track Team	6:51.27
7	Valle, Lisa	W52	Unattached	NT
8	Vollweiler, Jill	W50	So Cal Track Club	NT
9	Olen, Christine	W51	HOKA Aggie Running Club	NT

Event 85 W55 1 Mile Run (11)

Saturday 3/2/19 - 12:50 PM

	Name	Age	Team	Seed Time
1	Jasper, Lorraine	W57	Athena Track Club	5:49.43
2	Allen, Michelle	W55	New Balance Tampa Masters Raci	5:51.67
3	Kelley, Louise	W55	Unattached	5:53.00
4	Hayden, Julie	W59	Athena Track Club	6:09.55
5	Stewart, Betsy	W56	Athena Track Club	6:30.00
6	Magnussen, Colleen	W58	Genesee Valley Harriers	6:50.00
7	Shabelski, Joanne	W57	Potomac Valley Track Club	7:24.00
8	Johnson, Paula	W57	Atlanta Track Club	NT

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Event 85 ... (W55 1 Mile Run (11))

	Name	Age	Team	Seed Time
9	Sutera Strange, Marisa	W55	Athena Track Club	NT
10	Ohler, Makie	W56	Sierra Gold	NT
11	Fralic, Irma	W56	Philadelphia Masters	NT

Event 86 W60 1 Mile Run (10)

Saturday 3/2/19 - 12:40 PM

	Name	Age	Team	Seed Time
1	Cooke, Susan	W60	New Balance Tampa Masters Raci	5:38.30
2	Hinz, Lesley	W60	T.H.E. Track Team	5:39.84
3	Mayhugh, Mary Lowe	W62	Potomac Valley Track Club	6:48.00
4	Draim, Ida	W63	Potomac Valley Track Club	6:54.00
5	Bell, Ivy	W63	Central Park Track Club (CPTC)	6:54.21
6	*Northcott, Clara	W64	Canada	6:55.26
7	Recto, Liza	W63	Potomac Valley Track Club	7:30.00
8	Richards, Mary	W64	T.H.E. Track Team	NT
9	McCormack, Amy	W64	Manasota Track Club	NT
10	Miller, Betsy	W61	Team Red Lizard	NT

Event 87 W65-94 1 Mile Run (14)

Saturday 3/2/19 - 12:30 PM

Lane	Name	Age	Team	Seed Time
W65				
1	Steinbach, Coreen	W67	Athena Track Club	6:37.44
2	Lucking, Cynthia	W65	Atlanta Track Club	7:21.00
3	Blank, Betty	W66	Potomac Valley Track Club	7:22.00
4	Mullis Dubow, Trenice	W65	Atlanta Track Club	7:47.00
5	Jacobs, Kathy	W66	Piedmont Pacers Track Club	NT
6	Ozell, Terry	W65	Atlanta Track Club	NT
W70				
1	Melton, Judy	W71	Atlanta Track Club	NT
2	Rhodes, Carol	W70	Atlanta Track Club	NT
3	Aderhold, Susan	W71	Atlanta Track Club	NT
4	Frable, Kathleen	W73	So Cal Track Club	NT
W75				
1	Staab, Angela	W76	Piedmont Pacers Track Club	NT
2	Bost, Madeline	W79	Morris County Striders	NT
W80				
1	Hurrell, Lynne	W84	Sierra Gold	NT
W90				
1	Lindberg, Betty	W94	Atlanta Track Club	16.43

Event 102 W30-49 3000 Meter Run (16)

Friday 3/1/19 - 4:10 PM

Lane	Name	Age	Team	Seed Time
W30				
1	Trenor, Beth	W34	Atlanta Track Club	NT
2	Stasulis, Angelina	W32	Atlanta Track Club	NT
W35				
1	Boles, Emily	W39	Unattached	11:15.00
2	Dietrich, Alex	W39	So Cal Track Club	NT
3	Brown, Tamika	W36	Port City Track Club	NT

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W40... (Event 102 W30-49 3000 Meter Run (16))

1	Braley, Jill	W40	Atlanta Track Club	10:57.00
2	Josiah-Tanner, Euleen	W44	So Cal Track Club	11:17.74
3	Inman, Teresa	W42	Unattached	11:20.00
4	Taabet, Carrie	W40	Unattached	14:49.00
5	Begley, Amy	W41	Atlanta Track Club	NT
6	Gregory, Marilyn	W44	TNT International Racing Club	NT

W45

1	Parker, Kara	W49	Unattached	NT
2	Nana-Sinkam, Meaghan	W47	TNT International Racing Club	NT
3	Rupp, Jo	W45	Philadelphia Masters	NT
4	Bruns, Julie	W49	Unattached	NT
5	Key, Latashia	W46	Unattached	NT

Event 104 W50-59 3000 Meter Run (15)

Friday 3/1/19 - 3:50 PM

Lane	Name	Age	Team	Seed Time
W50				
1	Patla, Christie	W50	Bella N Motion	13:00.00
2	Klein, Tina	W53	T.H.E. Track Team	13:19.00
3	Vollweiler, Jill	W50	So Cal Track Club	NT
4	Welch, Susan	W51	Atlanta Track Club	NT
5	Pangburn, Julie	W54	Athena Track Club	NT
6	Anderson, Kimberly	W53	TNT International Racing Club	NT
W55				
1	Allen, Michelle	W55	New Balance Tampa Masters Raci	11:30.80
2	Ohler, Makie	W56	Sierra Gold	11:35.00
3	Snyder, Susan	W57	TNT International Racing Club	13:05.98
4	Shabelski, Joanne	W57	Potomac Valley Track Club	14:50.00
5	Sutera Strange, Marisa	W55	Athena Track Club	NT
6	Stewart, Betsy	W56	Athena Track Club	NT
7	Tanner, Robin	W58	Atlanta Track Club	NT
8	Fralic, Irma	W56	Philadelphia Masters	NT
9	Johnson, Paula	W57	Atlanta Track Club	NT

Event 106 W60-84 3000 Meter Run (17)

Friday 3/1/19 - 3:25 PM

Lane	Name	Age	Team	Seed Time
W60				
1	Cooke, Susan	W60	New Balance Tampa Masters Raci	11:55.51
2	Mayhugh, Mary Lowe	W62	Potomac Valley Track Club	13:18.00
3	*Northcott, Clara	W64	Canada	13:35.79
4	Drain, Ida	W63	Potomac Valley Track Club	13:55.00
5	Recto, Liza	W63	Potomac Valley Track Club	15:00.00
6	Richards, Mary	W64	T.H.E. Track Team	NT
7	McCormack, Amy	W64	Manasota Track Club	NT
W65				
1	Blank, Betty	W66	Potomac Valley Track Club	13:50.00
2	Lucking, Cynthia	W65	Atlanta Track Club	14:40.00
3	Phillips, Hannah	W66	Potomac Valley Track Club	NT
4	Hudnall, Nonie	W69	Atlanta Track Club	NT
5	Jacobs, Kathy	W66	Piedmont Pacers Track Club	NT

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W70... (Event 106 W60-84 3000 Meter Run (17))

1	Melton, Judy	W71	Atlanta Track Club	NT
2	Rhodes, Carol	W70	Atlanta Track Club	NT
3	Frale, Kathleen	W73	So Cal Track Club	NT

W75

1	Bost, Madeline	W79	Morris County Striders	NT
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W80

1	Graf, Tami	W82	Potomac Valley Track Club	NT
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Event 141 W30-39 60 Meter Hurdles (4)

Saturday 3/2/19 - 5:05 PM

Lane	Name	Age	Team	Seed Time
W30				
1	Borders, Christy	W30	Southwest Sprinters Track Club	9.64
W35				
1	Walker, Megan	W38	Unattached	NT
2	Watson, Amanda	W35	TNT International Racing Club	NT
3	Varlack, Latiffia	W36	So Cal Track Club	NT

Event 142 W40 60 Meter Hurdles (10) Prelims

Saturday 3/2/19 - 3:47 PM

Name	Age	Team	Seed Time	
1	Guest, Rachel	W43	Southwest Sprinters Track Club	9.15
2	Herzner, Angela	W44	AZ Desert Throwers	9.91
3	Readinger, Danelle	W43	Southwest Sprinters Track Club	10.12
4	Edwards, Lisa	W40	Unattached	10.18
5	Colby, Stephanie	W41	Philadelphia Masters	10.45
6	Bernert, Brandi	W40	Southwest Sprinters Track Club	11.64
7	Mayhewrozek, Anna	W43	Atlanta Track Club	NT
8	Roberts, Amanda	W41	Unattached	NT
9	Cane, Debra	W43	So Cal Track Club	NT
10	Blake, Melanie	W40	Southwest Sprinters Track Club	NT

Event 143 W45 60 Meter Hurdles (2)

Saturday 3/2/19 - 4:45 PM

Name	Age	Team	Seed Time	
1	Sluder, Anne	W46	Charlotte Track Club	9.86
2	Sarn, Susan	W48	Bella N Motion	NT

Event 145 W50 60 Meter Hurdles (9) Prelims

Saturday 3/2/19 - 3:45 PM

Name	Age	Team	Seed Time	
1	Scott, Marioky	W50	So Cal Track Club	11.36
2	Moore-Nix, Shawn	W50	Georgia	NT
3	Longshore, Kristine	W51	Philadelphia Masters	NT
4	Scott, Menka	W52	So Cal Track Club	NT
5	Roux, Maryline	W52	Athena Track Club	NT
6	Evans, Wanda	W54	Potomac Valley Track Club	NT
7	Chambers, Denise	W54	Unattached	NT
8	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	NT
9	Gibson, Dr Koura	W54	Potomac Valley Track Club	NT

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Event 146 W55 60 Meter Hurdles (7)

Saturday 3/2/19 - 4:28 PM

	Name	Age	Team	Seed Time
1	Jakstiene, Neringa	W55	Unattached	9.74
2	Harvey, Kathy	W58	TNT International Racing Club	12.28
3	Gunneson, Pamela	W58	Unattached	12.50
4	Shannon, Janean	W56	Unattached	NT
5	Upshaw, Joy	W58	Joy's Jackrabbits Track Club	NT
6	Curran, Julia	W58	Atlanta Track Club	NT
7	Allen, Adriene	W57	Athena Track Club	NT

Event 147 W60-69 60 Meter Hurdles (5)

Saturday 3/2/19 - 4:19 PM

Lane	Name	Age	Team	Seed Time
W60				
1	Hanscom, Rita	W64	Unattached	11.60
2	Zukas, Donna	W63	Unattached	NT
3	Phelps, Jo	W60	TNT International Racing Club	NT
W65				
1	Glynn, Kay	W66	Unattached	12.74
2	Woods, Lydia	W65	TNT International Racing Club	NT

Event 149 W70-84 60 Meter Hurdles (3)

Saturday 3/2/19 - 4:15 PM

Lane	Name	Age	Team	Seed Time
W70				
1	Warren, Barbara	W72	Capital City Striders, Inc.	18.10
2	Trotto, Mary	W71	TNT International Racing Club	NT
W75				
1	Simpson, Jane	W77	TNT International Racing Club	NT

Event 201 W30-44 Long Jump (14)

Saturday 3/2/19 - 12:15 PM

Pos	Name	Age	Team	Seed Mark
W40				
1	Lewandowski, Darien	W43	Greenville Track Club	5.07m
2	Guest, Rachel	W43	Southwest Sprinters Track Club	4.96m
3	McAllister, Shameika	W42	Unattached	4.90m
4	Readinger, Danelle	W43	Southwest Sprinters Track Club	4.54m
5	Taylor, Alyassia	W42	Bella N Motion	4.43m
6	Rogers, Jeanette	W44	Southwest Sprinters Track Club	4.30m
7	Vaughn, Kisha	W44	Unattached	3.55m
8	Willis, Tomika	W41	Personal Touch Athletics	ND
9	Harris, Cassandra	W41	Atlanta Track Club	ND
W35				
1	Varlack, Latiffia	W36	So Cal Track Club	ND
2	Watson, Amanda	W35	TNT International Racing Club	ND
W30				
1	*Liang, Grace	W32	China	4.98m
2	Fix, Amy	W34	Unattached	4.95m
3	Borders, Christy	W30	Southwest Sprinters Track Club	4.89m

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Event 202 W45-59 Long Jump (18)

Saturday 3/2/19 - 8:00 AM

Pos	Name	Age	Team	Seed Mark
W55... (Event 202 W45-59 Long Jump (18))				
1	Jakstiene, Neringa	W55	Unattached	5.00m
2	Harvey, Kathy	W58	TNT International Racing Club	3.36m
3	Geiger, Gail	W55	Genesee Valley Harriers	ND
4	Fralic, Irma	W56	Philadelphia Masters	ND
5	Curran, Julia	W58	Atlanta Track Club	ND
6	Upshaw, Joy	W58	Joy's Jackrabbits Track Club	ND
7	Shannon, Janean	W56	Unattached	ND
W50				
1	Scott, Menka	W52	So Cal Track Club	ND
2	Welch, Susan	W51	Atlanta Track Club	ND
3	Evans, Wanda	W54	Potomac Valley Track Club	ND
4	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	ND
5	Battle, Tracey	W51	Potomac Valley Track Club	ND
6	Scott, Marioky	W50	So Cal Track Club	ND
7	Longshore, Kristine	W51	Philadelphia Masters	ND
W45				
1	Dierauer, Isabelle	W46	Southwest Ohio TC	4.64m
2	Sluder, Anne	W46	Charlotte Track Club	4.63m
3	Cypress, Jill	W46	TNT International Racing Club	4.51m
4	Sarn, Susan	W48	Bella N Motion	ND

Event 208 W60-69 Long Jump (10)

Saturday 3/2/19 - 12:00 PM

Pos	Name	Age	Team	Seed Mark
W65				
1	Glynn, Kay	W66	Unattached	4.13m
2	Phillips, Hannah	W66	Potomac Valley Track Club	3.56m
3	Lowery, Linda	W67	Unattached	ND
4	Hudnall, Nonie	W69	Atlanta Track Club	ND
5	Woods, Lydia	W65	TNT International Racing Club	ND
W60				
1	Hanscom, Rita	W64	Unattached	4.00m
2	DeHaven, Deborah	W60	Philadelphia Masters	2.90m
3	Phelps, Jo	W60	TNT International Racing Club	ND
4	Good, Katherine Keg	W61	Potomac Valley Track Club	ND
5	Zukas, Donna	W63	Unattached	ND

Event 210 W70-89 Long Jump (9)

Saturday 3/2/19 - 9:30 AM

Pos	Name	Age	Team	Seed Mark
W85				
1	Obera, Irene	W85	Sierra Gold	2.50m
2	Krug, Gloria	W87	Philadelphia Masters	ND
W80				
1	Donley, Christel	W84	Colorado Masters Track & Field	ND
2	Graf, Tami	W82	Potomac Valley Track Club	ND
W75				
1	Simpson, Jane	W77	TNT International Racing Club	ND

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W75... (Event 210 W70-89 Long Jump (9))

2	Carter, Ann	W77	Unattached	ND
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W70

1	Flynn, Joyce	W72	Unattached	3.09m
2	Warren, Barbara	W72	Capital City Striders, Inc.	2.70m
3	Trotto, Mary	W71	TNT International Racing Club	ND

Event 221 W30-54 Triple Jump (14)

Sunday 3/3/19 - 12:15 PM

Pos	Name	Age	Team	Seed Mark
W50				
1	Meko, Jennifer	W53	Unattached	7.98m
2	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	ND
3	Battle, Tracey	W51	Potomac Valley Track Club	ND
4	Gibson, Dr Koura	W54	Potomac Valley Track Club	ND
5	Scott, Menka	W52	So Cal Track Club	ND
6	Scott, Marioky	W50	So Cal Track Club	ND
W45				
1	Cypress, Jill	W46	TNT International Racing Club	10.04m
2	Dierauer, Isabelle	W46	Southwest Ohio TC	8.80m
W40				
1	McAllister, Shameika	W42	Unattached	ND
2	Ingles, Penelope	W42	Potomac Valley Track Club	ND
3	Willis, Tomika	W41	Personal Touch Athletics	ND
4	Olson, Beverly	W44	Unattached	ND
W30				
1	Fix, Amy	W34	Unattached	10.42m
2	Phillips, Lacey	W32	Atlanta Track Club	ND

Event 224 W55-69 Triple Jump (13)

Sunday 3/3/19 - 11:00 AM

Pos	Name	Age	Team	Seed Mark
W65				
1	Glynn, Kay	W66	Unattached	8.28m
2	Phillips, Hannah	W66	Potomac Valley Track Club	7.12m
3	Hudnall, Nonie	W69	Atlanta Track Club	ND
4	Woods, Lydia	W65	TNT International Racing Club	ND
5	Lowery, Linda	W67	Unattached	ND
W60				
1	DeHaven, Deborah	W60	Philadelphia Masters	6.84m
2	Zukas, Donna	W63	Unattached	ND
3	Clark, Clovis	W63	Atlanta Track Club	ND
W55				
1	Jakstiene, Neringa	W55	Unattached	10.61m
2	Gunnerson, Pamela	W58	Unattached	5.84m
3	Harvey, Kathy	W58	TNT International Racing Club	ND
4	Upshaw, Joy	W58	Joy's Jackrabbits Track Club	ND
5	Shannon, Janean	W56	Unattached	ND

Event 225 W70-89 Triple Jump (9)

Sunday 3/3/19 - 11:00 AM

Pos	Name	Age	Team	Seed Mark
W85				
1	Obera, Irene	W85	Sierra Gold	4.50m

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W85... (Event 225 W70-89 Triple Jump (9))

2	Krug, Gloria	W87	Philadelphia Masters	ND
W80				
1	Donley, Christel	W84	Colorado Masters Track & Field	5.50m
2	Graf, Tami	W82	Potomac Valley Track Club	3.38m
W75				
1	Simpson, Jane	W77	TNT International Racing Club	ND
2	Carter, Ann	W77	Unattached	ND
W70				
1	Flynn, Joyce	W72	Unattached	6.44m
2	Warren, Barbara	W72	Capital City Striders, Inc.	6.03m
3	Trotto, Mary	W71	TNT International Racing Club	ND

Event 241 W30-59 High Jump (20)

Sunday 3/3/19 - 8:00 AM

Pos	Name	Age	Team	Seed Mark
W55				
1	Jakstiene, Neringa	W55	Unattached	1.45m
2	Curran, Julia	W58	Atlanta Track Club	1.25m
3	Harvey, Kathy	W58	TNT International Racing Club	1.20m
4	Gunnerson, Pamela	W58	Unattached	1.05m
5	Shannon, Janean	W56	Unattached	NH
W50				
1	Evans, Wanda	W54	Potomac Valley Track Club	NH
2	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	NH
3	Burda, Lori	W50	Unattached	NH
4	Scott, Marioky	W50	So Cal Track Club	NH
5	Longshore, Kristine	W51	Philadelphia Masters	NH
W45				
1	Sluder, Anne	W46	Charlotte Track Club	1.60m
2	Sarn, Susan	W48	Bella N Motion	NH
W40				
1	Herzner, Angela	W44	AZ Desert Throwers	1.50m
2	Colby, Stephanie	W41	Philadelphia Masters	1.36m
3	Mayhewrozek, Anna	W43	Atlanta Track Club	1.10m
4	Readinger, Danelle	W43	Southwest Sprinters Track Club	NH
W35				
1	Kelly, Nicole	W38	Unattached	NH
2	Watson, Amanda	W35	TNT International Racing Club	NH
W30				
1	Phillips, Lacey	W32	Atlanta Track Club	0.95m
2	Kemp, Virginia	W31	Philadelphia Masters	NH

Event 244 W60-89 High Jump (17)

Sunday 3/3/19 - 8:00 AM

Pos	Name	Age	Team	Seed Mark
W85				
1	Obera, Irene	W85	Sierra Gold	0.95m
W80				
1	Graf, Tami	W82	Potomac Valley Track Club	0.85m
2	Donley, Christel	W84	Colorado Masters Track & Field	NH
W75				
1	Radle, Catherine	W75	Atlanta Track Club	1.00m
2	Simpson, Jane	W77	TNT International Racing Club	0.88m

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W75... (Event 244 W60-89 High Jump (17))

3	Carter, Ann	W77	Unattached	NH
W70				
1	Warren, Barbara	W72	Capital City Striders, Inc.	1.06m
2	Flynn, Joyce	W72	Unattached	0.97m
3	Trotto, Mary	W71	TNT International Racing Club	NH
W65				
1	Glynn, Kay	W66	Unattached	1.30m
2	Woods, Lydia	W65	TNT International Racing Club	NH
3	Ozell, Terry	W65	Atlanta Track Club	NH
W60				
1	Hanscom, Rita	W64	Unattached	1.30m
2	Mendenhall, Martha	W60	Unattached	1.30m
3	Clark, Clovis	W63	Atlanta Track Club	NH
4	Zukas, Donna	W63	Unattached	NH
5	Phelps, Jo	W60	TNT International Racing Club	NH

Event 261 W30-44 Pole Vault (5)

Friday 3/1/19 - 10:00 AM

Pos	Name	Age	Team	Seed	Mark
W40					
1	Colby, Stephanie	W41	Philadelphia Masters	3.20m	
2	Grace, Elizabeth	W40	Cape Fear Flyers NC	2.59m	
3	Ingles, Penelope	W42	Potomac Valley Track Club	1.83m	
W35					
1	Nettles, Jodie	W36	Unattached	2.79m	
W30					
1	Kemp, Virginia	W31	Philadelphia Masters	2.85m	

Event 262 W45-79 Pole Vault (16)

Friday 3/1/19 - 2:00 PM

Pos	Name	Age	Team	Seed	Mark
W75					
1	Radle, Catherine	W75	Atlanta Track Club	1.90m	
2	Simpson, Jane	W77	TNT International Racing Club	NH	
W70					
1	Warren, Barbara	W72	Capital City Striders, Inc.	0.90m	
2	Trotto, Mary	W71	TNT International Racing Club	NH	
W65					
1	Glynn, Kay	W66	Unattached	2.70m	
2	Hudnall, Nonie	W69	Atlanta Track Club	NH	
3	Woods, Lydia	W65	TNT International Racing Club	NH	
4	Lucking, Cynthia	W65	Atlanta Track Club	NH	
W60					
1	Hanscom, Rita	W64	Unattached	2.45m	
W55					
1	Babits, Brenda	W58	Vault High Athletics	2.44m	
2	Rieger, Karen	W55	Unattached	2.23m	
3	Shannon, Janean	W56	Unattached	NH	
W50					
1	Longshore, Kristine	W51	Philadelphia Masters	NH	
2	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	NH	
3	Welch, Susan	W51	Atlanta Track Club	NH	

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W45... (Event 262 W45-79 Pole Vault (16))

1	Sluder, Anne	W46	Charlotte Track Club	2.28m
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Event 322 W30-39 Shot Put (8)

Saturday 3/2/19 - 2:45 PM

Pos	Name	Age	Team	Seed Mark
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W35				
1	Perno, Michelle	W37	Unattached	9.30m
2	*Mullings, Sheree	W37	Canada	ND
3	Kelly, Nicole	W38	Unattached	ND
4	Watson, Amanda	W35	TNT International Racing Club	ND
5	Hadley, Tanisha	W35	Atlanta Track Club	ND

W30				
1	Phillips, Lacey	W32	Atlanta Track Club	6.22m
2	Kemp, Virginia	W31	Philadelphia Masters	ND
3	Pack, Ryan	W34	Piedmont Pacers Track Club	ND

Event 324 W40-49 Shot Put (13)

Saturday 3/2/19 - 1:30 PM

Pos	Name	Age	Team	Seed Mark
-----	------	-----	------	-----------

W45				
1	Lindner, Kimberly	W47	Unattached	10.10m
2	Heffernan, Susan	W47	Mass Velocity Track Club	9.26m
3	Washington, LaShanya	W45	Potomac Valley Track Club	9.00m
4	Dierauer, Isabelle	W46	Southwest Ohio TC	6.80m
5	*Thompson, Marsha	W47	Canada	ND
6	Barnes, Julie	W49	Unattached	ND
7	Bragg, Bernice	W47	Philadelphia Masters	ND

W40				
1	Herzner, Angela	W44	AZ Desert Throwers	13.72m
2	Ingles, Penelope	W42	Potomac Valley Track Club	7.86m
3	Monteleone, Cynthia	W43	Southwest Sprinters Track Club	ND
4	Manns, DaBeth	W42	TNT International Racing Club	ND
5	Begley, Amy	W41	Atlanta Track Club	ND
6	Harris, Cassandra	W41	Atlanta Track Club	ND

Event 326 W50-59 Shot Put (14)

Saturday 3/2/19 - 12:15 PM

Pos	Name	Age	Team	Seed Mark
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W55				
1	Lewis, Oneithea	W58	Shore Athletic Club	11.67m
2	Wilkins, Mary	W58	Potomac Valley Track Club	9.35m
3	Curran, Julia	W58	Atlanta Track Club	8.37m
4	Gunnerson, Pamela	W58	Unattached	7.70m
5	Klein, Becky	W57	Potomac Valley Track Club	ND
6	Kelly, Linda	W58	Unattached	ND
7	Scanlon, Heather	W56	Philadelphia Masters	ND
8	Noguez, Alissa	W55	Unattached	ND

W50				
1	Wolfinger, Cheryl	W53	Atlanta Track Club	9.71m
2	Konrad, Evelyn	W51	Mass Velocity Track Club	8.76m
3	Welch, Susan	W51	Atlanta Track Club	ND
4	Zelaya, Pamela	W53	Potomac Valley Track Club	ND

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W50... (Event 326 W50-59 Shot Put (14))

5	Scott, Marioky	W50	So Cal Track Club	ND
6	Longshore, Kristine	W51	Philadelphia Masters	ND

Event 328 W60 Shot Put (9)

Saturday 3/2/19 - 11:15 AM

	Name	Age	Team	Seed Mark
1	Finsrud, Carol	W62	Unattached	10.00m
2	Hallen, Susan	W61	Chicagoland Masters Athletics	9.00m
3	Good, Katherine Keg	W61	Potomac Valley Track Club	7.00m
4	Welding, Ruth	W63	Chicagoland Masters Athletics	7.00m
5	Tribble, Evelyn	W60	Unattached	ND
6	Zukas, Donna	W63	Unattached	ND
7	Barrett, Donna	W62	Potomac Valley Track Club	ND
8	Clark, Clovis	W63	Atlanta Track Club	ND
9	Latterman, Leslie	W60	Unattached	ND

Event 329 W65-74 Shot Put (13)

Saturday 3/2/19 - 9:00 AM

Pos	Name	Age	Team	Seed Mark
W70				
1	Warren, Barbara	W72	Capital City Striders, Inc.	6.76m
2	Vaughn, Rebecca	W74	Charlotte Track Club	5.43m
3	Trotto, Mary	W71	TNT International Racing Club	ND
4	Mensey, Myrle	W70	Throwing and Growing	ND
5	Abdullah, Wahidah	W71	Potomac Valley Track Club	ND
6	Edwards, Sandra	W71	Unattached	ND
W65				
1	Hartzler, Mary	W69	Unattached	8.40m
2	*Hancock, Elizabeth	W66	Australia	5.00m
3	Green, Martha	W68	Unattached	ND
4	Hudnall, Nonie	W69	Atlanta Track Club	ND
5	Boemker, Laurie	W65	Unattached	ND
6	Woods, Lydia	W65	TNT International Racing Club	ND
7	Lucking, Cynthia	W65	Atlanta Track Club	ND

Event 330 W75-89 Shot Put (9)

Saturday 3/2/19 - 8:00 AM

Pos	Name	Age	Team	Seed Mark
W85				
1	Obera, Irene	W85	Sierra Gold	6.76m
2	Krug, Gloria	W87	Philadelphia Masters	ND
W80				
1	Roman, Mary	W83	Mass Velocity Track Club	ND
2	Donley, Christel	W84	Colorado Masters Track & Field	ND
W75				
1	Guardino, Louise	W78	Piedmont Pacers Track Club	6.01m
2	Staab, Angela	W76	Piedmont Pacers Track Club	5.03m
3	Robinson, Mary	W76	Unattached	ND
4	Farmer, Josephine	W75	Atlanta Track Club	ND
5	Simpson, Jane	W77	TNT International Racing Club	ND

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Event 332 W30-49 Weight (13)

Sunday 3/3/19 - 8:00 AM

Pos	Name	Age	Team	Seed Mark
W45... (Event 332 W30-49 Weight (13))				
1	Lindner, Kimberly	W47	Unattached	11.09m
2	Washington, LaShanya	W45	Potomac Valley Track Club	7.00m
3	Bragg, Bernice	W47	Philadelphia Masters	ND
W40				
1	Coleman, Marilyn	W44	Shore Athletic Club	15.05m
2	Herzner, Angela	W44	AZ Desert Throwers	14.78m
3	Ingles, Penelope	W42	Potomac Valley Track Club	11.91m
4	Olson, Beverly	W44	Unattached	ND
W35				
1	Perno, Michelle	W37	Unattached	10.80m
2	Kelly, Nicole	W38	Unattached	ND
3	Hadley, Tanisha	W35	Atlanta Track Club	ND
4	Watson, Amanda	W35	TNT International Racing Club	ND
W30				
1	Phillips, Lacey	W32	Atlanta Track Club	5.73m
2	Kemp, Virginia	W31	Philadelphia Masters	ND

Event 334 W50-59 Weight (11)

Sunday 3/3/19 - 10:30 AM

Pos	Name	Age	Team	Seed Mark
W55				
1	Lewis, Oneithea	W58	Shore Athletic Club	16.17m
2	Wilkins, Mary	W58	Potomac Valley Track Club	10.50m
3	Noguez, Alissa	W55	Unattached	ND
4	Kelly, Linda	W58	Unattached	ND
5	Scanlon, Heather	W56	Philadelphia Masters	ND
6	Rogers-Ransom, LaJune	W56	TNT International Racing Club	ND
7	Curran, Julia	W58	Atlanta Track Club	ND
W50				
1	Welch, Susan	W51	Atlanta Track Club	ND
2	Longshore, Kristine	W51	Philadelphia Masters	ND
3	Zelaya, Pamela	W53	Potomac Valley Track Club	ND
4	Wolfinger, Cheryl	W53	Atlanta Track Club	ND

Event 337 W60-74 Weight (16)

Sunday 3/3/19 - 11:45 AM

Pos	Name	Age	Team	Seed Mark
W70				
1	Mensey, Myrle	W70	Throwing and Growing	15.16m
2	Warren, Barbara	W72	Capital City Striders, Inc.	8.41m
3	Melton, Judy	W71	Atlanta Track Club	ND
4	Abdullah, Wahidah	W71	Potomac Valley Track Club	ND
5	Trotto, Mary	W71	TNT International Racing Club	ND
W65				
1	Hartzler, Mary	W69	Unattached	12.08m
2	Lucking, Cynthia	W65	Atlanta Track Club	ND
3	Woods, Lydia	W65	TNT International Racing Club	ND
4	Green, Martha	W68	Unattached	ND

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W60... (Event 337 W60-74 Weight (16))

1	Finsrud, Carol	W62	Unattached	14.50m
2	Welding, Ruth	W63	Chicagoland Masters Athletics	13.00m
3	Hallen, Susan	W61	Chicagoland Masters Athletics	10.00m
4	Good, Katherine Keg	W61	Potomac Valley Track Club	9.00m
5	Clark, Clovis	W63	Atlanta Track Club	ND
6	Barrett, Donna	W62	Potomac Valley Track Club	ND
7	Tribble, Evelyn	W60	Unattached	ND

Event 338 W75-89 Weight (7)

Sunday 3/3/19 - 12:30 PM

Pos	Name	Age	Team	Seed Mark
W85				
1	Krug, Gloria	W87	Philadelphia Masters	ND
W80				
1	Roman, Mary	W83	Mass Velocity Track Club	ND
W75				
1	Staab, Angela	W76	Piedmont Pacers Track Club	6.97m
2	Guardino, Louise	W78	Piedmont Pacers Track Club	6.65m
3	Robinson, Mary	W76	Unattached	ND
4	Farmer, Josephine	W75	Atlanta Track Club	ND
5	Simpson, Jane	W77	TNT International Racing Club	ND

Event 341 W30-49 Super Weight (12)

Sunday 3/3/19 - 9:15 AM

Pos	Name	Age	Team	Seed Mark
W45				
1	Lindner, Kimberly	W47	Unattached	6.17m
2	Bragg, Bernice	W47	Philadelphia Masters	ND
W40				
1	Coleman, Marilyn	W44	Shore Athletic Club	9.16m
2	Herzner, Angela	W44	AZ Desert Throwers	8.83m
3	Ingles, Penelope	W42	Potomac Valley Track Club	5.88m
4	Manns, DaBeth	W42	TNT International Racing Club	ND
W35				
1	Perno, Michelle	W37	Unattached	5.60m
2	Kelly, Nicole	W38	Unattached	ND
3	Hadley, Tanisha	W35	Atlanta Track Club	ND
4	Watson, Amanda	W35	TNT International Racing Club	ND
W30				
1	Phillips, Lacey	W32	Atlanta Track Club	3.87m
2	Kemp, Virginia	W31	Philadelphia Masters	ND

Event 342 W50-59 Super Weight (11)

Sunday 3/3/19 - 11:45 AM

Pos	Name	Age	Team	Seed Mark
W55				
1	Lewis, Oneithea	W58	Shore Athletic Club	11.33m
2	Wilkins, Mary	W58	Potomac Valley Track Club	6.57m
3	Noguez, Alissa	W55	Unattached	ND
4	Kelly, Linda	W58	Unattached	ND
5	Scanlon, Heather	W56	Philadelphia Masters	ND
6	Rogers-Ransom, LaJune	W56	TNT International Racing Club	ND

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W50... (Event 342 W50-59 Super Weight (11))

1	Longshore, Kristine	W51	Philadelphia Masters	ND
2	Welch, Susan	W51	Atlanta Track Club	ND
3	Lanier, Gina	W53	TNT International Racing Club	ND
4	Zelaya, Pamela	W53	Potomac Valley Track Club	ND
5	Wolfinger, Cheryl	W53	Atlanta Track Club	ND

Event 349 W60-74 Super Weight (15)

Sunday 3/3/19 - 12:45 PM

Pos	Name	Age	Team	Seed Mark
W70				
1	Warren, Barbara	W72	Capital City Striders, Inc.	5.73m
2	Melton, Judy	W71	Atlanta Track Club	ND
3	Abdullah, Wahidah	W71	Potomac Valley Track Club	ND
4	Trotto, Mary	W71	TNT International Racing Club	ND
5	Mensey, Myrle	W70	Throwing and Growing	ND
W65				
1	Hartzler, Mary	W69	Unattached	8.99m
2	Green, Martha	W68	Unattached	ND
3	Woods, Lydia	W65	TNT International Racing Club	ND
W60				
1	Finsrud, Carol	W62	Unattached	10.00m
2	Hallen, Susan	W61	Chicagoland Masters Athletics	7.00m
3	Welding, Ruth	W63	Chicagoland Masters Athletics	7.00m
4	Good, Katherine Keg	W61	Potomac Valley Track Club	5.00m
5	Clark, Clovis	W63	Atlanta Track Club	ND
6	Barrett, Donna	W62	Potomac Valley Track Club	ND
7	Tribble, Evelyn	W60	Unattached	ND

Event 350 W75-89 Super Weight (6)

Sunday 3/3/19 - 1:30 PM

Pos	Name	Age	Team	Seed Mark
W85				
1	Krug, Gloria	W87	Philadelphia Masters	ND
W80				
1	Roman, Mary	W83	Mass Velocity Track Club	ND
W75				
1	Staab, Angela	W76	Piedmont Pacers Track Club	5.48m
2	Robinson, Mary	W76	Unattached	ND
3	Guardino, Louise	W78	Piedmont Pacers Track Club	ND
4	Simpson, Jane	W77	TNT International Racing Club	ND

Event 402 W30-59 1 Mile Race Walk (12)

Friday 3/1/19 - 2:05 PM

Lane	Name	Age	Team	Seed Time
W30				
1	Armstrong, Cheryl	W32	Raleigh Walkers	NT
W35				
1	Easterday, Andrea	W37	Raleigh Walkers	NT
W40				
1	Manns, DaBeth	W42	TNT International Racing Club	NT
W45				
1	Springer, Deborah	W45	Carolina Godiva Track Club	10:26.00

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W45... (Event 402 W30-59 1 Mile Race Walk (12))

2	Gruttadauro, Sharon	W48	Unattached	NT
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W50

1	Bridges, Debra	W52	Unattached	10:10.99
2	Garson, Rebecca	W54	Unattached	NT
3	Benjamin, Rebecca	W53	Pegasus A.C.	NT
4	Shepard, Elisabeth	W54	High Altitude Racewalk Team (H)	NT
5	Welch, Susan	W51	Atlanta Track Club	NT

W55

1	Dietz, Wendy	W59	Raleigh Walkers	10:44.11
2	Darian, Shea	W59	Unattached	NT

Event 403 W60 1 Mile Race Walk (9)

Friday 3/1/19 - 1:45 PM

	Name	Age	Team	Seed Time
1	Daniel, Maryanne	W60	Connecticut Racewalkers	8:41.30
2	Recto, Liza	W63	Potomac Valley Track Club	11:00.00
3	Good, Katherine Keg	W61	Potomac Valley Track Club	11:25.00
4	Mayhugh, Mary Lowe	W62	Potomac Valley Track Club	NT
5	Latterman, Leslie	W60	Unattached	NT
6	Tonsits, Amy	W61	Atlanta Track Club	NT
7	Clark, Clovis	W63	Atlanta Track Club	NT
8	Anfilofyeva, Lioudmila	W62	Unattached	NT
9	Hinton, Dianna	W61	Atlanta Track Club	NT

Event 404 W65-74 1 Mile Race Walk (11)

Friday 3/1/19 - 1:20 PM

Lane	Name	Age	Team	Seed Time
W65				
1	Swisher, Karen	W67	Heartland Racewalkers	9:49.09
2	Wilkinson, Carol	W69	High Altitude Racewalk Team (H)	10:15.00
3	Phillips, Hannah	W66	Potomac Valley Track Club	10:54.94
4	Mullis Dubow, Trenice	W65	Atlanta Track Club	11:15.00
5	*Hancock, Elizabeth	W66	Australia	14:00.00
6	Witt, Judith	W69	Unattached	NT
7	Martino, Marianne	W68	High Altitude Racewalk Team (H)	NT
8	Clark, Wendy	W65	So Cal Track Club	NT
W70				
1	Geer, Panseluta	W72	Shore Athletic Club	NT
2	Harrington, Alice	W72	South Florida Racewalkers	NT
3	Frable, Kathleen	W73	So Cal Track Club	NT

Event 410 W30-59 3000 Meter Race Walk (12)

Saturday 3/2/19 - 8:05 AM

Lane	Name	Age	Team	Seed Time
W30				
1	Armstrong, Cheryl	W32	Raleigh Walkers	NT
W35				
1	Easterday, Andrea	W37	Raleigh Walkers	NT
W40				
1	Manns, DaBeth	W42	TNT International Racing Club	NT
W45				
1	Springer, Deborah	W45	Carolina Godiva Track Club	19:00.00
2	Gruttadauro, Sharon	W48	Unattached	NT

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W50... (Event 410 W30-59 3000 Meter Race Walk (12))

1	Bridges, Debra	W52	Unattached	18:27.93
2	Shepard, Elisabeth	W54	High Altitude Racewalk Team (H)	NT
3	Welch, Susan	W51	Atlanta Track Club	NT
4	Benjamin, Rebecca	W53	Pegasus A.C.	NT
5	Garson, Rebecca	W54	Unattached	NT

W55

1	Dietz, Wendy	W59	Raleigh Walkers	21:02.00
2	Darian, Shea	W59	Unattached	NT

Event 412 W60-84 3000 Meter Race Walk (16)

Saturday 3/2/19 - 7:30 AM

Lane	Name	Age	Team	Seed Time
W60				
1	Daniel, Maryanne	W60	Connecticut Racewalkers	17:19.10
2	Recto, Liza	W63	Potomac Valley Track Club	19:00.00
3	Good, Katherine Keg	W61	Potomac Valley Track Club	22:15.00
4	Anfilofyeva, Lioudmila	W62	Unattached	24:10.10
5	Tonsits, Amy	W61	Atlanta Track Club	23:18:18.00
6	Latterman, Leslie	W60	Unattached	NT
W65				
1	Martino, Marianne	W68	High Altitude Racewalk Team (H)	18:29.33
2	Swisher, Karen	W67	Heartland Racewalkers	19:06.00
3	Clark, Wendy	W65	So Cal Track Club	19:29.00
4	Wilkinson, Carol	W69	High Altitude Racewalk Team (H)	21:00.00
5	Mullis Dubow, Trenice	W65	Atlanta Track Club	21:49.00
6	*Hancock, Elizabeth	W66	Australia	44:00.00
7	Witt, Judith	W69	Unattached	NT
W70				
1	Harrington, Alice	W72	South Florida Racewalkers	23:23.00
2	Geer, Panseluta	W72	Shore Athletic Club	NT
3	Frale, Kathleen	W73	So Cal Track Club	NT

Event 441 W30-59 Pentathlon (15)

Pos	Name	Age	Team	Points
W55				
1	Jakstiene, Neringa	W55	Unattached	4747
2	Curran, Julia	W58	Atlanta Track Club	2018
3	Shannon, Janean	W56	Unattached	NP
W50				
1	Hedges, Jennifer	W53	Joy's Jackrabbits Track Club	NP
W45				
1	Sluder, Anne	W46	Charlotte Track Club	3637
2	Sarn, Susan	W48	Bella N Motion	NP
W40				
1	Guest, Rachel	W43	Southwest Sprinters Track Club	3378
2	Readinger, Danelle	W43	Southwest Sprinters Track Club	NP
3	Cane, Debra	W43	So Cal Track Club	NP
4	Olson, Beverly	W44	Unattached	NP
W35				
1	Varlack, Latiffia	W36	So Cal Track Club	NP
2	Dietrich, Alex	W39	So Cal Track Club	NP
3	*Wilks, Antoinette	W38	Jamaica	NP

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W30... (Event 441 W30-59 Pentathlon (15))

1	Borders, Christy	W30	Southwest Sprinters Track Club	NP
2	Trenor, Beth	W34	Atlanta Track Club	NP

Event 442 W60-79 Pentathlon (10)

Pos	Name	Age	Team	Points
W75				
1	Carter, Ann	W77	Unattached	NP
2	Simpson, Jane	W77	TNT International Racing Club	NP
W70				
1	Warren, Barbara	W72	Capital City Striders, Inc.	2044
2	Rhodes, Carol	W70	Atlanta Track Club	NP
3	Trotto, Mary	W71	TNT International Racing Club	NP
W65				
1	Glynn, Kay	W66	Unattached	NP
2	Woods, Lydia	W65	TNT International Racing Club	NP
W60				
1	Hanscom, Rita	W64	Unattached	3034
2	Phelps, Jo	W60	TNT International Racing Club	NP
3	Zukas, Donna	W63	Unattached	NP

Event 501 M30 60 Meter Dash (8)

Saturday 3/2/19 - 12:18 PM

	Name	Age	Team	Seed Time
1	Howell, Solomon	M34	Unattached	7.34
2	Horne, Kyle	M34	Unattached	7.42
3	Maxwell, Terence	M31	Unattached	7.43
4	*Curtis Jr, Alton	M32	Bahamas	7.80
5	Palacio, Alvaro	M30	Houston Elite	NT
6	Trice Jr, Lawrence	M31	Unattached	NT
7	Harris, Michael	M33	Unattached	NT
8	Moore, Lamar	M30	Unattached	NT

Event 502 M35 60 Meter Dash (16) Prelims

Saturday 3/2/19 - 11:00 AM

	Name	Age	Team	Seed Time
1	Echols, Antoine	M36	U.S. Army	6.87
2	Green Jr, Gerald	M37	Unattached	6.90
3	Parker, Rondrick	M35	Southwest Sprinters Track Club	6.94
4	Dunn, Durran	M37	Southwest Sprinters Track Club	7.11
5	Coffey, Chris	M36	Unattached	7.23
6	Burnett, Sean	M37	Southwest Sprinters Track Club	7.24
7	Barnes, Marcus	M36	Unattached	7.30
8	Marenin, Roman	M35	Unattached	7.34
9	Caldwell, Charles	M37	Kansas City Smoke	7.51
10	Wimmer, Kyle	M38	Unattached	7.60
11	Hassin, Bryan	M39	Piedmont Pacers Track Club	8.86
12	Nicholson, Brian	M39	Unattached	NT
13	Adeleke, Anthony	M37	Potomac Valley Track Club	NT
14	Arline Jr, Sherman	M36	Unattached	NT
15	Dixon, Jeremiah	M38	Unattached	NT
16	Hernandez, Justin	M36	So Cal Track Club	NT

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Event 503 M40 60 Meter Dash (17) Prelims

Saturday 3/2/19 - 10:53 AM

	Name	Age	Team	Seed Time
1	Woods, Thal	M40	Unattached	7.05
2	Clark, Dedrick	M40	Southwest Sprinters Track Club	7.20
3	Delisle, Rawle	M44	Southwest Sprinters Track Club	7.30
4	Torres, Jassiel	M41	Southwest Sprinters Track Club	7.30
5	Porter Jr, John	M40	TNT International Racing Club	7.35
6	Bunch Jr, Calvin	M44	Unattached	7.45
7	Maxwell, Mitchell	M44	Southwest Sprinters Track Club	7.49
8	Benham, Craig	M44	Unattached	7.68
9	Murdock, Daniel	M44	TNT International Racing Club	7.84
10	Manning, Adam	M44	Unattached	8.20
11	*Park, Dean	M41	Great Britain and Northern Ire	8.30
12	Collins, Manley	M42	Potomac Valley Track Club	8.72
13	Hernandez Gonzalo, David	M40	Unattached	NT
14	Kortequee, Tamba	M40	Unattached	NT
15	Arnold, Rob	M43	Unattached	NT
16	Melton, Jason	M42	Unattached	NT
17	Maggit, Quincy	M40	Unattached	NT

Event 504 M45 60 Meter Dash (18) Prelims

Saturday 3/2/19 - 10:47 AM

	Name	Age	Team	Seed Time
1	Mack, Jeffery	M46	Unattached	7.21
2	Dixon, Stevan	M48	Unattached	7.22
3	Johnson Sr, Corey	M46	Unattached	7.32
4	Drummond, Don	M49	Southwest Sprinters Track Club	7.45
5	Joachim, George	M48	Southwest Sprinters Track Club	7.45
6	Dietz, Shaun	M46	Unattached	7.50
7	Thorne, Gavin	M47	So Cal Track Club	7.60
8	Phan, Derick	M45	Unattached	7.68
9	Leflore, Ben	M45	Unattached	7.69
10	Titus, Arthur	M49	Atlanta Track Club	7.75
11	Ballard, Anthony	M47	Port City Track Club	7.80
12	Mathews, Carlos	M45	TNT International Racing Club	7.95
13	*Shimmi, Akio	M47	Japan	NT
14	Santi, Marcus	M47	Unattached	NT
15	Hamilton, Matt	M46	Unattached	NT
16	*Clarke Sr, Ronald	M45	Canada	NT
17	McKenzie, Orville	M45	Unattached	NT
18	King, Darren	M46	Unattached	NT

Event 505 M50 60 Meter Dash (27) Prelims

Saturday 3/2/19 - 10:35 AM

	Name	Age	Team	Seed Time
1	Ridley, Robbie	M50	Unattached	7.24
2	Pye, Derek	M51	Southwest Sprinters Track Club	7.32
3	Vickers, Karnell	M52	Unattached	7.33
4	Jones, David	M54	Southwest Sprinters Track Club	7.53
5	*Envela Jr, Gustavo	M51	Equatorial Guinea	7.69
6	Foulke, Wayne	M52	Greater Philadelphia TC	7.70

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Event 505 ... (M50 60 Meter Dash (27) Prelims)

	Name	Age	Team	Seed Time
7	Padgett, Calvin	M50	Charlotte Track Club	7.70
8	Jackson Sr, Lionel	M53	Mass Velocity Track Club	7.77
9	Cureton III, Benjamin	M53	Unattached	7.80
10	Jenkins III, Gaither	M50	Unattached	7.90
11	Staples, Glenn	M50	Potomac Valley Track Club	7.90
12	Hanes III, Norris	M51	Potomac Valley Track Club	7.90
13	Merriweather, Eric	M54	Sprint Athletics Track Club	8.04
14	Gates, David	M51	Oregon Track Club	8.11
15	Arata, Michael	M53	Unattached	8.22
16	Smith, Shawn	M51	Unattached	8.38
17	Miles Jr, Leroy	M52	Unattached	8.41
18	Sarsony, Chris	M51	Piedmont Pacers Track Club	8.75
19	Beretich, Thomas	M53	Unattached	9.20
20	Smith, Douglas	M54	Unattached	NT
21	Steinhardt, Michael	M52	Unattached	NT
22	Dickinson, Wyndell	M54	So Cal Track Club	NT
23	Johnson, Eric	M51	Unattached	NT
24	Clark, Dale	M50	Unattached	NT
25	Moore, Douglas	M50	Unattached	NT
26	Nair, Ram	M51	Unattached	NT
27	Lazenby, Perry	M52	Unattached	NT

Event 506 M55 60 Meter Dash (22) Prelims

Saturday 3/2/19 - 10:25 AM

	Name	Age	Team	Seed Time
1	Barrett, Owen	M56	TNT International Racing Club	6.90
2	Hooker, Laurence	M56	Potomac Valley Track Club	7.56
3	McGee, Don	M58	Potomac Valley Track Club	7.62
4	Lawson, James	M55	Southwest Sprinters Track Club	7.90
5	Harrison Sr, Adrian	M57	Potomac Valley Track Club	8.00
6	Allaire, John	M59	Unattached	8.19
7	Young, Mike	M57	Unattached	8.26
8	Scherbinin, Vadim	M57	Unattached	8.26
9	Miller, Michael	M56	Unattached	8.31
10	Seay, Eric	M58	Unattached	8.32
11	Chilton, Steven	M55	Unattached	8.32
12	Intintolo, John	M56	Unattached	8.58
13	Pritchard, Craig	M55	Piedmont Pacers Track Club	8.71
14	*Schuster, Robert	M55	U.S. Virgin Islands	8.88
15	Evans, LanceLot	M58	Georgia	8.90
16	Pryor, John	M58	Unattached	9.00
17	Hankerson, Brian	M59	So Cal Track Club	NT
18	Stewart, Mark	M55	Unattached	NT
19	Hilliard, Brad	M57	Unattached	NT
20	Beasley, Anthony	M57	Joy's Jackrabbits Track Club	NT
21	Sandhu, Hardeep	M55	Unattached	NT
22	Quarrie, Clifton	M58	Potomac Valley Track Club	NT

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Event 507 M60 60 Meter Dash (28) Prelims

Saturday 3/2/19 - 10:12 AM

	Name	Age	Team	Seed Time
1	Barnwell, Val	M61	So Cal Track Club	7.41
2	Hadrick, John	M61	TNT International Racing Club	8.21
3	Gould, Stephen	M62	Mass Velocity Track Club	8.23
4	Thurman, Bob	M63	Sierra Gold	8.36
5	McPherson, Norman	M62	Unattached	8.42
6	*DeVerger, Derrick	M63	Jamaica	8.50
7	Hieskell, Steve	M60	Unattached	8.59
8	Fisher, Wayne	M64	Charlotte Track Club	8.65
9	Foreman, Keith	M61	Trojan Masters T.C.	8.71
10	Moeller, Craig	M63	Unattached	8.74
11	Allen, Jackie	M62	So Cal Track Club	8.75
12	Markley, Anthony	M64	Potomac Valley Track Club	8.76
13	Gish Jr, G Ed	M64	Unattached	8.81
14	Hanes, Steve	M63	Key West Track & Field Club	8.87
15	Williams, Gregory	M62	Piedmont Pacers Track Club	8.90
16	McLawhorn, David	M64	So Cal Track Club	8.92
17	Jakubowski, Mark	M61	Unattached	9.05
18	*Schaber, Mark	M60	Canada	9.44
19	Raines, Jeffrey	M60	Twin City Track Club	9.67
20	Lambert, John	M60	Unattached	9.77
21	Thompson, Doug	M60	Unattached	NT
22	Spruill, Willie	M60	Unattached	NT
23	Finley, Lawrence	M60	Over The Hill TC	NT
24	Griffin Jr, Cecil	M61	Unattached	NT
25	Janusey, Michael	M61	Unattached	NT
26	Muhammad, Aasim	M60	Unattached	NT
27	Griffith, Kevin	M61	Unattached	NT
28	Roden, Ross	M60	Unattached	NT

Event 508 M65 60 Meter Dash (13) Prelims

Saturday 3/2/19 - 10:06 AM

	Name	Age	Team	Seed Time
1	Leake, Damien	M66	SC Striders Track Club	7.81
2	Peyton, Oscar	M66	Potomac Valley Track Club	7.85
3	Bryant Jr, NZ	M69	Houston Elite	8.00
4	Searles, Anthony	M65	Charlotte Track Club	8.16
5	Siu, Max	M66	SC Striders Track Club	8.26
6	Craig, David	M67	So Cal Track Club	8.34
7	Ortman, David	M65	Unattached	8.41
8	Schoffman, Jim	M65	Mass Velocity Track Club	9.10
9	Snodgrass, Ernie	M66	Big River Racing	10.40
10	Lacey, Kenneth	M65	Unattached	NT
11	Frontino, James	M69	TNT International Racing Club	NT
12	Ruggless, Joe	M65	So Cal Track Club	NT
13	Lee Sr, Bobbie	M65	Unattached	NT

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Event 509 M70 60 Meter Dash (13) Prelims

Saturday 3/2/19 - 10:00 AM

	Name	Age	Team	Seed Time
1	Allie, Charles	M71	Houston Elite	8.20
2	Warren, Don	M71	Philadelphia Masters	8.42
3	Spencer, Douglas	M72	Houston Elite	8.71
4	Parker III, George	M71	Unattached	8.89
5	Young, Jeff	M70	Potomac Valley Track Club	9.69
6	Monesmith, Frederick	M70	Shore Athletic Club	9.71
7	Scelsi, Howard	M74	Unattached	9.89
8	*Mintz, Bruce	M72	Canada	10:37.00
9	Etter, James	M72	Unattached	NT
10	Hogue, Barry	M70	Unattached	NT
11	Austin Jr, Cortez	M71	Potomac Valley Track Club	NT
12	Parker, Richard	M72	Unattached	NT
13	*Martel, Michael	M70	Canada	NT

Event 510 M75 60 Meter Dash (8)

Saturday 3/2/19 - 11:51 AM

	Name	Age	Team	Seed Time
1	Williams, Albert	M78	Unattached	8.95
2	Stellato, Domenic	M75	Philadelphia Masters	9.10
3	Koontz, Robert	M75	Potomac Valley Track Club	9.15
4	Snyder, Gary	M75	Mass Velocity Track Club	10.00
5	Gomillion, Thomas	M76	Potomac Valley Track Club	13.25
6	Booth, Howard	M75	Unattached	NT
7	Wuth, William	M78	Atlanta Track Club	NT
8	Hicks, Kenneth	M78	Norfolk Real Deal Track Club	NT

Event 511 M80 60 Meter Dash (7)

Saturday 3/2/19 - 11:48 AM

	Name	Age	Team	Seed Time
1	Lida, Robert	M82	Unattached	8.94
2	Williamson Jr, Robert	M81	Unattached	9.60
3	Vergin, Roger	M81	Club Northwest	9.82
4	Whilden Jr, Robert	M83	Unattached	NT
5	Jones, Ronald	M82	Potomac Valley Track Club	NT
6	Jackson Sr, Norman	M81	TNT International Racing Club	NT
7	Bittner, William	M82	Philadelphia Masters	NT

Event 512 M85 60 Meter Dash (6)

Saturday 3/2/19 - 11:45 AM

	Name	Age	Team	Seed Time
1	Gray, Ronald	M86	Colorado Masters Track & Field	11.30
2	Saidel, Burton	M88	Unattached	NT
3	Jankovich, William	M85	Unattached	NT
4	Smith, F Alan	M87	Florida Athletic Club	NT
5	Clark, William	M85	Unattached	NT
6	Hewitt, Robert	M85	Unattached	NT

Event 513 M90 60 Meter Dash (2)

Saturday 3/2/19 - 11:42 AM

	Name	Age	Team	Seed Time
1	Soller, Richard	M92	Unattached	NT

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Event 513 ... (M90 60 Meter Dash (2))

	Name	Age	Team	Seed Time
2	Hemphill, Dixon	M94	Potomac Valley Track Club	NT

Event 521 M30 200 Meter Dash (6)

Sunday 3/3/19 - 12:59 PM

	Name	Age	Team	Seed Time
1	Moore, Lamar	M30	Unattached	23.29
2	Maxwell, Terence	M31	Unattached	24.07
3	*Curtis Jr, Alton	M32	Bahamas	25.10
4	McCain Jr, Gregory	M33	Unattached	25.89
5	Potter, Ryan	M34	Unattached	NT
6	Baker, Antwun	M31	Unattached	NT

Event 522 M35 200 Meter Dash (17) Prelims

Sunday 3/3/19 - 9:32 AM

	Name	Age	Team	Seed Time
1	Echols, Antoine	M36	U.S. Army	22.17
2	Moore, Tim	M35	Unattached	22.21
3	Dunn, Durran	M37	Southwest Sprinters Track Club	22.22
4	Roland, Terrence	M37	Unattached	22.24
5	Green Jr, Gerald	M37	Unattached	22.40
6	Burnett, Sean	M37	Southwest Sprinters Track Club	22.80
7	Marenin, Roman	M35	Unattached	22.91
8	Parker, Rondrick	M35	Southwest Sprinters Track Club	23.58
9	Glenn, Jamar	M38	Unattached	23.64
10	Thomas, Jeff	M37	Unattached	24.04
11	Wimmer, Kyle	M38	Unattached	24.60
12	Hassin, Bryan	M39	Piedmont Pacers Track Club	29.46
13	Adeleke, Anthony	M37	Potomac Valley Track Club	NT
14	*Brown, Richard	M38	Israel	NT
15	Dixon, Jeremiah	M38	Unattached	NT
16	Barnes, Marcus	M36	Unattached	NT
17	Hernandez, Justin	M36	So Cal Track Club	NT

Event 523 M40 200 Meter Dash (19) Prelims

Sunday 3/3/19 - 9:22 AM

	Name	Age	Team	Seed Time
1	Woods, Thal	M40	Unattached	22.88
2	Clark, Dedrick	M40	Southwest Sprinters Track Club	22.90
3	Delisle, Rawle	M44	Southwest Sprinters Track Club	23.09
4	Torres, Jassiel	M41	Southwest Sprinters Track Club	24.00
5	Rodriguez, Aristides	M43	Charlotte Track Club	24.20
6	Maxwell, Mitchell	M44	Southwest Sprinters Track Club	24.35
7	Robbins, Josh	M42	Arizona Flames Track Club	24.60
8	Murdock, Daniel	M44	TNT International Racing Club	24.61
9	Bunch Jr, Calvin	M44	Unattached	24.62
10	Carter, Kurt	M41	Unattached	25.90
11	Hernandez Gonzalo, David	M40	Unattached	26.15
12	Manning, Adam	M44	Unattached	27.12
13	Collins, Manley	M42	Potomac Valley Track Club	27.91
14	*Lewis, Clyde	M43	Jamaica	NT
15	Arnold, Rob	M43	Unattached	NT

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Event 523 ... (M40 200 Meter Dash (19) Prelims)

	Name	Age	Team	Seed Time
16	Benham, Craig	M44	Unattached	NT
17	Paul, Nevado	M43	Unattached	NT
18	*Park, Dean	M41	Great Britain and Northern Ire	NT
19	Phillips, Clinton	M44	Unattached	NT

Event 524 M45 200 Meter Dash (16) Prelims

Sunday 3/3/19 - 9:12 AM

	Name	Age	Team	Seed Time
1	Dixon, Stevan	M48	Unattached	22.62
2	McKenzie, Orville	M45	Unattached	23.10
3	Santi, Marcus	M47	Unattached	24.13
4	Rhodes, Jason	M46	So Cal Track Club	24.50
5	Thorne, Gavin	M47	So Cal Track Club	24.70
6	Johnson Sr, Corey	M46	Unattached	25.00
7	Ballard, Anthony	M47	Port City Track Club	25.00
8	Joachim, George	M48	Southwest Sprinters Track Club	25.01
9	Titus, Arthur	M49	Atlanta Track Club	25.10
10	Mason, Christopher	M45	Personal Touch Athletics	25.40
11	Leflore, Ben	M45	Unattached	25.50
12	Mathews, Carlos	M45	TNT International Racing Club	25.85
13	Baynes, Andre	M48	Mass Velocity Track Club	25.94
14	Bell, Roderick	M46	Port City Track Club	26.50
15	Bryant, Dmitri	M45	Unattached	NT
16	*Shimmi, Akio	M47	Japan	NT

Event 525 M50 200 Meter Dash (19) Prelims

Sunday 3/3/19 - 9:02 AM

	Name	Age	Team	Seed Time
1	Vickers, Karnell	M52	Unattached	23.84
2	Jones, David	M54	Southwest Sprinters Track Club	24.48
3	Curtis, John	M53	Greater Philadelphia TC	24.50
4	Bradecamp, Michael	M54	Unattached	25.12
5	Foulke, Wayne	M52	Greater Philadelphia TC	25.50
6	Padgett, Calvin	M50	Charlotte Track Club	25.50
7	Hanes III, Norris	M51	Potomac Valley Track Club	26.00
8	*Envela Jr, Gustavo	M51	Equatorial Guinea	26.00
9	Staples, Glenn	M50	Potomac Valley Track Club	26.10
10	Arata, Michael	M53	Unattached	26.40
11	Jackson Sr, Lionel	M53	Mass Velocity Track Club	26.76
12	Jenkins III, Gaither	M50	Unattached	26.90
13	Miles Jr, Leroy	M52	Unattached	28.16
14	Smith, Shawn	M51	Unattached	28.19
15	Sarsony, Chris	M51	Piedmont Pacers Track Club	29.24
16	Beretich, Thomas	M53	Unattached	31.86
17	Clark, Dale	M50	Unattached	NT
18	Johnson, Eric	M51	Unattached	NT
19	Lowery, Bo	M53	Charlotte Track Club	NT

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Event 526 M55 200 Meter Dash (21) Prelims

Sunday 3/3/19 - 8:52 AM

	Name	Age	Team	Seed Time
1	McGee, Don	M58	Potomac Valley Track Club	24.46
2	Lawson, James	M55	Southwest Sprinters Track Club	24.80
3	*Smith, Karl	M59	Jamaica	24.92
4	Brown, Paul	M56	Southwest Sprinters Track Club	25.60
5	Hooker, Laurence	M56	Potomac Valley Track Club	25.60
6	Harrison Sr, Adrian	M57	Potomac Valley Track Club	26.60
7	Scherbinin, Vadim	M57	Unattached	26.77
8	Seay, Eric	M58	Unattached	27.19
9	Clinkscale, David	M58	Over The Hill TC	27.50
10	Hernandez, Wally	M57	Greater Philadelphia TC	27.92
11	Intintolo, John	M56	Unattached	28.23
12	Hilliard, Brad	M57	Unattached	28.50
13	Young, Mike	M57	Unattached	28.54
14	Pritchard, Craig	M55	Piedmont Pacers Track Club	28.71
15	Brower, Jeff	M59	Waterloo TF Club	29.00
16	Evans, LanceLot	M58	Georgia	29.30
17	Pryor, John	M58	Unattached	30.40
18	Buckner, Andre	M58	Over The Hill TC	NT
19	Sandhu, Hardeep	M55	Unattached	NT
20	Quarrie, Clifton	M58	Potomac Valley Track Club	NT
21	*Schuster, Robert	M55	U.S. Virgin Islands	NT

Event 527 M60 200 Meter Dash (28) Prelims

Sunday 3/3/19 - 8:40 AM

	Name	Age	Team	Seed Time
1	Barnwell, Val	M61	So Cal Track Club	23.53
2	Humphrey, Ronald	M60	Unattached	25.60
3	Gould, Stephen	M62	Mass Velocity Track Club	26.97
4	Brown, Franklin	M63	TNT International Racing Club	27.50
5	Hieskell, Steve	M60	Unattached	27.78
6	Bunner, Thomas	M63	Unattached	27.80
7	Thurman, Bob	M63	Sierra Gold	27.82
8	Vanderhoof, Gary	M62	Potomac Valley Track Club	28.00
9	Stone, Eddie	M61	TNT International Racing Club	28.08
10	Gish Jr, G Ed	M64	Unattached	28.36
11	Broyd, Graham	M60	New York Road Runners Inc.	28.40
12	*DeVerger, Derrick	M63	Jamaica	28.50
13	Smith, Duncan	M60	Greater Philadelphia TC	29.00
14	Price, Edward	M63	TNT International Racing Club	29.00
15	McPherson, Norman	M62	Unattached	29.01
16	Allen, Jackie	M62	So Cal Track Club	29.19
17	Friend Sr, Byron	M60	TNT International Racing Club	29.50
18	McGregor, Rodney	M62	So Cal Track Club	29.70
19	Markley, Anthony	M64	Potomac Valley Track Club	29.88
20	Spruill, Willie	M60	Unattached	29.95
21	Shannon, David	M61	Twin City Track Club	31.00
22	Muhammad, Aasim	M60	Unattached	36.40
23	Williams, Gregory	M62	Piedmont Pacers Track Club	39.80
24	Finley, Lawrence	M60	Over The Hill TC	NT

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Event 527 ... (M60 200 Meter Dash (28) Prelims)

	Name	Age	Team	Seed Time
25	Griffin Jr, Cecil	M61	Unattached	NT
26	Crawford, Kenneth	M63	TNT International Racing Club	NT
27	Roden, Ross	M60	Unattached	NT
28	Lambert, John	M60	Unattached	NT

Event 528 M65 200 Meter Dash (17) Prelims

Sunday 3/3/19 - 8:33 AM

	Name	Age	Team	Seed Time
1	Craig, David	M67	So Cal Track Club	26.28
2	Peyton, Oscar	M66	Potomac Valley Track Club	26.50
3	Searles, Anthony	M65	Charlotte Track Club	26.72
4	Ortman, David	M65	Unattached	26.87
5	Haywood, George	M66	Houston Elite	27.50
6	Somerville, Edward	M67	Unattached	28.70
7	Taft, Tucker	M65	Mass Velocity Track Club	28.78
8	Schoffman, Jim	M65	Mass Velocity Track Club	28.98
9	Allcorn, Thomas	M66	Over The Hill TC	31.81
10	Williams, Dan	M69	Potomac Valley Track Club	32.00
11	Wilson Sr, Thaddeus	M68	Pacific Coast Track Club	NT
12	Lacey, Kenneth	M65	Unattached	NT
13	Mack, Joe	M68	Pony Express Track & Field Clu	NT
14	Frontino, James	M69	TNT International Racing Club	NT
15	Easley, Ricky	M65	So Cal Track Club	NT
16	Ruggless, Joe	M65	So Cal Track Club	NT
17	Faison, Quintin	M66	Unattached	NT

Event 529 M70 200 Meter Dash (15) Prelims

Sunday 3/3/19 - 8:27 AM

	Name	Age	Team	Seed Time
1	Allie, Charles	M71	Houston Elite	26.45
2	Pate, Ronald	M72	Hawaii Champs	27.51
3	Warren, Don	M71	Philadelphia Masters	28.11
4	Spencer, Douglas	M72	Houston Elite	29.02
5	Hall, Samuel	M73	Charlotte Track Club	30.02
6	Parker III, George	M71	Unattached	30.20
7	Black, Ivan	M70	Shore Athletic Club	31.05
8	Hogue, Barry	M70	Unattached	31.33
9	Etter, James	M72	Unattached	32.00
10	White, Randall	M70	Unattached	32.50
11	Felton, Philip	M70	Unattached	32.59
12	Scelsi, Howard	M74	Unattached	35.33
13	Krueger, Charles	M72	Twin City Track Club	32:16.00
14	*Mintz, Bruce	M72	Canada	36:20.00
15	Monesmith, Frederick	M70	Shore Athletic Club	NT

Event 530 M75 200 Meter Dash (7) Prelims

Sunday 3/3/19 - 8:26 AM

	Name	Age	Team	Seed Time
1	Barnum, Larry	M75	Unattached	29.46
2	Williams, Albert	M78	Unattached	30.50
3	Stellato, Domenic	M75	Philadelphia Masters	31.10

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Event 530 ... (M75 200 Meter Dash (7) Prelims)

	Name	Age	Team	Seed Time
4	Koontz, Robert	M75	Potomac Valley Track Club	32.57
5	McDonald, Maurice	M78	Atlanta Track Club	34.90
6	Snyder, Gary	M75	Mass Velocity Track Club	35.00
7	Skinner Jr, Kenneth	M78	Adirondack Athletic Club	39.80

Event 531 M80 200 Meter Dash (7) Prelims

Sunday 3/3/19 - 8:25 AM

	Name	Age	Team	Seed Time
1	Lida, Robert	M82	Unattached	29.15
2	Stewart, Mack	M81	Unattached	33.00
3	Vergin, Roger	M81	Club Northwest	34.69
4	Williamson Jr, Robert	M81	Unattached	36.20
5	Whilden Jr, Robert	M83	Unattached	NT
6	Hosken, William	M81	Parkside Athletic Club	NT
7	Jones, Ronald	M82	Potomac Valley Track Club	NT

Event 532 M85 200 Meter Dash (6)

Sunday 3/3/19 - 12:26 PM

	Name	Age	Team	Seed Time
1	Gray, Ronald	M86	Colorado Masters Track & Field	43.00
2	Saidel, Burton	M88	Unattached	NT
3	Jankovich, William	M85	Unattached	NT
4	Smith, F Alan	M87	Florida Athletic Club	NT
5	Clark, William	M85	Unattached	NT
6	Hewitt, Robert	M85	Unattached	NT

Event 533 M90 200 Meter Dash (2)

Sunday 3/3/19 - 12:23 PM

	Name	Age	Team	Seed Time
1	Soller, Richard	M92	Unattached	NT
2	Hemphill, Dixon	M94	Potomac Valley Track Club	NT

Event 541 M30 400 Meter Dash (8)

Friday 3/1/19 - 1:10 PM

	Name	Age	Team	Seed Time
1	Peyton Jr, Stanley	M32	Unattached	50.56
2	Hicks, Kevin	M34	Unattached	51.62
3	Macrini, Joseph	M32	Unattached	52.50
4	Perri, Michael	M32	Unattached	55.54
5	Maxwell, Terence	M31	Unattached	56.17
6	McCain Jr, Gregory	M33	Unattached	56.72
7	Potter, Ryan	M34	Unattached	NT
8	Howell, Solomon	M34	Unattached	NT

Event 542 M35 400 Meter Dash (11)

Friday 3/1/19 - 1:05 PM

	Name	Age	Team	Seed Time
1	Glenn, Jamar	M38	Unattached	52.00
2	Dunn, Durran	M37	Southwest Sprinters Track Club	52.15
3	Marenin, Roman	M35	Unattached	52.27
4	Thomas, Jeff	M37	Unattached	52.77
5	Green Jr, Gerald	M37	Unattached	53.00
6	Wimmer, Kyle	M38	Unattached	54.60

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Event 542 ... (M35 400 Meter Dash (11))

	Name	Age	Team	Seed Time
7	Roland, Terrence	M37	Unattached	55.00
8	Pack Jr, Rick	M38	Piedmont Pacers Track Club	56.89
9	Hassin, Bryan	M39	Piedmont Pacers Track Club	1:06.36
10	Thompson, La Roi	M39	TNT International Racing Club	NT
11	Barnes, Marcus	M36	Unattached	NT

Event 543 M40 400 Meter Dash (10)

Friday 3/1/19 - 1:00 PM

	Name	Age	Team	Seed Time
1	Delisle, Rawle	M44	Southwest Sprinters Track Club	51.57
2	Clark, Dedrick	M40	Southwest Sprinters Track Club	52.10
3	Chambers, Keith	M40	So Cal Track Club	54.50
4	Murdock, Daniel	M44	TNT International Racing Club	55.60
5	Butler, Brock	M41	Greater Philadelphia TC	56.50
6	Torres, Jassiel	M41	Southwest Sprinters Track Club	58.00
7	Collins, Manley	M42	Potomac Valley Track Club	1:08.25
8	Phillips, Clinton	M44	Unattached	NT
9	Morgan, Eric	M41	Unattached	NT
10	Paul, Nevada	M43	Unattached	NT

Event 544 M45 400 Meter Dash (8)

Friday 3/1/19 - 12:55 PM

	Name	Age	Team	Seed Time
1	Rhodes, Jason	M46	So Cal Track Club	53.50
2	Williams, Mark	M46	Unattached	54.53
3	Dinkins Sr, Delvin	M47	Greater Philadelphia TC	54.73
4	Joachim, George	M48	Southwest Sprinters Track Club	55.01
5	Baynes, Andre	M48	Mass Velocity Track Club	58.56
6	Schwartz, Robert	M49	Greater Philadelphia TC	59.00
7	*Clarke Sr, Ronald	M45	Canada	1:02.20
8	Murphy, William	M49	Unattached	NT

Event 545 M50 400 Meter Dash (15)

Friday 3/1/19 - 12:45 PM

	Name	Age	Team	Seed Time
1	Vickers, Karnell	M52	Unattached	52.46
2	Curtis, John	M53	Greater Philadelphia TC	55.00
3	Bradecamp, Michael	M54	Unattached	56.51
4	Summay, Landen	M53	Unattached	59.00
5	Cannon, David	M54	Atlanta Track Club	59.65
6	Kruelle, Chuck	M51	Greater Philadelphia TC	59.70
7	Hoff, Timothy	M53	Mass Velocity Track Club	1:00.50
8	Grandfield, Scott	M53	Unattached	1:00.63
9	Hannan Jr, Michael	M50	Potomac Valley Track Club	1:03.00
10	Benter, Brad	M51	Alaska Mountain Runners	1:05.00
11	Beretich, Thomas	M53	Unattached	1:05.03
12	Sheehy, Alan	M52	So Cal Track Club	NT
13	Clark, Dale	M50	Unattached	NT
14	Exantus, Ulrick	M52	TNT International Racing Club	NT
15	Sarsony, Chris	M51	Piedmont Pacers Track Club	NT

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Event 546 M55 400 Meter Dash (17)

Friday 3/1/19 - 12:35 PM

	Name	Age	Team	Seed Time
1	Pitts, David	M56	Unattached	54.58
2	Moody, Corey	M57	Unattached	56.00
3	Lawson, James	M55	Southwest Sprinters Track Club	56.40
4	Brown, Paul	M56	Southwest Sprinters Track Club	57.85
5	Barrett, Owen	M56	TNT International Racing Club	58.00
6	Parker, Raymond	M57	Greater Philadelphia TC	58.70
7	Scherbinin, Vadim	M57	Unattached	58.90
8	Wilkes, David	M59	Atlanta Track Club	1:00.00
9	Watry, James	M56	So Cal Track Club	1:02.77
10	*Gottzmann, Andreas	M57	Germany	1:03.00
11	Drueckhammer, Dale	M58	Northport Running Club	1:03.72
12	Pritchard, Craig	M55	Piedmont Pacers Track Club	1:04.16
13	Hernandez, Wally	M57	Greater Philadelphia TC	1:05.50
14	Pryor, John	M58	Unattached	1:06.00
15	Hilliard, Brad	M57	Unattached	1:09.00
16	Harris, Jack	M59	Unattached	NT
17	Fedeles, Michael	M56	Unattached	NT

Event 547 M60 400 Meter Dash (20)

Friday 3/1/19 - 12:20 PM

	Name	Age	Team	Seed Time
1	Humphrey, Ronald	M60	Unattached	56.93
2	James, Ben	M62	Genesee Valley Harriers	58.30
3	Thompson, Doug	M60	Unattached	59.52
4	Thurman, Bob	M63	Sierra Gold	1:02.59
5	Allen, Jackie	M62	So Cal Track Club	1:02.96
6	Gould, Stephen	M62	Mass Velocity Track Club	1:03.05
7	Vanderhoof, Gary	M62	Potomac Valley Track Club	1:04.00
8	Bond, Ric	M61	Genesee Valley Harriers	1:04.00
9	Broyd, Graham	M60	New York Road Runners Inc.	1:04.10
10	Mason, Reginald	M63	Atlanta Track Club	1:05.00
11	Samaha, Richard	M60	Colonial Road Runners	1:06.74
12	McGregor, Rodney	M62	So Cal Track Club	1:07.00
13	Friend Sr, Byron	M60	TNT International Racing Club	1:07.00
14	Long Jr, James	M60	Unattached	1:08.00
15	Shannon, David	M61	Twin City Track Club	1:10.00
16	Drain, Bob	M64	Potomac Valley Track Club	1:15.00
17	Williams, Gregory	M62	Piedmont Pacers Track Club	1:21.80
18	DeLoache, Bill	M61	Charlotte Running Club	NT
19	Roden, Ross	M60	Unattached	NT
20	Finley, Lawrence	M60	Over The Hill TC	NT

Event 548 M65 400 Meter Dash (19)

Friday 3/1/19 - 11:40 AM

	Name	Age	Team	Seed Time
1	Ortman, David	M65	Unattached	1:01.46
2	Grant, Horace	M66	Houston Elite	1:02.15
3	Shaheed, Nolan	M69	So Cal Track Club	1:02.74
4	Haywood, George	M66	Houston Elite	1:03.40

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Event 548 ... (M65 400 Meter Dash (19))

	Name	Age	Team	Seed Time
5	Schoffman, Jim	M65	Mass Velocity Track Club	1:03.70
6	Taft, Tucker	M65	Mass Velocity Track Club	1:05.40
7	Somerville, Edward	M67	Unattached	1:06.40
8	Harper, Turran	M67	Unattached	1:10.00
9	Baker, Anthony	M65	Genesee Valley Harriers	1:10.10
10	Frontino, James	M69	TNT International Racing Club	1:13.38
11	Beeson, Marty	M68	Unattached	1:15.00
12	Williams, Dan	M69	Potomac Valley Track Club	1:15.00
13	Wilson Sr, Thaddeus	M68	Pacific Coast Track Club	NT
14	Easley, Ricky	M65	So Cal Track Club	NT
15	Faison, Quintin	M66	Unattached	NT
16	Allcorn, Thomas	M66	Over The Hill TC	NT
17	Morgan III, Morris	M69	Unattached	NT
18	Ruggless, Joe	M65	So Cal Track Club	NT
19	McCormack, Kevin	M66	Manasota Track Club	NT

Event 549 M70 400 Meter Dash (8)

Friday 3/1/19 - 11:35 AM

	Name	Age	Team	Seed Time
1	Allie, Charles	M71	Houston Elite	59.43
2	Talib, Salih	M73	So Cal Track Club	1:09.00
3	Pate, Ronald	M72	Hawaii Champs	1:09.81
4	Etter, James	M72	Unattached	1:12.00
5	*Mintz, Bruce	M72	Canada	1:14.01
6	Glass, Dave	M72	Atlanta Track Club	1:30.00
7	Mathies, Drue	M72	Sierra Gold	1:33.91
8	Metzinger, Gary	M72	Unattached	1:41.50

Event 550 M75 400 Meter Dash (8)

Friday 3/1/19 - 11:30 AM

	Name	Age	Team	Seed Time
1	Barnum, Larry	M75	Unattached	1:06.55
2	Bowden, H Tom	M76	Unattached	1:13.77
3	McDonald, Maurice	M78	Atlanta Track Club	1:19.80
4	Morgan, Curtis	M76	Philadelphia Masters	1:22.00
5	Skinner Jr, Kenneth	M78	Adirondack Athletic Club	1:33.12
6	Booth, Howard	M75	Unattached	1:33.74
7	Rubin, Bruce	M75	Philadelphia Masters	1:54.36
8	Turner Sr, David	M79	Atlanta Track Club	NT

Event 551 M80 400 Meter Dash (7)

Friday 3/1/19 - 11:25 AM

	Name	Age	Team	Seed Time
1	Lida, Robert	M82	Unattached	1:10.20
2	Stewart, Mack	M81	Unattached	1:21.00
3	Rush, C Christopher	M82	Adirondack Athletic Club	1:34.70
4	Hosken, William	M81	Parkside Athletic Club	1:37.30
5	Turner, Kermit	M82	Unattached	1:47.05
6	Ogden, Ken	M82	Oregon Track Club	2:00.00
7	Beckett, James	M80	Sierra Gold	NT

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Event 552 M85-94 400 Meter Dash (4)

Friday 3/1/19 - 11:21 AM

Lane	Name	Age	Team	Seed Time
M85... (Event 552 M85-94 400 Meter Dash (4))				
1	Jankovich, William	M85	Unattached	NT
2	Smith, F Alan	M87	Florida Athletic Club	NT
3	Clark, William	M85	Unattached	NT

M90

1	Hemphill, Dixon	M94	Potomac Valley Track Club	NT
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Event 561 M30-39 800 Meter Run (10)

Sunday 3/3/19 - 11:40 AM

Lane	Name	Age	Team	Seed Time
M30				
1	Sanders, Reginald	M30	Unattached	1:54.95
2	Peyton Jr, Stanley	M32	Unattached	2:00.75
3	Stasulis, Jerry	M34	Atlanta Track Club	NT
4	Perri, Michael	M32	Unattached	NT

M35

1	Rath, Nathan	M37	Unattached	2:03.00
2	Tripp, Alan	M38	Unattached	2:15.30
3	Wimmer, Kyle	M38	Unattached	2:19.00
4	Pack Jr, Rick	M38	Piedmont Pacers Track Club	2:21.52
5	Cooke, David	M37	Unattached	NT
6	Thompson, La Roi	M39	TNT International Racing Club	NT

Event 563 M40 800 Meter Run (14)

Sunday 3/3/19 - 11:35 AM

Name	Age	Team	Seed Time	
1	Unger, TJ	M40	HFC Striders	2:02.48
2	Welsh, David	M41	Unattached	2:03.00
3	Butler, Brock	M41	Greater Philadelphia TC	2:04.00
4	*Mirco, Sheldon	M42	Canada	2:04.80
5	Mcrae, Robert	M44	So Cal Track Club	2:05.00
6	Chambers, Keith	M40	So Cal Track Club	2:05.00
7	Hernandez, Christopher	M42	Genesee Valley Harriers	2:07.00
8	Walchinsky, Mark	M40	Potomac Valley Track Club	2:09.00
9	Page, Jason	M44	Bull City Track Club	2:10.00
10	Rieth, Tim	M43	Genesee Valley Harriers	2:10.00
11	Boles, Tommy	M41	Unattached	2:19.00
12	Almarode, Andy	M43	Colonial Road Runners	2:23.39
13	Magidin, Dmitry	M40	Unattached	NT
14	Morgan, Eric	M41	Unattached	NT

Event 564 M45 800 Meter Run (12)

Sunday 3/3/19 - 11:30 AM

Name	Age	Team	Seed Time	
1	Williams, Mark	M46	Unattached	1:58.62
2	*Gwanzura, Musa	M47	Zimbabwe	2:05.00
3	Rhodes, Jason	M46	So Cal Track Club	2:06.00
4	Smith, Miles	M48	Unattached	2:07.00
5	Dinkins Sr, Delvin	M47	Greater Philadelphia TC	2:11.67
6	*Alvarez Frías Sr., Manuel Javier	M46	Spain	2:13.28

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Event 564 ... (M45 800 Meter Run (12))

	Name	Age	Team	Seed Time
7	Schumann, Keith	M48	Colonial Road Runners	2:15.00
8	Walker, Darryl	M46	Unattached	2:20.00
9	Stewart, Tim	M49	Colonial Road Runners	2:21.13
10	*Clarke Sr, Ronald	M45	Canada	2:40.00
11	Lanier, Kyle	M46	TNT International Racing Club	NT
12	Murphy, William	M49	Unattached	NT

Event 565 M50 800 Meter Run (24)

Sunday 3/3/19 - 11:22 AM

	Name	Age	Team	Seed Time
1	Novak, Charles	M51	Unattached	2:03.56
2	Rosa Jr, Almir	M51	Atlanta Track Club	2:05.36
3	Summay, Landen	M53	Unattached	2:08.00
4	Cannon, David	M54	Atlanta Track Club	2:13.90
5	Nier, Mike	M54	Genesee Valley Harriers	2:14.00
6	McManus, Mike	M53	HOKA Aggie Running Club	2:14.68
7	Kruelle, Chuck	M51	Greater Philadelphia TC	2:15.00
8	Grandfield, Scott	M53	Unattached	2:16.00
9	Cakouros, Jason	M53	HFC Striders	2:16.33
10	Hoff, Timothy	M53	Mass Velocity Track Club	2:16.75
11	Burdett, Francis	M54	Greater Springfield Harriers,	2:17.00
12	Bandettini, Peter	M53	Unattached	2:19.00
13	McAlman, Jesse	M51	Unattached	2:23.00
14	Newsham, Bill	M54	Greater Boston Track Club	2:29.00
15	Benter, Brad	M51	Alaska Mountain Runners	2:30.00
16	Metz, Thomas	M53	Garmin Runners	2:40.00
17	Carlson Jr, Richard	M52	Garmin Runners	2:43.00
18	Hanlon, John	M53	Unattached	2:43.00
19	Molteni, Ronald	M53	Potomac Valley Track Club	2:52.00
20	Beretich, Thomas	M53	Unattached	2:56.03
21	LaMay, David	M52	Potomac Valley Track Club	3:03.00
22	Scholtz, Michael	M53	Atlanta Track Club	NT
23	Clista, Brian	M52	Unattached	NT
24	McKenzie, John	M53	Potomac Valley Track Club	NT

Event 566 M55 800 Meter Run (19)

Sunday 3/3/19 - 11:14 AM

	Name	Age	Team	Seed Time
1	Kashulines Jr, Peter	M55	Unattached	2:10.50
2	Moody, Corey	M57	Unattached	2:14.00
3	Williams, Tyrone	M59	Unattached	2:15.10
4	Chisholm, Chris	M56	Hartford Track Club	2:15.83
5	Wilkes, David	M59	Atlanta Track Club	2:16.00
6	Chilton, Steven	M55	Unattached	2:18.00
7	Mayberry, Bryan	M55	Sierra Gold	2:18.60
8	Character, William	M57	Unattached	2:20.00
9	Watry, James	M56	So Cal Track Club	2:20.00
10	Rash, Bruce	M57	Greater Philadelphia TC	2:21.00
11	*Gottzmann, Andreas	M57	Germany	2:23.25
12	Shields III, Charles	M59	Greater Philadelphia TC	2:27.57
13	Drueckhammer, Dale	M58	Northport Running Club	2:28.68

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Event 566 ... (M55 800 Meter Run (19))

	Name	Age	Team	Seed Time
14	Crelli, Stephen	M59	Athletics East Track Club	2:31.00
15	Williamson, Duane	M55	Potomac Valley Track Club	2:37.00
16	Becker Jr, Bruce	M57	Athletics East Track Club	2:39.00
17	Spencer, Mike	M59	Atlanta Track Club	2:39.00
18	Walls, Vincent	M59	Over The Hill TC	NT
19	Fedele, Michael	M56	Unattached	NT

Event 567 M60 800 Meter Run (22)

Sunday 3/3/19 - 11:06 AM

	Name	Age	Team	Seed Time
1	Lindsay, Jeff	M60	Unattached	2:18.00
2	Westenberg, David	M61	Unattached	2:19.16
3	Chantry, Stephen	M64	Colonial Road Runners	2:23.15
4	Whitaker, Robert	M60	Colonial Road Runners	2:26.66
5	Samaha, Richard	M60	Colonial Road Runners	2:27.85
6	Wood, Blake	M60	So Cal Track Club	2:30.00
7	DeLoache, Bill	M61	Charlotte Running Club	2:31.80
8	McGregor, Rodney	M62	So Cal Track Club	2:32.00
9	Conheady, Timothy	M62	Greater Philadelphia TC	2:33.76
10	Wrzosek, Thomas	M62	Unattached	2:35.00
11	Bond, Ric	M61	Genesee Valley Harriers	2:35.00
12	Davis, Curtis	M61	Potomac Valley Track Club	2:36.48
13	Peterson, Rick	M60	Minnesota Distance Running Ass	2:38.52
14	Scott, Robert	M63	So Cal Track Club	2:39.00
15	Draim, Bob	M64	Potomac Valley Track Club	2:40.00
16	Kollars, Steven	M60	Unattached	2:40.00
17	Dunigan, Patrick	M62	Unattached	2:45.00
18	Smith, Duncan	M60	Greater Philadelphia TC	2:46.00
19	Fager, Edwin	M60	Twin City Track Club	2:48.00
20	Mason, Reginald	M63	Atlanta Track Club	2:48.00
21	Riss, Robert	M61	Unattached	2:56.39
22	Miller, Patrick	M64	Unattached	NT

Event 568 M65 800 Meter Run (19)

Sunday 3/3/19 - 10:58 AM

	Name	Age	Team	Seed Time
1	Shaheed, Nolan	M69	So Cal Track Club	2:31.00
2	Haywood, George	M66	Houston Elite	2:36.00
3	Schoffman, Jim	M65	Mass Velocity Track Club	2:38.00
4	McMullen, Tim	M66	Genesee Valley Harriers	2:38.00
5	Plaster, Tony	M67	Shore Athletic Club	2:40.00
6	Amadon, Bill	M66	Unattached	2:40.00
7	Vercollone, John	M69	Boston Athletic Association	2:43.39
8	Salazar, David	M68	Unattached	2:45.98
9	Beeson, Marty	M68	Unattached	2:50.00
10	Williams, David	M67	Eastern Buckeye Track Club	2:52.03
11	Hower, Richard	M67	Potomac Valley Track Club	2:53.10
12	Todd, Jack	M66	Unattached	2:55.00
13	Jackson, Mark	M65	Unattached	3:00.00
14	Tillery, John	M68	Unattached	3:09.00
15	Wind, Jay	M69	Potomac Valley Track Club	3:20.00

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Event 568 ... (M65 800 Meter Run (19))

	Name	Age	Team	Seed Time
16	Harper, Turran	M67	Unattached	2:38:00.00
17	Howk, Neil	M65	Unattached	NT
18	Barnes, Manuel	M66	Unattached	NT
19	Morgan III, Morris	M69	Unattached	NT

Event 569 M70 800 Meter Run (16)

Sunday 3/3/19 - 10:50 AM

	Name	Age	Team	Seed Time
1	Learned, Jerry	M70	Atlanta Track Club	2:30.00
2	Patton, Gary	M73	So Cal Track Club	2:40.15
3	Talib, Salih	M73	So Cal Track Club	2:42.00
4	Wigger, Tim	M71	So Cal Track Club	2:42.25
5	Pate, Ronald	M72	Hawaii Champs	2:43.17
6	Nolan, Harold	M71	Shore Athletic Club	2:48.52
7	Smith, Jay	M70	Piedmont Pacers Track Club	2:54.01
8	Byrd, John	M71	Unattached	3:03.00
9	Krueger, Charles	M72	Twin City Track Club	3:08.34
10	Glass, Dave	M72	Atlanta Track Club	3:10.00
11	Peterson, David	M71	Atlanta Track Club	3:11.00
12	Mathies, Drue	M72	Sierra Gold	3:12.40
13	Flynn, Mark	M70	Atlanta Track Club	3:14.40
14	Weiner, Robert	M71	Potomac Valley Track Club	NT
15	Benedict, Sam	M72	Atlanta Track Club	NT
16	Gerson, Jeffrey	M71	Over The Hill TC	NT

Event 571 M75 800 Meter Run (8)

Sunday 3/3/19 - 10:45 AM

	Name	Age	Team	Seed Time
1	Carter, Joe	M75	Atlanta Track Club	3:00.00
2	Jennings, Thomas	M75	Greater Philadelphia TC	3:05.00
3	Lieberman, Hal	M76	Central Park Track Club (CPTC)	3:20.00
4	McDonald, Maurice	M78	Atlanta Track Club	3:34.64
5	Turner Sr, David	M79	Atlanta Track Club	NT
6	Barnum, Larry	M75	Unattached	NT
7	Goodhue, Doug	M77	Ann Arbor Track Club	NT
8	King, Robert	M79	Sierra Gold	NT

Event 572 M80 800 Meter Run (11)

Sunday 3/3/19 - 10:38 AM

	Name	Age	Team	Seed Time
1	Stewart, Mack	M81	Unattached	3:21.00
2	Spencer, Bill	M82	New England 65 Plus Runners Cl	3:40.00
3	Rush, C Christopher	M82	Adirondack Athletic Club	3:43.37
4	Beckett, James	M80	Sierra Gold	3:47.60
5	Cordero, Joe	M80	Unattached	4:02.00
6	Ogden, Ken	M82	Oregon Track Club	4:10.00
7	Hosken, William	M81	Parkside Athletic Club	4:11.08
8	Turner, Kermit	M82	Unattached	4:16.03
9	Elliott, John	M80	Potomac Valley Track Club	NT
10	Craven, Adrian	M82	Unattached	NT
11	LeVasseur, Jerry	M81	New England 65 Plus Runners Cl	NT

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Event 573 M85-94 800 Meter Run (3)

Sunday 3/3/19 - 10:30 AM

Lane	Name	Age	Team	Seed Time
M85... (Event 573 M85-94 800 Meter Run (3))				
1	Cantu, Inocencio	M85	Potomac Valley Track Club	3:45:01.00
2	Smith, F Alan	M87	Florida Athletic Club	NT

M90

1	Hemphill, Dixon	M94	Potomac Valley Track Club	NT
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Event 581 M30-39 1 Mile Run (9)

Saturday 3/2/19 - 3:24 PM

Lane	Name	Age	Team	Seed Time
M30				
1	Carson, Jason	M34	Unattached	4:40.00
2	Peyton Jr, Stanley	M32	Unattached	4:45.00
3	Duggan, Bob	M32	Checkers AC	4:55.00
4	Stasulis, Jerry	M34	Atlanta Track Club	NT
5	Perri, Michael	M32	Unattached	NT

M35

1	Lee, Jonathan	M37	New York Athletic Club (NYAC)	4:33.00
2	Tripp, Alan	M38	Unattached	4:55.00
3	Thompson, La Roi	M39	TNT International Racing Club	NT
4	Cooke, David	M37	Unattached	NT

Event 582 M40 1 Mile Run (12)

Saturday 3/2/19 - 3:15 PM

Name	Age	Team	Seed Time	
1	Unger, TJ	M40	HFC Striders	4:29.25
2	Butler, Brock	M41	Greater Philadelphia TC	4:34.80
3	Welsh, David	M41	Unattached	4:38.75
4	Walchinsky, Mark	M40	Potomac Valley Track Club	4:44.00
5	Rieth, Tim	M43	Genesee Valley Harriers	4:48.00
6	Hernandez, Christopher	M42	Genesee Valley Harriers	4:50.00
7	Santoro, Clint	M43	Unattached	4:55.00
8	Boles, Tommy	M41	Unattached	5:09.99
9	Joy, Patrick	M40	Greater Boston Track Club	5:15.00
10	Almarode, Andy	M43	Colonial Road Runners	5:15.47
11	Flanigan, Robert	M42	Unattached	NT
12	Navarro Jr, Abel	M44	Unattached	NT

Event 583 M45 1 Mile Run (9)

Saturday 3/2/19 - 3:06 PM

Name	Age	Team	Seed Time	
1	*Alvarez Frías Sr., Manuel Javier	M46	Spain	4:29.55
2	Williams, Mark	M46	Unattached	4:36.41
3	Smith, Miles	M48	Unattached	4:39.00
4	Slavinski, Dave	M47	Unattached	4:50.00
5	Schumann, Keith	M48	Colonial Road Runners	4:56.00
6	Sturdevant, Chris	M46	Unattached	5:10.00
7	Lanier, Kareem	M46	TNT International Racing Club	NT
8	Oxendine Jr, Andrew	M45	Unattached	NT
9	Murphy, William	M49	Unattached	NT

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Event 585 M50 1 Mile Run (21)

Saturday 3/2/19 - 2:48 PM

	Name	Age	Team	Seed Time
1	Novak, Charles	M51	Unattached	4:40.00
2	Summay, Landen	M53	Unattached	4:50.00
3	Crowley, Brian	M54	Garmin Runners	4:51.23
4	McManus, Mike	M53	HOKA Aggie Running Club	4:52.00
5	Nier, Mike	M54	Genesee Valley Harriers	4:54.00
6	Nyhan, Sean	M50	Unattached	4:54.00
7	Cakouros, Jason	M53	HFC Striders	4:54.00
8	Burdett, Francis	M54	Greater Springfield Harriers,	4:58.79
9	Grandfield, Scott	M53	Unattached	4:59.92
10	Kruelle, Chuck	M51	Greater Philadelphia TC	5:07.00
11	Bandettini, Peter	M53	Unattached	5:07.00
12	Kavanaugh, Patrick	M50	Unattached	5:10.00
13	Flanders, Dale	M53	Genesee Valley Harriers	5:12.00
14	Reed, Todd	M53	Unattached	5:17.00
15	Benter, Brad	M51	Alaska Mountain Runners	5:20.00
16	Newsham, Bill	M54	Greater Boston Track Club	5:29.00
17	Molteni, Ronald	M53	Potomac Valley Track Club	6:10.00
18	Clista, Brian	M52	Unattached	7:10.20
19	Scholtz, Michael	M53	Atlanta Track Club	NT
20	Baer II, Joseph	M50	Unattached	NT
21	Rivera, Joe	M52	Unattached	NT

Event 586 M55 1 Mile Run (20)

Saturday 3/2/19 - 2:30 PM

	Name	Age	Team	Seed Time
1	Kashulines Jr, Peter	M55	Unattached	4:53.00
2	Chisholm, Chris	M56	Hartford Track Club	4:58.87
3	Billig, Patrick	M56	Unattached	5:03.50
4	Monteau, Daniel	M55	Unattached	5:04.00
5	Enicks IV, William	M59	So Cal Track Club	5:04.00
6	Crelli, Stephen	M59	Athletics East Track Club	5:05.00
7	Mayberry, Bryan	M55	Sierra Gold	5:06.50
8	Mazo, Daniel	M55	Greater Philadelphia TC	5:12.00
9	Shotts, David	M57	Unattached	5:14.00
10	Chilton, Steven	M55	Unattached	5:15.00
11	Drueckhammer, Dale	M58	Northport Running Club	5:29.29
12	Williamson, Duane	M55	Potomac Valley Track Club	5:40.00
13	Becker Jr, Bruce	M57	Athletics East Track Club	5:42.00
14	Poulos, Ted	M57	Potomac Valley Track Club	5:48.67
15	McLaughlin, Terence	M58	Potomac Valley Track Club	5:52.48
16	Rush, Dietrich	M55	Unattached	6:21.00
17	Gradp, Jeffrey	M56	Unattached	7:00:00.00
18	Spencer, Mike	M59	Atlanta Track Club	NT
19	Fedele, Michael	M56	Unattached	NT
20	Goldstein, Adam	M59	Unattached	NT

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Event 587 M60 1 Mile Run (18)

Saturday 3/2/19 - 2:20 PM

	Name	Age	Team	Seed Time
1	Chantry, Stephen	M64	Colonial Road Runners	5:10.50
2	Westenberg, David	M61	Unattached	5:12.64
3	Whitaker, Robert	M60	Colonial Road Runners	5:19.93
4	Wood, Blake	M60	So Cal Track Club	5:29.00
5	Riccardi, Timothy	M60	Genesee Valley Harriers	5:30.00
6	Hawkins, Mark	M60	Nittany Valley Running Club	5:32.00
7	Kollars, Steven	M60	Unattached	5:34.00
8	Conheady, Timothy	M62	Greater Philadelphia TC	5:34.75
9	Leddy, Harold	M64	Shore Athletic Club	5:37.00
10	Rybinski, Mark	M63	Genesee Valley Harriers	5:40.00
11	Scott, Robert	M63	So Cal Track Club	5:52.00
12	Dunigan, Patrick	M62	Unattached	6:00.00
13	Drain, Bob	M64	Potomac Valley Track Club	6:00.00
14	Szczesiul, Fred	M61	Unattached	6:40.00
15	Arcand Jr, Albert	M63	Potomac Valley Track Club	8:00.00
16	Feick, Brent	M63	Philadelphia Masters	8:00.00
17	Parsley, John	M61	Unattached	NT
18	Miller, Patrick	M64	Unattached	NT

Event 588 M65 1 Mile Run (18)

Saturday 3/2/19 - 2:15 PM

	Name	Age	Team	Seed Time
1	Morrell, William	M68	Unattached	5:27.00
2	Johnston, John	M65	Unattached	5:33.00
3	McCormack, Tom	M65	Atlanta Track Club	5:40.00
4	Shaheed, Nolan	M69	So Cal Track Club	5:41.00
5	McMullen, Tim	M66	Genesee Valley Harriers	5:50.00
6	Vercollone, John	M69	Boston Athletic Association	5:52.90
7	Qualls, Robert	M66	River City Rebels	6:12.28
8	Bergmann, Seth	M69	Unattached	6:41.00
9	McKee, Ernest	M66	Unattached	7:00.00
10	Tillery, John	M68	Unattached	7:02.00
11	Wind, Jay	M69	Potomac Valley Track Club	7:28.00
12	Allcorn, Thomas	M66	Over The Hill TC	NT
13	Williams, David	M67	Eastern Buckeye Track Club	NT
14	Carnahan, Fred	M65	LRC Racing	NT
15	Amadon, Bill	M66	Unattached	NT
16	Howk, Neil	M65	Unattached	NT
17	Schoffman, Jim	M65	Mass Velocity Track Club	NT
18	Salazar, David	M68	Unattached	NT

Event 589 M70 1 Mile Run (18)

Saturday 3/2/19 - 2:05 PM

	Name	Age	Team	Seed Time
1	Pate, Ronald	M72	Hawaii Champs	5:35.97
2	Patton, Gary	M73	So Cal Track Club	5:45.04
3	Wigger, Tim	M71	So Cal Track Club	5:59.00
4	Nolan, Harold	M71	Shore Athletic Club	6:02.43
5	Roeske, John	M70	Boulder Road Runners	6:05.29

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Event 589 ... (M70 1 Mile Run (18))

	Name	Age	Team	Seed Time
6	Learned, Jerry	M70	Atlanta Track Club	6:15.00
7	Glass, Dave	M72	Atlanta Track Club	6:45.00
8	Byrd, John	M71	Unattached	6:50.00
9	Smith, Jay	M70	Piedmont Pacers Track Club	6:51.76
10	Mathies, Drue	M72	Sierra Gold	7:19.65
11	Whitt, Randy	M72	Charlotte Track Club	8:01.00
12	Weiner, Robert	M71	Potomac Valley Track Club	NT
13	Williams, Morris	M74	Atlanta Track Club	NT
14	Benedict, Sam	M72	Atlanta Track Club	NT
15	Flynn, Mark	M70	Atlanta Track Club	NT
16	Gerson, Jeffrey	M71	Over The Hill TC	NT
17	Lenahan, Joseph	M72	Atlanta Track Club	NT
18	Peterson, David	M71	Atlanta Track Club	NT

Event 590 M75 1 Mile Run (8)

Saturday 3/2/19 - 1:55 PM

	Name	Age	Team	Seed Time
1	Goodhue, Doug	M77	Ann Arbor Track Club	6:13.00
2	Jennings, Thomas	M75	Greater Philadelphia TC	6:28.00
3	King, Robert	M79	Sierra Gold	6:52.36
4	Carter, Joe	M75	Atlanta Track Club	6:56.00
5	McDonald, Maurice	M78	Atlanta Track Club	7:02.82
6	Lieberman, Hal	M76	Central Park Track Club (CPTC)	7:20.00
7	Turner Sr, David	M79	Atlanta Track Club	NT
8	Bligh Jr, Ed	M76	Atlanta Track Club	NT

Event 591 M80-99 1 Mile Run (12)

Saturday 3/2/19 - 1:40 PM

Lane	Name	Age	Team	Seed Time
M80				
1	Spencer, Bill	M82	New England 65 Plus Runners Cl	8:00.00
2	Ogden, Ken	M82	Oregon Track Club	9:10.00
3	Cordero, Joe	M80	Unattached	9:19.00
4	Rush, C Christopher	M82	Adirondack Athletic Club	NT
5	Turner, Kermit	M82	Unattached	NT
6	Beckett, James	M80	Sierra Gold	NT
7	Hosken, William	M81	Parkside Athletic Club	NT
8	Elliott, John	M80	Potomac Valley Track Club	NT
9	Motz, Fred	M80	Atlanta Track Club	NT

M85

1 Cantu, Inocencio M85 Potomac Valley Track Club 7:59:00.00

M90

1 Hemphill, Dixon M94 Potomac Valley Track Club NT

M95

1 Englert, Roy M96 Potomac Valley Track Club NT

Event 603 M30-49 3000 Meter Run (24)

Friday 3/1/19 - 5:50 PM

Lane	Name	Age	Team	Seed Time
M30				
1	Duggan, Bob	M32	Checkers AC	9:43.00

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M30... (Event 603 M30-49 3000 Meter Run (24))

2	Stasulis, Jerry	M34	Atlanta Track Club	NT
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M35

1	Lee, Jonathan	M37	New York Athletic Club (NYAC)	8:55.00
2	Tripp, Alan	M38	Unattached	10:25.00
3	Cheormei, David	M39	Roanoke Valley Elite	NT
4	Masland, Caleb	M37	Unattached	NT

M40

1	Butler, Brock	M41	Greater Philadelphia TC	9:05.00
2	Chupa, Zach	M43	Pike Creek Valley Running Club	9:10.00
3	Angell, David	M42	Roanoke Valley Elite	9:14.47
4	Welsh, David	M41	Unattached	9:15.00
5	Unger, TJ	M40	HFC Striders	9:15.38
6	Page, Jason	M44	Bull City Track Club	9:30.00
7	Santoro, Clint	M43	Unattached	9:55.00
8	Boles, Tommy	M41	Unattached	10:10.87
9	Yerger, Robert	M42	Unattached	NT
10	Magidin, Dmitry	M40	Unattached	NT
11	Flanigan, Robert	M42	Unattached	NT
12	Snider, Jerry	M44	Unattached	NT

M45

1	Slavinski, Dave	M47	Unattached	9:10.00
2	Sydow, Brian	M45	Atlanta Track Club	9:30.00
3	Bryant, Jason	M46	Appalachian Mountain Goats	10:32.01
4	Chasse, Craig	M49	Potomac Valley Track Club	10:54.39
5	Lanier, Kareem	M46	TNT International Racing Club	NT
6	Lanier, Kyle	M46	TNT International Racing Club	NT

Event 604 M50-59 3000 Meter Run (19)

Friday 3/1/19 - 5:35 PM

Lane	Name	Age	Team	Seed Time
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M50

1	Cakouros, Jason	M53	HFC Striders	9:42.00
2	McManus, Mike	M53	HOKA Aggie Running Club	9:48.47
3	Burdett, Francis	M54	Greater Springfield Harriers,	9:49.43
4	Kavanaugh, Patrick	M50	Unattached	10:20.00
5	Flanders, Dale	M53	Genesee Valley Harriers	10:24.00
6	Siriano, Scott	M52	Unattached	10:37.00
7	Rivera, Joe	M52	Unattached	NT
8	Nyhan, Sean	M50	Unattached	NT

M55

1	Billig, Patrick	M56	Unattached	9:58.89
2	Neff, Mark	M56	Athletics East Track Club	10:11.94
3	Mazo, Daniel	M55	Greater Philadelphia TC	10:15.02
4	Roberts, Phil	M56	Unattached	10:48.00
5	Enicks IV, William	M59	So Cal Track Club	10:48.00
6	Crelli, Stephen	M59	Athletics East Track Club	10:48.00
7	Poulos, Ted	M57	Potomac Valley Track Club	11:34.90
8	Williamson, Duane	M55	Potomac Valley Track Club	11:37.00
9	Rush, Dietrich	M55	Unattached	12:31.00
10	McLaughlin, Terence	M58	Potomac Valley Track Club	NT
11	Fedele, Michael	M56	Unattached	NT

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Event 607 M60-69 3000 Meter Run (19)

Friday 3/1/19 - 5:15 PM

Lane	Name	Age	Team	Seed Time
M60... (Event 607 M60-69 3000 Meter Run (19))				
1	Chantry, Stephen	M64	Colonial Road Runners	10:25.17
2	Westenberg, David	M61	Unattached	10:28.56
3	Whitaker, Robert	M60	Colonial Road Runners	10:32.32
4	Wood, Blake	M60	So Cal Track Club	10:50.00
5	Riccardi, Timothy	M60	Genesee Valley Harriers	10:59.00
6	Kollars, Steven	M60	Unattached	11:14.00
7	Leddy, Harold	M64	Shore Athletic Club	11:25.00
8	Drain, Bob	M64	Potomac Valley Track Club	12:20.00
9	Dunigan, Patrick	M62	Unattached	12:45.00
10	Rivera, Manuel	M63	Unattached	NT
11	Brubaker, William	M63	Unattached	NT

M65

1	McCormack, Tom	M65	Atlanta Track Club	12:00.00
2	Qualls, Robert	M66	River City Rebels	12:09.53
3	Bergmann, Seth	M69	Unattached	13:07.00
4	Wind, Jay	M69	Potomac Valley Track Club	15:00.00
5	Shaheed, Nolan	M69	So Cal Track Club	NT
6	Barnes, Manuel	M66	Unattached	NT
7	Carnahan, Fred	M65	LRC Racing	NT
8	Kolling, Alan	M67	Sierra Gold	NT

Event 608 M70 3000 Meter Run (15)

Friday 3/1/19 - 4:55 PM

Name	Age	Team	Seed Time	
1	Roeske, John	M70	Boulder Road Runners	11:57.36
2	Patton, Gary	M73	So Cal Track Club	11:58.49
3	Nolan, Harold	M71	Shore Athletic Club	12:14.71
4	Glass, Dave	M72	Atlanta Track Club	13:45.00
5	Mathies, Drue	M72	Sierra Gold	13:53.50
6	Price, Roger	M70	Shore Athletic Club	14:00.00
7	Benedict, Sam	M72	Atlanta Track Club	14:12.63
8	Learned, Jerry	M70	Atlanta Track Club	15:00.00
9	Whitt, Randy	M72	Charlotte Track Club	15:41.00
10	Williams, Morris	M74	Atlanta Track Club	15:57.00
11	Talib, Salih	M73	So Cal Track Club	NT
12	Wigger, Tim	M71	So Cal Track Club	NT
13	Flynn, Mark	M70	Atlanta Track Club	NT
14	Lenahan, Joseph	M72	Atlanta Track Club	NT
15	Peterson, David	M71	Atlanta Track Club	NT

Event 609 M75-99 3000 Meter Run (15)

Friday 3/1/19 - 4:25 PM

Lane	Name	Age	Team	Seed Time
M75				
1	Jennings, Thomas	M75	Greater Philadelphia TC	13:08.00
2	Carter, Joe	M75	Atlanta Track Club	14:40.00
3	Noyes, John	M77	Unattached	14:41.00
4	King, Robert	M79	Sierra Gold	15:22.20

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M75... (Event 609 M75-99 3000 Meter Run (15))

5	Bligh Jr, Ed	M76	Atlanta Track Club	NT
6	Turner Sr, David	M79	Atlanta Track Club	NT
7	Goodhue, Doug	M77	Ann Arbor Track Club	NT

M80

1	Ogden, Ken	M82	Oregon Track Club	19:21.00
2	Hosken, William	M81	Parkside Athletic Club	NT
3	Motz, Fred	M80	Atlanta Track Club	NT
4	Cordero, Joe	M80	Unattached	NT
5	Beckett, James	M80	Sierra Gold	NT
6	Elliott, John	M80	Potomac Valley Track Club	NT

M90

1	Hemphill, Dixon	M94	Potomac Valley Track Club	NT
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M95

1	Englert, Roy	M96	Potomac Valley Track Club	NT
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Event 641 M30-39 60 Meter Hurdles (3)

Saturday 3/2/19 - 5:28 PM

Lane	Name	Age	Team	Seed Time
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M30

1	Lindsay, Brandon	M30	Unattached	8.42
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M35

1	Marenin, Roman	M35	Unattached	8.54
2	Craig, Raffael	M38	Millville Track Club	8.64

Event 643 M40 60 Meter Hurdles (9) Prelims

Saturday 3/2/19 - 4:13 PM

Name	Age	Team	Seed Time
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1	Souza, Jeferson	M44	Unattached	8.60
2	Ricketts, Christopher	M41	Unattached	8.60
3	Mack Jr, Roger	M41	Unattached	8.70
4	Manning, Adam	M44	Unattached	8.99
5	Ricketts, Brian	M41	Unattached	9.00
6	Maxwell, Mitchell	M44	Southwest Sprinters Track Club	9.20
7	Todd Sr, Blair	M41	Potomac Valley Track Club	NT
8	Murdock, Daniel	M44	TNT International Racing Club	NT
9	Shannon, Edwin	M42	Unattached	NT

Event 644 M45 60 Meter Hurdles (6)

Saturday 3/2/19 - 5:20 PM

Name	Age	Team	Seed Time
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1	Drummond, Don	M49	Southwest Sprinters Track Club	8.52
2	Henson, Arthur	M49	Charlotte Track Club	8.95
3	Hamilton, Matt	M46	Unattached	NT
4	Jackson, Michael	M46	TNT International Racing Club	NT
5	Brown, Eric	M46	Unattached	NT
6	Ash, David	M48	TNT International Racing Club	NT

Event 645 M50 60 Meter Hurdles (9) Prelims

Saturday 3/2/19 - 4:10 PM

Name	Age	Team	Seed Time
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1	Pye, Derek	M51	Southwest Sprinters Track Club	8.24
2	Vickers, Karnell	M52	Unattached	8.61
3	Faulkner, Lee	M50	Potomac Valley Track Club	10.23
4	Gates, David	M51	Oregon Track Club	11.15

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Event 645 ... (M50 60 Meter Hurdles (9) Prelims)

	Name	Age	Team	Seed Time
5	Bennett, Phillip	M54	Unattached	11.20
6	Beretich, Thomas	M53	Unattached	12.24
7	Smith, Douglas	M54	Unattached	NT
8	Lowery, Bo	M53	Charlotte Track Club	NT
9	McKenzie, John	M53	Potomac Valley Track Club	NT

Event 646 M55 60 Meter Hurdles (7)

Saturday 3/2/19 - 5:10 PM

	Name	Age	Team	Seed Time
1	*Smith, Karl	M59	Jamaica	8.56
2	Jones Sr, Michael	M59	Unattached	9.22
3	Brower, Jeff	M59	Waterloo TF Club	10.50
4	Pryor, John	M58	Unattached	11.00
5	Allaire, John	M59	Unattached	12.06
6	*Lindsay, Howard	M55	Antigua and Barbuda	NT
7	McQuitter, Keith	M59	Shore Athletic Club	NT

Event 647 M60 60 Meter Hurdles (14) Prelims

Saturday 3/2/19 - 4:00 PM

	Name	Age	Team	Seed Time
1	Hadrick, John	M61	TNT International Racing Club	9.44
2	Anton, Eugene	M61	So Cal Track Club	9.70
3	Atherton, Rodney	M62	Unattached	10.03
4	Royer, Dan	M60	Potomac Valley Track Club	10.18
5	Ruebel, Noel	M62	Unattached	10.40
6	Jakubowski, Mark	M61	Unattached	10.76
7	Lambert, John	M60	Unattached	11.11
8	McLawhorn, David	M64	So Cal Track Club	11.81
9	Markley, Anthony	M64	Potomac Valley Track Club	11.83
10	*Elliott, Craig	M61	Australia	13.05
11	Russ, Jim	M62	Unattached	NT
12	Billingsley III, John	M61	Pony Express Track & Field Clu	NT
13	Griffin Jr, Cecil	M61	Unattached	NT
14	McDaniels, Robert	M61	MacCanDo Tenderloin Youth Trac	NT

Event 648 M65 60 Meter Hurdles (13) Prelims

Saturday 3/2/19 - 3:55 PM

	Name	Age	Team	Seed Time
1	Wilson Sr, Thaddeus	M68	Pacific Coast Track Club	9.55
2	Bolling, Ronald	M66	Unattached	9.75
3	Siu, Max	M66	SC Striders Track Club	10.11
4	Haywood, George	M66	Houston Elite	10.25
5	Jacquet-Acea, Russell	M66	Club Northwest	10.54
6	*Thompson, Peter	M69	Great Britain and Northern Ire	10.76
7	Easley, Ricky	M65	So Cal Track Club	10.82
8	Snodgrass, Ernie	M66	Big River Racing	10.98
9	Black, David	M66	Unattached	11.67
10	Malin, James	M67	Balboa Track Club	12.06
11	Baskauskas, Edward	M68	Unattached	13.48
12	Broun, James	M67	Unattached	NT
13	Lacey, Kenneth	M65	Unattached	NT

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Event 649 M70 60 Meter Hurdles (9) Prelims

Saturday 3/2/19 - 3:46 PM

	Name	Age	Team	Seed Time
1	Tavares, Wayne	M71	Greater Boston Track Club	11.27
2	White, Randall	M70	Unattached	11.50
3	Monesmith, Frederick	M70	Shore Athletic Club	11.78
4	Black, Ivan	M70	Shore Athletic Club	11.81
5	Olson, Randall	M71	Unattached	12.50
6	Harmon, Richard	M70	Unattached	13.58
7	Scelsi, Howard	M74	Unattached	NT
8	Druckrey, Stanley	M70	Wisconsin Runner Racing Team	NT
9	Nolly, Lawrence	M70	TNT International Racing Club	NT

Event 650 M75 60 Meter Hurdles (5)

Saturday 3/2/19 - 4:36 PM

	Name	Age	Team	Seed Time
1	Booth, Howard	M75	Unattached	12.73
2	Morgan, Curtis	M76	Philadelphia Masters	13.00
3	Gomillion, Thomas	M76	Potomac Valley Track Club	13.67
4	Wuth, William	M78	Atlanta Track Club	NT
5	Marovich, David	M75	Philadelphia Masters	NT

Event 651 M80-94 60 Meter Hurdles (4)

Saturday 3/2/19 - 4:23 PM

Lane	Name	Age	Team	Seed Time
M80				
1	Vergin, Roger	M81	Club Northwest	12.08
M85				
1	Jankovich, William	M85	Unattached	NT
2	Clark, William	M85	Unattached	NT
M90				
1	Roudebush, George	M93	Over The Hill TC	0.45

Event 701 M30-44 Long Jump (18)

Saturday 3/2/19 - 8:00 AM

Pos	Name	Age	Team	Seed Mark
M40				
1	Porter Jr, John	M40	TNT International Racing Club	6.07m
2	Maxwell, Mitchell	M44	Southwest Sprinters Track Club	5.90m
3	Robbins, Josh	M42	Arizona Flames Track Club	5.62m
4	Murdock, Daniel	M44	TNT International Racing Club	5.50m
5	Maggit, Quincy	M40	Unattached	ND
6	*Senso Castilla, Fernando	M44	Spain	ND
7	Kortequee, Tamba	M40	Unattached	ND
8	Phillips, Clinton	M44	Unattached	ND
9	Melton, Jason	M42	Unattached	ND
10	Arnold, Rob	M43	Unattached	ND
M35				
1	Caldwell, Charles	M37	Kansas City Smoke	6.65m
2	James, Jason	M38	Unattached	6.30m
3	Cuadrado, Omar	M38	Unattached	6.16m
4	Thomas, Jeff	M37	Unattached	5.92m
5	Sullivan, Michael	M38	Unattached	ND

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M35... (Event 701 M30-44 Long Jump (18))

6	Craig, Raffael	M38	Millville Track Club	ND
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M30

1	Lindsay, Brandon	M30	Unattached	7.04m
2	Stasulis, Jerry	M34	Atlanta Track Club	ND

Event 703 M45 Long Jump (10)

Saturday 3/2/19 - 11:00 AM

	Name	Age	Team	Seed Mark
1	Henson, Arthur	M49	Charlotte Track Club	5.83m
2	Mason, Christopher	M45	Personal Touch Athletics	5.77m
3	Joachim, George	M48	Southwest Sprinters Track Club	5.76m
4	Mathews, Carlos	M45	TNT International Racing Club	5.00m
5	Bryant, Dmitri	M45	Unattached	ND
6	Phan, Derick	M45	Unattached	ND
7	Moore II, Stephen	M45	Unattached	ND
8	Adkins Jr, Lee	M46	Unattached	ND
9	Hamilton, Matt	M46	Unattached	ND
10	Gould, Joel	M48	Atlanta Track Club	ND

Event 705 M50 Long Jump (15)

Saturday 3/2/19 - 2:30 PM

	Name	Age	Team	Seed Mark
1	Warren, Mark	M51	Unattached	5.40m
2	Barr, James	M51	Potomac Valley Track Club	5.30m
3	Sarsony, Chris	M51	Piedmont Pacers Track Club	4.11m
4	Beretich, Thomas	M53	Unattached	4.03m
5	Samiec, James	M52	Potomac Valley Track Club	ND
6	Oneal Jr, Ralph	M51	Unattached	ND
7	Pye, Derek	M51	Southwest Sprinters Track Club	ND
8	Steinhardt, Michael	M52	Unattached	ND
9	Sheehy, Alan	M52	So Cal Track Club	ND
10	McKenzie, John	M53	Potomac Valley Track Club	ND
11	Miles Jr, Leroy	M52	Unattached	ND
12	Faulkner, Lee	M50	Potomac Valley Track Club	ND
13	Nair, Ram	M51	Unattached	ND
14	Nyhan, Sean	M50	Unattached	ND
15	Morrow, Art	M54	So Cal Track Club	ND

Event 706 M55 Long Jump (7)

Saturday 3/2/19 - 1:30 PM

	Name	Age	Team	Seed Mark
1	Long, William	M59	Joy's Jackrabbits Track Club	5.95m
2	Allaire, John	M59	Unattached	5.02m
3	Young, Mike	M57	Unattached	4.67m
4	Pryor, John	M58	Unattached	3.91m
5	Merritt, Lonnie	M56	Cape Fear Flyers NC	3.50m
6	*Lindsay, Howard	M55	Antigua and Barbuda	ND
7	Hankerson, Brian	M59	So Cal Track Club	ND

Event 707 M60 Long Jump (15)

Saturday 3/2/19 - 2:30 PM

	Name	Age	Team	Seed Mark
1	Thurman, Bob	M63	Sierra Gold	5.13m
2	Humphrey, Ronald	M60	Unattached	5.00m

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Event 707 ... (M60 Long Jump (15))

	Name	Age	Team	Seed Mark
3	Smith, Joe	M63	So Cal Track Club	4.91m
4	Atherton, Rodney	M62	Unattached	4.84m
5	McLawhorn, David	M64	So Cal Track Club	4.67m
6	Fisher, Wayne	M64	Charlotte Track Club	4.42m
7	Moeller, Craig	M63	Unattached	4.16m
8	Markley, Anthony	M64	Potomac Valley Track Club	4.12m
9	Jakubowski, Mark	M61	Unattached	4.10m
10	Griffin Jr, Cecil	M61	Unattached	ND
11	Battle, Marcus	M60	Potomac Valley Track Club	ND
12	Crawford, Kenneth	M63	TNT International Racing Club	ND
13	Konsens, Richard	M60	Unattached	ND
14	Janusey, Michael	M61	Unattached	ND
15	Hieskell, Steve	M60	Unattached	ND

Event 708 M65 Long Jump (13)

Saturday 3/2/19 - 1:00 PM

	Name	Age	Team	Seed Mark
1	Leake, Damien	M66	SC Striders Track Club	5.06m
2	Siu, Max	M66	SC Striders Track Club	4.92m
3	Ortman, David	M65	Unattached	4.79m
4	*Thompson, Peter	M69	Great Britain and Northern Ire	4.55m
5	Rockwell, Bob	M68	Unattached	3.94m
6	Black, David	M66	Unattached	3.90m
7	Frontino, James	M69	TNT International Racing Club	3.10m
8	Patterson, Bruce	M67	Unattached	ND
9	Wachtman, Kurt	M65	Unattached	ND
10	Mathis, William	M66	Potomac Valley Track Club	ND
11	Jackson, Mark	M65	Unattached	ND
12	Ozell, Phillip	M68	Atlanta Track Club	ND
13	Easley, Ricky	M65	So Cal Track Club	ND

Event 709 M70 Long Jump (12)

Saturday 3/2/19 - 10:45 AM

	Name	Age	Team	Seed Mark
1	Tavares, Wayne	M71	Greater Boston Track Club	4.00m
2	Black, Ivan	M70	Shore Athletic Club	3.86m
3	Harmon, Richard	M70	Unattached	3.80m
4	Young, Jeff	M70	Potomac Valley Track Club	3.59m
5	Flynn, Daniel	M73	Unattached	3.35m
6	Weiner, Robert	M71	Potomac Valley Track Club	ND
7	Nolly, Lawrence	M70	TNT International Racing Club	ND
8	Tilgner, Ronald	M72	Unattached	ND
9	Flowers, Carl	M72	So Cal Track Club	ND
10	Etter, James	M72	Unattached	ND
11	Martin, Terry	M72	Piedmont Pacers Track Club	ND
12	Hodges, James	M73	Unattached	ND

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Event 711 M75-94 Long Jump (15)

Saturday 3/2/19 - 9:30 AM

Pos	Name	Age	Team	Seed	Mark
M90... (Event 711 M75-94 Long Jump (15))					
1	Roudebush, George	M93	Over The Hill TC		ND
2	Soller, Richard	M92	Unattached		ND
M85					
1	Gray, Ronald	M86	Colorado Masters Track & Field		2.78m
2	Hewitt, Robert	M85	Unattached		ND
3	Clark, William	M85	Unattached		ND
4	Saidel, Burton	M88	Unattached		ND
5	Jankovich, William	M85	Unattached		ND
M80					
1	Vergin, Roger	M81	Club Northwest		3.68m
M75					
1	Isett, Don	M79	Unattached		3.48m
2	Booth, Howard	M75	Unattached		3.42m
3	Morgan, Curtis	M76	Philadelphia Masters		3.40m
4	Skinner Jr, Kenneth	M78	Adirondack Athletic Club		3.27m
5	Sloan, John	M79	Atlanta Track Club		ND
6	Wuth, William	M78	Atlanta Track Club		ND
7	Marovich, David	M75	Philadelphia Masters		ND

Event 721 M30-49 Triple Jump (20)

Sunday 3/3/19 - 8:00 AM

Pos	Name	Age	Team	Seed	Mark
M45					
1	Mason, Christopher	M45	Personal Touch Athletics		11.53m
2	Joachim, George	M48	Southwest Sprinters Track Club		10.82m
3	Moore II, Stephen	M45	Unattached		10.50m
4	Adkins Jr, Lee	M46	Unattached		ND
5	Gould, Joel	M48	Atlanta Track Club		ND
6	Phan, Derick	M45	Unattached		ND
7	Mathews, Carlos	M45	TNT International Racing Club		ND
M40					
1	Murray, Demetrius	M40	Unattached		12.91m
2	Maxwell, Mitchell	M44	Southwest Sprinters Track Club		11.60m
3	McGinley, Patrick	M40	Potomac Valley Track Club		10.78m
4	Murdock, Daniel	M44	TNT International Racing Club		10.60m
5	Kortequee, Tamba	M40	Unattached		ND
6	Gobble, Kevin	M43	Piedmont Pacers Track Club		ND
7	Melton, Jason	M42	Unattached		ND
M35					
1	James, Jason	M38	Unattached		12.80m
2	O'Riley, Tim	M37	Charlotte Track Club		10.36m
3	Pini, Justin	M35	Piedmont Pacers Track Club		8.21m
4	Craig, Raffael	M38	Millville Track Club		ND
5	Thomas, Jeff	M37	Unattached		ND
M30					
1	Braima, Andre	M31	Unattached		ND

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Event 724 M50-59 Triple Jump (18)

Sunday 3/3/19 - 8:00 AM

Pos	Name	Age	Team	Seed Mark
M55... (Event 724 M50-59 Triple Jump (18))				
1	Shell, Bradley	M55	Unattached	10.76m
2	Allaire, John	M59	Unattached	9.37m
3	Young, Mike	M57	Unattached	8.56m
4	Pryor, John	M58	Unattached	8.48m
5	Hankerson, Brian	M59	So Cal Track Club	ND
6	Burke, Michael	M56	TNT International Racing Club	ND
7	Smith, Christopher	M56	Garden State Track Club New Ba	ND

M50

1	Warren, Mark	M51	Unattached	10.00m
2	Neuharth, Dean	M51	Unattached	9.88m
3	Cannon, David	M54	Atlanta Track Club	9.28m
4	Johnson, Eric	M51	Unattached	ND
5	Morrow, Art	M54	So Cal Track Club	ND
6	Ashley, Brian	M50	Unattached	ND
7	Faulkner, Lee	M50	Potomac Valley Track Club	ND
8	Samiec, James	M52	Potomac Valley Track Club	ND
9	Sheehy, Alan	M52	So Cal Track Club	ND
10	Nair, Ram	M51	Unattached	ND
11	Oneal Jr, Ralph	M51	Unattached	ND

Event 725 M60-69 Triple Jump (18)

Sunday 3/3/19 - 12:30 PM

Pos	Name	Age	Team	Seed Mark
M65				
1	Siu, Max	M66	SC Striders Track Club	10.00m
2	Rockwell, Bob	M68	Unattached	9.15m
3	Ortman, David	M65	Unattached	9.09m
4	Richardson, Robert	M65	SC Striders Track Club	9.05m
5	Black, David	M66	Unattached	7.73m
6	Mathis, William	M66	Potomac Valley Track Club	7.60m
7	Frontino, James	M69	TNT International Racing Club	6.24m
8	Patterson, Bruce	M67	Unattached	ND
9	Ozell, Phillip	M68	Atlanta Track Club	ND
10	Wachtman, Kurt	M65	Unattached	ND

M60

1	Smith, Joe	M63	So Cal Track Club	10.90m
2	Humphrey, Ronald	M60	Unattached	10.65m
3	Atherton, Rodney	M62	Unattached	9.66m
4	Moeller, Craig	M63	Unattached	9.44m
5	McLawhorn, David	M64	So Cal Track Club	9.14m
6	Markley, Anthony	M64	Potomac Valley Track Club	8.29m
7	McBarnette, Bruce	M61	Potomac Valley Track Club	ND
8	Battle, Marcus	M60	Potomac Valley Track Club	ND

Event 729 M70 Triple Jump (9)

Sunday 3/3/19 - 9:30 AM

Pos	Name	Age	Team	Seed Mark
1	Sharps, Jim	M74	TNT International Racing Club	8.97m

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Event 729 ... (M70 Triple Jump (9))

	Name	Age	Team	Seed Mark
2	Black, Ivan	M70	Shore Athletic Club	8.86m
3	Monesmith, Frederick	M70	Shore Athletic Club	6.94m
4	Flowers, Carl	M72	So Cal Track Club	ND
5	Olson, Randall	M71	Unattached	ND
6	Tilgner, Ronald	M72	Unattached	ND
7	Hodges, James	M73	Unattached	ND
8	Lenahan, Joseph	M72	Atlanta Track Club	ND
9	Nolly, Lawrence	M70	TNT International Racing Club	ND

Event 730 M75-94 Triple Jump (12)

Sunday 3/3/19 - 9:30 AM

Pos	Name	Age	Team	Seed Mark
M90				
1	Roudebush, George	M93	Over The Hill TC	ND
M85				
1	Hewitt, Robert	M85	Unattached	ND
2	Jankovich, William	M85	Unattached	ND
3	Clark, William	M85	Unattached	ND
M80				
1	Vergin, Roger	M81	Club Northwest	7.95m
2	LeVasseur, Jerry	M81	New England 65 Plus Runners Cl	ND
M75				
1	Morgan, Curtis	M76	Philadelphia Masters	8.01m
2	Holliday, Cook	M76	Atlanta Track Club	6.71m
3	Skinner Jr, Kenneth	M78	Adirondack Athletic Club	6.53m
4	Sloan, John	M79	Atlanta Track Club	ND
5	Marovich, David	M75	Philadelphia Masters	ND
6	Wuth, William	M78	Atlanta Track Club	ND

Event 739 M30-49 High Jump (18)

Sunday 3/3/19 - 10:30 AM

Pos	Name	Age	Team	Seed Mark
M45				
1	Henson, Arthur	M49	Charlotte Track Club	1.71m
2	McCubbins, Matthew	M48	Unattached	1.68m
3	Bell, Roderick	M46	Port City Track Club	1.50m
4	Adkins Jr, Lee	M46	Unattached	NH
5	Babcock, Christopher	M49	Unattached	NH
6	Hamilton, Matt	M46	Unattached	NH
7	Hickman, Will	M45	Unattached	NH
M40				
1	Mishev, Robert	M41	Unattached	1.80m
2	Robbins, Josh	M42	Arizona Flames Track Club	1.75m
3	Maxwell, Mitchell	M44	Southwest Sprinters Track Club	1.65m
4	McGinley, Patrick	M40	Potomac Valley Track Club	1.52m
5	Murdock, Daniel	M44	TNT International Racing Club	1.40m
6	Melton, Jason	M42	Unattached	NH
7	Phillips, Clinton	M44	Unattached	NH
M35				
1	Craig, Raffael	M38	Millville Track Club	2.04m
2	O'Riley, Tim	M37	Charlotte Track Club	1.50m

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M35... (Event 739 M30-49 High Jump (18))

3	Pini, Justin	M35	Piedmont Pacers Track Club	1.50m
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M30

1	Braima, Andre	M31	Unattached	NH
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Event 745 M50-59 High Jump (20)

Sunday 3/3/19 - 10:30 AM

Pos	Name	Age	Team	Seed Mark
M55				
1	Rick, Scott	M55	Unattached	1.70m
2	Vidos, Greg	M58	Unattached	1.65m
3	Shell, Bradley	M55	Unattached	1.60m
4	Clodfelter, Chet	M55	Unattached	1.52m
5	Brower, Jeff	M59	Waterloo TF Club	1.50m
6	Allaire, John	M59	Unattached	1.45m
7	Bruch, Kevin	M59	Unattached	1.45m
8	Stephens, Jeffrey	M58	Unattached	1.40m
9	Young, Mike	M57	Unattached	1.32m
10	Pryor, John	M58	Unattached	1.30m
11	Hankerson, Brian	M59	So Cal Track Club	NH

M50

1	Oneal Jr, Ralph	M51	Unattached	1.70m
2	Ashley, Brian	M50	Unattached	1.70m
3	Barr, James	M51	Potomac Valley Track Club	1.63m
4	Cannon, David	M54	Atlanta Track Club	1.55m
5	Johnson, Eric	M51	Unattached	NH
6	Samiec, James	M52	Potomac Valley Track Club	NH
7	Pytlik Jr, Jim	M50	Unattached	NH
8	Morrow, Art	M54	So Cal Track Club	NH
9	Faulkner, Lee	M50	Potomac Valley Track Club	NH

Event 746 M60 High Jump (12)

Saturday 3/2/19 - 8:45 AM

Name	Age	Team	Seed Mark	
1	Foley, Thomas	M60	Unattached	1.68m
2	Atherton, Rodney	M62	Unattached	1.59m
3	Irion, Glenn	M63	Unattached	1.50m
4	Ruebel, Noel	M62	Unattached	1.45m
5	Finley, Lawrence	M60	Over The Hill TC	1.42m
6	Allen, Jackie	M62	So Cal Track Club	1.40m
7	Markley, Anthony	M64	Potomac Valley Track Club	1.30m
8	*Elliott, Craig	M61	Australia	1.30m
9	*Schaber, Mark	M60	Canada	1.25m
10	Williamson, Mark	M61	So Cal Track Club	NH
11	Griffin Jr, Cecil	M61	Unattached	NH
12	McBarnette, Bruce	M61	Potomac Valley Track Club	NH

Event 747 M65 High Jump (13)

Saturday 3/2/19 - 8:45 AM

Name	Age	Team	Seed Mark	
1	Jamrich, Milan	M68	Unattached	1.50m
2	Ortman, David	M65	Unattached	1.48m
3	Kopp, Steven	M65	Unattached	1.35m
4	Black, David	M66	Unattached	1.35m

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Event 747 ... (M65 High Jump (13))

	Name	Age	Team	Seed Mark
5	Baskauskas, Edward	M68	Unattached	1.30m
6	Ozell, Phillip	M68	Atlanta Track Club	1.25m
7	Watson, Richard	M66	AZ Desert Throwers	1.25m
8	Weaver, Jack	M66	Unattached	NH
9	Wachtman, Kurt	M65	Unattached	NH
10	Heikkila, Tim	M69	Unattached	NH
11	Gabbard, Al	M69	Unattached	NH
12	Mathis, William	M66	Potomac Valley Track Club	NH
13	Lacey, Kenneth	M65	Unattached	NH

Event 749 M70 High Jump (13)

Saturday 3/2/19 - 12:30 PM

	Name	Age	Team	Seed Mark
1	Sauers, James	M70	Atlanta Track Club	1.58m
2	Montieth, David	M73	Unattached	1.50m
3	Tavares, Wayne	M71	Greater Boston Track Club	1.40m
4	Hackel, Steve	M70	Unattached	1.35m
5	Harmon, Richard	M70	Unattached	1.33m
6	Black, Ivan	M70	Shore Athletic Club	1.30m
7	Monesmith, Frederick	M70	Shore Athletic Club	1.25m
8	Frable, Norman	M73	So Cal Track Club	1.25m
9	Flynn, Daniel	M73	Unattached	1.21m
10	Scelsi, Howard	M74	Unattached	1.15m
11	Weiner, Robert	M71	Potomac Valley Track Club	NH
12	Hodges, James	M73	Unattached	NH
13	Lenahan, Joseph	M72	Atlanta Track Club	NH

Event 750 M75-94 High Jump (15)

Saturday 3/2/19 - 12:30 PM

Pos	Name	Age	Team	Seed Mark
M90				
1	Roudebush, George	M93	Over The Hill TC	0.95m
2	Soller, Richard	M92	Unattached	NH
M85				
1	Donley, Jerry	M89	Colorado Masters Track & Field	NH
2	Clark, William	M85	Unattached	NH
3	Jankovich, William	M85	Unattached	NH
4	Hewitt, Robert	M85	Unattached	NH
M80				
1	Vergin, Roger	M81	Club Northwest	1.21m
2	Hostetler Sr, David	M84	Piedmont Pacers Track Club	1.00m
3	Southerlan, Robert	M80	Unattached	NH
M75				
1	Morgan, Curtis	M76	Philadelphia Masters	1.32m
2	Isett, Don	M79	Unattached	1.15m
3	Holliday, Cook	M76	Atlanta Track Club	1.09m
4	Dobroth, John	M77	So Cal Track Club	NH
5	Wuth, William	M78	Atlanta Track Club	NH
6	Marovich, David	M75	Philadelphia Masters	NH

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Event 761 M30-49 Pole Vault (8)

Saturday 3/2/19 - 12:15 PM

Pos	Name	Age	Team	Seed Mark
M45... (Event 761 M30-49 Pole Vault (8))				
1	Tsang, Jeff	M45	Charlotte Track Club	3.66m
2	Bryant, Jason	M46	Appalachian Mountain Goats	3.35m
3	Moore II, Stephen	M45	Unattached	NH
M40				
1	Johnson, Scott	M43	Unattached	4.42m
M35				
1	Schultz, Michael	M38	Unattached	4.53m
2	Gruenbacher, James	M39	Patriot Pole Vault Club - Conn	4.35m
3	Craig, Raffael	M38	Millville Track Club	NH
M30				
1	Vellenoweth, John	M32	Unattached	4.40m

Event 762 M50-59 Pole Vault (19)

Saturday 3/2/19 - 9:00 AM

Pos	Name	Age	Team	Seed Mark
M55				
1	Clodfelter, Chet	M55	Unattached	4.00m
2	Nesbitt, William	M57	Unattached	3.98m
3	Babits, Paul	M58	Unattached	3.96m
4	Golibart, Paul	M56	Unattached	3.53m
5	McGee, Richard	M58	Unattached	3.50m
6	*Schuster, Robert	M55	U.S. Virgin Islands	3.20m
7	Brower, Jeff	M59	Waterloo TF Club	3.10m
8	Calhoun, Mark	M59	Unattached	2.75m
9	Negley, Eric	M58	Unattached	NH
M50				
1	Hood, David	M53	Unattached	3.95m
2	Deats, Flay	M54	Unattached	3.60m
3	Gates, David	M51	Oregon Track Club	3.40m
4	Weitz, Keith	M50	Unattached	3.20m
5	Arata, Michael	M53	Unattached	2.40m
6	Bennett, Phillip	M54	Unattached	2.20m
7	Chapman, Bill	M50	Unattached	NH
8	Keys, James	M53	Potomac Valley Track Club	NH
9	Lacy, Wayne	M52	Unattached	NH
10	Faulkner, Lee	M50	Potomac Valley Track Club	NH

Event 763 M60-69 Pole Vault (25)

Sunday 3/3/19 - 9:00 AM

Pos	Name	Age	Team	Seed Mark
M65				
1	Wenk, James	M67	Unattached	3.40m
2	Huff Jr, Carlton	M66	Shore Athletic Club	3.05m
3	Jacquet-Acea, Russell	M66	Club Northwest	2.90m
4	Dye, Johnnie	M69	Unattached	2.74m
5	St Cyr, Kenneth	M66	So Cal Track Club	NH
6	Mathis, William	M66	Potomac Valley Track Club	NH
7	Angel, David	M67	Unattached	NH

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M60... (Event 763 M60-69 Pole Vault (25))

1	Bunner, Thomas	M63	Unattached	3.65m
2	Atherton, Rodney	M62	Unattached	3.50m
3	Thompson, James	M64	Unattached	3.50m
4	Curry, Donald	M62	Unattached	3.50m
5	Hanes, Steve	M63	Key West Track & Field Club	3.35m
6	Magerkurth, Brian	M60	Philadelphia Masters	3.35m
7	Linn, Leo	M63	Unattached	3.20m
8	Lee, Edwin	M60	Unattached	3.20m
9	Hogan, Michael	M64	Unattached	3.10m
10	McLawhorn, David	M64	So Cal Track Club	3.05m
11	*Schaber, Mark	M60	Canada	3.00m
12	Ruebel, Noel	M62	Unattached	2.90m
13	*Elliott, Craig	M61	Australia	2.50m
14	Morrisette, Brion	M62	Unattached	NH
15	Russ, Jim	M62	Unattached	NH
16	Halverson, Bill	M61	Unattached	NH
17	Stanley, Al	M60	JTC Running	NH
18	Smith, Gerrod	M63	Unattached	NH

Event 765 M70-79 Pole Vault (13)

Friday 3/1/19 - 10:00 AM

Pos	Name	Age	Team	Seed Mark
M75				
1	Isett, Don	M79	Unattached	2.80m
2	Andresen, John	M77	Unattached	2.59m
3	Booth, Howard	M75	Unattached	2.49m
4	Holliday, Cook	M76	Atlanta Track Club	2.40m
5	Marovich, David	M75	Philadelphia Masters	NH
6	Sloan, John	M79	Atlanta Track Club	NH
M70				
1	Metzinger, Gary	M72	Unattached	2.59m
2	Johnson, William	M74	Unattached	2.50m
3	Olson, Randall	M71	Unattached	2.10m
4	Hodges, James	M73	Unattached	NH
5	Fournerat, David	M70	Unattached	NH
6	Lenahan, Joseph	M72	Atlanta Track Club	NH
7	Large, John	M71	Unattached	NH

Event 766 M80-89 Pole Vault (4)

Friday 3/1/19 - 2:00 PM

Pos	Name	Age	Team	Seed Mark
M85				
1	Donley, Jerry	M89	Colorado Masters Track & Field	NH
2	Jankovich, William	M85	Unattached	NH
M80				
1	Vergin, Roger	M81	Club Northwest	1.90m
2	Southerlan, Robert	M80	Unattached	NH

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Event 820 M30-49 Shot Put (19)

Sunday 3/3/19 - 9:45 AM

Pos	Name	Age	Team	Seed	Mark
M45... (Event 820 M30-49 Shot Put (19))					
1	Kruse, Craig	M46	Unattached	12.00m	
2	Hennigan, Peter	M49	Unattached	ND	
3	Wyatt, Jason	M49	So Cal Track Club	ND	
4	Ash, David	M48	TNT International Racing Club	ND	
5	Ali, Mohamed	M49	TNT International Racing Club	ND	
6	Cole, Eric	M48	Texas Throwers	ND	
M40					
1	Babiker, Ibrahim	M41	Potomac Valley Track Club	13.87m	
2	Porter Jr, John	M40	TNT International Racing Club	11.24m	
3	McGinley, Patrick	M40	Potomac Valley Track Club	10.13m	
4	Cockerham, Christopher	M44	Piedmont Pacers Track Club	10.00m	
5	Buckler, Chris	M41	Unattached	ND	
6	Melton, Jason	M42	Unattached	ND	
7	Phillips, Clinton	M44	Unattached	ND	
M35					
1	Dahlin, Jon	M37	Unattached	12.98m	
2	Thomas, Jeff	M37	Unattached	11.27m	
3	Pini, Justin	M35	Piedmont Pacers Track Club	9.03m	
4	Craig, Raffael	M38	Millville Track Club	ND	
5	Thompson, La Roi	M39	TNT International Racing Club	ND	
M30					
1	Capaldo, Jeffrey	M34	Unattached	ND	

Event 823 M50 Shot Put (16)

Sunday 3/3/19 - 8:00 AM

Name	Age	Team	Seed	Mark
1	Bellrichard, Troy	M52	Unattached	14.52m
2	*Hofbauer, Lutz	M54	Germany	14.12m
3	Barr, James	M51	Potomac Valley Track Club	13.42m
4	Wilkerson Jr, John	M51	Piedmont Pacers Track Club	12.05m
5	Bickel, David	M52	AZ Desert Throwers	11.00m
6	Sarsony, Chris	M51	Piedmont Pacers Track Club	10.29m
7	Flynt, Rodney	M52	Piedmont Pacers Track Club	10.00m
8	Samiec, James	M52	Potomac Valley Track Club	ND
9	Chisari, Louis	M50	AZ Desert Throwers	ND
10	Oneal Jr, Ralph	M51	Unattached	ND
11	Benn, Michael	M53	Unattached	ND
12	Vienneau Jr, Karl	M52	Unattached	ND
13	Eastham, Todd	M51	Piedmont Pacers Track Club	ND
14	Faulkner, Lee	M50	Potomac Valley Track Club	ND
15	Miles Jr, Leroy	M52	Unattached	ND
16	Keys, James	M53	Potomac Valley Track Club	ND

Event 824 M55 Shot Put (7)

Sunday 3/3/19 - 9:00 AM

Name	Age	Team	Seed	Mark
1	Gilleskie, Mark	M57	Unattached	12.47m
2	Allaire, John	M59	Unattached	12.09m

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Event 824 ... (M55 Shot Put (7))

	Name	Age	Team	Seed Mark
3	Keese, Mark	M57	TNT International Racing Club	8.75m
4	Pryor, John	M58	Unattached	8.60m
5	Roberts Sr, Franklin	M59	Sir Walter Running	ND
6	Eriksson, Scott	M57	Unattached	ND
7	Kikel, John	M59	Unattached	ND

Event 825 M60 Shot Put (8)

Saturday 3/2/19 - 1:00 PM

	Name	Age	Team	Seed Mark
1	Fraker Jr, Tom	M60	Atlanta Track Club	13.77m
2	Areello Jr, Robert	M60	Unattached	13.25m
3	Atherton, Rodney	M62	Unattached	12.26m
4	Ruebel, Noel	M62	Unattached	12.19m
5	Sommer Jr, Robert	M60	Unattached	12.00m
6	McDonald, Ross	M60	Pony Express Track & Field Clu	10.06m
7	Griffin Jr, Cecil	M61	Unattached	ND
8	Roden, Ross	M60	Unattached	ND

Event 826 M65 Shot Put (12)

Saturday 3/2/19 - 2:15 PM

	Name	Age	Team	Seed Mark
1	Myers, Joseph	M66	Piedmont Pacers Track Club	12.77m
2	Malin, James	M67	Balboa Track Club	12.34m
3	Muller, Tim	M68	AZ Desert Throwers	12.00m
4	Forlenza, William	M68	Unattached	11.70m
5	Cederblad, Tim	M68	Chicagoland Masters Athletics	11.20m
6	Easley, Ricky	M65	So Cal Track Club	11.12m
7	*Dirkin, Guy	M66	Great Britain and Northern Ire	11.10m
8	Watson, Richard	M66	AZ Desert Throwers	10.78m
9	Tinsman, Thomas	M66	TNT International Racing Club	ND
10	Mackersie, John	M65	Piedmont Pacers Track Club	ND
11	Barnes, Manuel	M66	Unattached	ND
12	Matteson, Michael	M66	Unattached	ND

Event 827 M70 Shot Put (13)

Saturday 3/2/19 - 3:45 PM

	Name	Age	Team	Seed Mark
1	Harvey, William	M73	Unattached	13.40m
2	Boyea, Weslie	M70	U.S. Army	11.88m
3	Monesmith, Frederick	M70	Shore Athletic Club	11.75m
4	Young, Jeff	M70	Potomac Valley Track Club	11.61m
5	Gibson, Lamont	M73	Potomac Valley Track Club	9.60m
6	Metzinger, Gary	M72	Unattached	9.06m
7	Pearce, James	M73	Potomac Valley Track Club	8.50m
8	Roll Jr, Charles	M72	Unattached	ND
9	DeStefano, Joseph	M72	Unattached	ND
10	Gerson, Jeffrey	M71	Over The Hill TC	ND
11	Breese II, Lewis	M72	Unattached	ND
12	*Martel, Michael	M70	Canada	ND
13	Bookin-Weiner, Jerry	M72	Potomac Valley Track Club	ND

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Event 828 M75 Shot Put (6)

Saturday 3/2/19 - 5:00 PM

	Name	Age	Team	Seed	Mark
1	Bass Jr, Walter	M76	Unattached		11.25m
2	Morgan, Curtis	M76	Philadelphia Masters		10.10m
3	Marovich, David	M75	Philadelphia Masters		ND
4	Turner Sr, David	M79	Atlanta Track Club		ND
5	Bligh Jr, Ed	M76	Atlanta Track Club		ND
6	Donnelly, Edward	M77	Philadelphia Masters		ND

Event 829 M80-94 Shot Put (11)

Saturday 3/2/19 - 10:15 AM

Pos	Name	Age	Team	Seed	Mark
M90					
1	Roudebush, George	M93	Over The Hill TC		ND
M85					
1	Feick, Ray	M87	Philadelphia Masters		ND
2	Hewitt, Robert	M85	Unattached		ND
3	Donley, Jerry	M89	Colorado Masters Track & Field		ND
4	Jankovich, William	M85	Unattached		ND
M80					
1	Ruebush, Kenneth	M83	Unattached		9.97m
2	Abbot, Henry	M80	Potomac Valley Track Club		9.96m
3	Vaughn, Gerald	M83	Charlotte Track Club		9.70m
4	Gramley, William	M83	Piedmont Pacers Track Club		9.25m
5	Davis, Sid	M84	Atlanta Track Club		8.83m
6	Hotchkiss, Richard	M80	Sierra Gold		ND

Event 838 M30-49 Weight (16)

Saturday 3/2/19 - 8:00 AM

Pos	Name	Age	Team	Seed	Mark
M45					
1	Ash, David	M48	TNT International Racing Club		ND
2	Cole, Eric	M48	Texas Throwers		ND
3	Ali, Mohamed	M49	TNT International Racing Club		ND
4	Wyatt, Jason	M49	So Cal Track Club		ND
5	Hamilton, Matt	M46	Unattached		ND
M40					
1	Willmott, Robert	M42	Seattle Masters AC		15.02m
2	Porter Jr, John	M40	TNT International Racing Club		14.02m
3	Cockerham, Christopher	M44	Piedmont Pacers Track Club		9.00m
4	Phillips, Clinton	M44	Unattached		ND
5	Gobble, Kevin	M43	Piedmont Pacers Track Club		ND
6	Buckler, Chris	M41	Unattached		ND
7	Melton, Jason	M42	Unattached		ND
8	Lanier, Kim	M43	TNT International Racing Club		ND
M35					
1	Dahlin, Jon	M37	Unattached		17.01m
2	Pini, Justin	M35	Piedmont Pacers Track Club		ND
M30					
1	Capaldo, Jeffrey	M34	Unattached		6.67m

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Event 843 M50-59 Weight (15)

Saturday 3/2/19 - 10:30 AM

Pos	Name	Age	Team	Seed Mark
M55... (Event 843 M50-59 Weight (15))				
1	Johnson Sr, Sheldon	M56	Unattached	17.00m
2	Noyes III, Edward	M57	Unattached	15.00m
3	Keese, Mark	M57	TNT International Racing Club	9.75m
4	Kikel, John	M59	Unattached	ND
5	Eriksson, Scott	M57	Unattached	ND
6	Lambdin, Thomas	M57	Twilight Throwers	ND
M50				
1	Bickel, David	M52	AZ Desert Throwers	16.50m
2	Barr, James	M51	Potomac Valley Track Club	14.55m
3	Bellrichard, Troy	M52	Unattached	13.34m
4	Flynt, Rodney	M52	Piedmont Pacers Track Club	12.00m
5	Eastham, Todd	M51	Piedmont Pacers Track Club	ND
6	Faulkner, Lee	M50	Potomac Valley Track Club	ND
7	Chisari, Louis	M50	AZ Desert Throwers	ND
8	Morrow, Art	M54	So Cal Track Club	ND
9	Keys, James	M53	Potomac Valley Track Club	ND

Event 845 M60-69 Weight (13)

Friday 3/1/19 - 4:30 PM

Pos	Name	Age	Team	Seed Mark
M65				
1	*Dirkin, Guy	M66	Great Britain and Northern Ire	17.12m
2	Cederblad, Tim	M68	Chicagoland Masters Athletics	14.46m
3	Jordan, Rufus	M69	TNT International Racing Club	14.43m
4	Muller, Tim	M68	AZ Desert Throwers	14.00m
5	Watson, Richard	M66	AZ Desert Throwers	13.96m
6	Mackersie, John	M65	Piedmont Pacers Track Club	ND
7	Matteson, Michael	M66	Unattached	ND
M60				
1	Fraker Jr, Tom	M60	Atlanta Track Club	19.75m
2	Arellano Jr, Robert	M60	Unattached	18.75m
3	Cedrone, Bob	M64	Twilight Throwers	17.92m
4	McDonald, Ross	M60	Pony Express Track & Field Clu	8.91m
5	McLawhorn, David	M64	So Cal Track Club	ND
6	Sorensen, Ward	M64	Unattached	ND

Event 847 M70-79 Weight (15)

Friday 3/1/19 - 3:00 PM

Pos	Name	Age	Team	Seed Mark
M75				
1	Mathews, George	M75	Seattle Masters AC	17.41m
2	Cahners, Robert	M76	Unattached	16.00m
3	Morgan, Curtis	M76	Philadelphia Masters	13.15m
4	Marovich, David	M75	Philadelphia Masters	ND
5	Donnelly, Edward	M77	Philadelphia Masters	ND
6	Sloan, John	M79	Atlanta Track Club	ND
7	Valle, Michael	M78	Unattached	ND

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M70... (Event 847 M70-79 Weight (15))

1	Moss, Ken	M71	Potomac Valley Track Club	18.00m
2	Monesmith, Frederick	M70	Shore Athletic Club	12.83m
3	Pearce, James	M73	Potomac Valley Track Club	11.50m
4	Breese II, Lewis	M72	Unattached	ND
5	Clayton, Lemuel	M72	Piedmont Pacers Track Club	ND
6	Bookin-Weiner, Jerry	M72	Potomac Valley Track Club	ND
7	Olson, Randall	M71	Unattached	ND
8	John, Gary	M70	Santa Cruz Throwers	ND

Event 849 M80-99 Weight (8)

Friday 3/1/19 - 2:00 PM

Pos	Name	Age	Team	Seed Mark
M90				
1	Roudebush, George	M93	Over The Hill TC	ND
M85				
1	Feick, Ray	M87	Philadelphia Masters	10.15m
M80				
1	Gramley, William	M83	Piedmont Pacers Track Club	13.00m
2	Vergin, Roger	M81	Club Northwest	10.81m
3	Davis, Sid	M84	Atlanta Track Club	10.08m
4	Abbot, Henry	M80	Potomac Valley Track Club	9.12m
5	Hotchkiss, Richard	M80	Sierra Gold	ND
6	Southerlan, Robert	M80	Unattached	ND

Event 858 M30-49 Super Weight (15)

Saturday 3/2/19 - 9:15 AM

Pos	Name	Age	Team	Seed Mark
M45				
1	Ash, David	M48	TNT International Racing Club	ND
2	Ali, Mohamed	M49	TNT International Racing Club	ND
3	Wyatt, Jason	M49	So Cal Track Club	ND
4	Cole, Eric	M48	Texas Throwers	ND
M40				
1	Porter Jr, John	M40	TNT International Racing Club	8.86m
2	Cockerham, Christopher	M44	Piedmont Pacers Track Club	6.00m
3	Phillips, Clinton	M44	Unattached	ND
4	Willmott, Robert	M42	Seattle Masters AC	ND
5	Gobble, Kevin	M43	Piedmont Pacers Track Club	ND
6	Buckler, Chris	M41	Unattached	ND
7	Melton, Jason	M42	Unattached	ND
8	Lanier, Kim	M43	TNT International Racing Club	ND
M35				
1	Dahlin, Jon	M37	Unattached	10.40m
2	Pini, Justin	M35	Piedmont Pacers Track Club	ND
M30				
1	Capaldo, Jeffrey	M34	Unattached	4.55m

Event 863 M50-59 Super Weight (12)

Saturday 3/2/19 - 11:45 AM

Pos	Name	Age	Team	Seed Mark
M55				
1	Johnson Sr, Sheldon	M56	Unattached	8.00m

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M55... (Event 863 M50-59 Super Weight (12))

2	Noyes III, Edward	M57	Unattached	7.00m
3	Keese, Mark	M57	TNT International Racing Club	3.45m
4	Kikel, John	M59	Unattached	ND
5	Lambdin, Thomas	M57	Twilight Throwers	ND

M50

1	Bickel, David	M52	AZ Desert Throwers	7.80m
2	Barr, James	M51	Potomac Valley Track Club	7.30m
3	Flynt, Rodney	M52	Piedmont Pacers Track Club	6.00m
4	Chisari, Louis	M50	AZ Desert Throwers	ND
5	Bellrichard, Troy	M52	Unattached	ND
6	Keys, James	M53	Potomac Valley Track Club	ND
7	Eastham, Todd	M51	Piedmont Pacers Track Club	ND

Event 865 M60-69 Super Weight (12)

Friday 3/1/19 - 5:30 PM

Pos	Name	Age	Team	Seed Mark
M65				
1	Watson, Richard	M66	AZ Desert Throwers	8.35m
2	Muller, Tim	M68	AZ Desert Throwers	8.00m
3	Jordan, Rufus	M69	TNT International Racing Club	7.43m
4	Cederblad, Tim	M68	Chicagoland Masters Athletics	6.17m
5	Matteson, Michael	M66	Unattached	ND
6	*Dirkin, Guy	M66	Great Britain and Northern Ire	ND
7	Mackersie, John	M65	Piedmont Pacers Track Club	ND

M60

1	Areello Jr, Robert	M60	Unattached	10.49m
2	Cedrone, Bob	M64	Twilight Throwers	9.78m
3	Fraker Jr, Tom	M60	Atlanta Track Club	9.51m
4	McDonald, Ross	M60	Pony Express Track & Field Clu	4.04m
5	McLawhorn, David	M64	So Cal Track Club	ND

Event 867 M70-79 Super Weight (14)

Friday 3/1/19 - 4:15 PM

Pos	Name	Age	Team	Seed Mark
M75				
1	Mathews, George	M75	Seattle Masters AC	9.40m
2	Cahners, Robert	M76	Unattached	9.00m
3	Morgan, Curtis	M76	Philadelphia Masters	7.01m
4	Donnelly, Edward	M77	Philadelphia Masters	ND
5	Valle, Michael	M78	Unattached	ND
6	Marovich, David	M75	Philadelphia Masters	ND

M70

1	Moss, Ken	M71	Potomac Valley Track Club	10.00m
2	Monesmith, Frederick	M70	Shore Athletic Club	7.27m
3	Pearce, James	M73	Potomac Valley Track Club	6.00m
4	Breese II, Lewis	M72	Unattached	ND
5	Clayton, Lemuel	M72	Piedmont Pacers Track Club	ND
6	Bookin-Weiner, Jerry	M72	Potomac Valley Track Club	ND
7	Olson, Randall	M71	Unattached	ND
8	John, Gary	M70	Santa Cruz Throwers	ND

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Event 869 M80-99 Super Weight (6)

Friday 3/1/19 - 3:00 PM

Pos	Name	Age	Team	Seed Mark
M90... (Event 869 M80-99 Super Weight (6))				
1	Roudebush, George	M93	Over The Hill TC	ND
M85				
1	Feick, Ray	M87	Philadelphia Masters	6.25m
M80				
1	Vergin, Roger	M81	Club Northwest	10.81m
2	Gramley, William	M83	Piedmont Pacers Track Club	7.50m
3	Hotchkiss, Richard	M80	Sierra Gold	ND
4	Southerlan, Robert	M80	Unattached	ND

Event 897 M30-59 1 Mile Race Walk (13)

Friday 3/1/19 - 3:10 PM

Lane	Name	Age	Team	Seed Time
M30				
1	Crouch, Bryan	M32	Unattached	NT
M35				
1	Marenin, Roman	M35	Unattached	NT
2	Hauggaard II, Norman	M37	Unattached	NT
M40				
1	Holtry, Matthew	M40	Piedmont Pacers Track Club	NT
2	Gobble, Kevin	M43	Piedmont Pacers Track Club	NT
M45				
1	*Da Costa, Jerry Edson	M49	Brazil	8:15.38
2	Chasse, Craig	M49	Potomac Valley Track Club	9:02.00
3	Nash, Omar	M45	Southwest Ohio TC	NT
M50				
1	Swarts, David	M53	Pegasus A.C.	6:56.65
2	Morrow, Art	M54	So Cal Track Club	NT
M55				
1	Baxter, Bobby	M56	Raleigh Walkers	10:24.00
2	McLaughlin, Terence	M58	Potomac Valley Track Club	NT
3	Preischel, Will	M58	Unattached	NT

Event 898 M60-69 1 Mile Race Walk (11)

Friday 3/1/19 - 2:50 PM

Lane	Name	Age	Team	Seed Time
M60				
1	Brugh, Charles Tucker	M63	Unattached	9:00.00
2	Chelius, Timothy	M62	Shore Athletic Club	9:32.00
3	Blake, Barry	M64	Shore Athletic Club	9:55.40
4	Arcand Jr, Albert	M63	Potomac Valley Track Club	11:00.00
5	Collins Jr, Edward	M61	Raleigh Walkers	NT
M65				
1	Peters, Vincent	M65	Chicago Walkers Club	9:30.00
2	Smith, Andrew	M69	Pegasus A.C.	9:51.00
3	Ozell, Phillip	M68	Atlanta Track Club	NT
4	Klein, Arthur	M65	Potomac Valley Track Club	NT
5	Augustine, Thomas	M69	Potomac Valley Track Club	NT
6	Neovakul, Vasan	M68	Atlanta Track Club	NT

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Event 899 M70-94 1 Mile Race Walk (14)

Friday 3/1/19 - 2:25 PM

Lane	Name	Age	Team	Seed Time
M70... (Event 899 M70-94 1 Mile Race Walk (14))				
1	Campbell, Richard	M73	So Cal Track Club	9:03.00
2	Frable, Norman	M73	So Cal Track Club	9:20.00
3	Moore, Alan	M73	Atlanta Track Club	10:21.00
4	Morrison, John	M70	Potomac Valley Track Club	NT
5	Fowler, Robert	M70	Atlanta Track Club	NT
6	Jasionowski, Leon	M74	Pegasus A.C.	NT
M75				
1	Dubow, Joel	M76	Atlanta Track Club	10:40.00
2	Rubin, Bruce	M75	Philadelphia Masters	14:35.36
3	Miller, Gerald	M76	Atlanta Track Club	NT
M80				
1	Poisner, Alan	M84	Heartland Racewalkers	11:07.00
2	Veenstra, James	M81	Unattached	NT
3	Copeland, Terry	M81	Potomac Valley Track Club	NT
M85				
1	Genzlinger, Vance	M89	Unattached	13:00.00
M90				
1	Starr, John	M90	Unattached	13:00.00
Event 901 M30-64 3000 Meter Race Walk (16)				
Saturday 3/2/19 - 9:20 AM				
Lane	Name	Age	Team	Seed Time
M30				
1	Crouch, Bryan	M32	Unattached	NT
M40				
1	Alvarado, Gabriel	M41	Unattached	17:00.00
2	Holtry, Matthew	M40	Piedmont Pacers Track Club	NT
3	Gobble, Kevin	M43	Piedmont Pacers Track Club	NT
M45				
1	*Da Costa, Jerry Edson	M49	Brazil	15:47.48
2	Chasse, Craig	M49	Potomac Valley Track Club	17:33.00
3	Nash, Omar	M45	Southwest Ohio TC	17:53.00
M50				
1	Swarts, David	M53	Pegasus A.C.	13:40.07
2	Morrow, Art	M54	So Cal Track Club	NT
M55				
1	Baxter, Bobby	M56	Raleigh Walkers	20:13.00
2	Preischel, Will	M58	Unattached	NT
3	McLaughlin, Terence	M58	Potomac Valley Track Club	NT
M60				
1	Brugh, Charles Tucker	M63	Unattached	18:02.00
2	Chelius, Timothy	M62	Shore Athletic Club	18:52.00
3	Blake, Barry	M64	Shore Athletic Club	19:11.10
4	Arcand Jr, Albert	M63	Potomac Valley Track Club	21:00.00

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Event 906 M65-94 3000 Meter Race Walk (19)

Saturday 3/2/19 - 8:40 AM

Lane	Name	Age	Team	Seed Time
M65... (Event 906 M65-94 3000 Meter Race Walk (19))				
1	Smith, Andrew	M69	Pegasus A.C.	18:57.00
2	Peters, Vincent	M65	Chicago Walkers Club	19:00.00
3	Augustine, Thomas	M69	Potomac Valley Track Club	20:13.00
4	Klein, Arthur	M65	Potomac Valley Track Club	NT
M70				
1	Frable, Norman	M73	So Cal Track Club	18:30.00
2	Campbell, Richard	M73	So Cal Track Club	18:56.00
3	Moore, Alan	M73	Atlanta Track Club	19:40.00
4	Morrison, John	M70	Potomac Valley Track Club	20:45.00
5	Fowler, Robert	M70	Atlanta Track Club	NT
6	Jasionowski, Leon	M74	Pegasus A.C.	NT
M75				
1	Dubow, Joel	M76	Atlanta Track Club	20:00.00
2	Rubin, Bruce	M75	Philadelphia Masters	30:28.23
3	Cashwell Jr, Leon	M75	Unattached	NT
4	Miller, Gerald	M76	Atlanta Track Club	NT
M80				
1	Poisner, Alan	M84	Heartland Racewalkers	21:15.00
2	Veenstra, James	M81	Unattached	NT
3	Copeland, Terry	M81	Potomac Valley Track Club	NT
M85				
1	Genzlinger, Vance	M89	Unattached	27:00.00
M90				
1	Starr, John	M90	Unattached	25:00.00

Event 939 M30-49 Pentathlon (13)

Pos	Name	Age	Team	Points
M45				
1	*Da Costa, Jerry Edson	M49	Brazil	2197
2	Lattimore, Jason	M46	Unattached	NP
3	Ash, David	M48	TNT International Racing Club	NP
4	Young II, Dale	M47	Unattached	NP
5	Moore II, Stephen	M45	Unattached	NP
M40				
1	Souza, Jeferson	M44	Unattached	3922
2	Murdock, Daniel	M44	TNT International Racing Club	NP
3	Phillips, Clinton	M44	Unattached	NP
4	Carter, Kurt	M41	Unattached	NP
5	Robbins, Josh	M42	Arizona Flames Track Club	NP
6	Todd Sr, Blair	M41	Potomac Valley Track Club	NP
M35				
1	Craig, Raffael	M38	Millville Track Club	NP
2	Pini, Justin	M35	Piedmont Pacers Track Club	NP

Event 943 M50-59 Pentathlon (14)

Pos	Name	Age	Team	Points
M55				
1	Allaire, John	M59	Unattached	2583
2	Bruch, Kevin	M59	Unattached	NP

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Performance List

M55... (Event 943 M50-59 Pentathlon (14))

3	Shell, Bradley	M55	Unattached	NP
4	McQuitter, Keith	M59	Shore Athletic Club	NP
5	Wardle, James	M55	Unattached	NP

M50

1	Barr, James	M51	Potomac Valley Track Club	3200
2	Gates, David	M51	Oregon Track Club	2666
3	Steinhardt, Michael	M52	Unattached	2224
4	Bennett, Phillip	M54	Unattached	2100
5	Faulkner, Lee	M50	Potomac Valley Track Club	NP
6	Kruelle, Chuck	M51	Greater Philadelphia TC	NP
7	Arata, Michael	M53	Unattached	NP
8	Nyhan, Sean	M50	Unattached	NP
9	McKenzie, John	M53	Potomac Valley Track Club	NP

Event 946 M60 Pentathlon (10)

	Name	Age	Team	Points
1	Atherton, Rodney	M62	Unattached	3980
2	McGovern, Kevin	M60	Unattached	NP
3	McLawhorn, David	M64	So Cal Track Club	NP
4	Markley, Anthony	M64	Potomac Valley Track Club	NP
5	Royer, Dan	M60	Potomac Valley Track Club	NP
6	Ruebel, Noel	M62	Unattached	NP
7	Anton, Eugene	M61	So Cal Track Club	NP
8	Allen, Rick	M62	Unattached	NP
9	Janusey, Michael	M61	Unattached	NP
10	Barrineau Jr, James	M63	Potomac Valley Track Club	NP

Event 947 M65 Pentathlon (10)

	Name	Age	Team	Points
1	Price, Stephen	M65	Santa Barbara Track Club	2877
2	Jacquet-Acea, Russell	M66	Club Northwest	2864
3	Black, David	M66	Unattached	2600
4	Mathis, William	M66	Potomac Valley Track Club	2300
5	*Thompson, Peter	M69	Great Britain and Northern Ire	NP
6	Ransom, William	M65	TNT International Racing Club	NP
7	Tinsman, Thomas	M66	TNT International Racing Club	NP
8	Ortman, David	M65	Unattached	NP
9	Malin, James	M67	Balboa Track Club	NP
10	Lacey, Kenneth	M65	Unattached	NP

Event 948 M70-89 Pentathlon (14)

Pos	Name	Age	Team	Points
M85				
1	Hewitt, Robert	M85	Unattached	NP
2	Jankovich, William	M85	Unattached	NP
M80				
1	Vergin, Roger	M81	Club Northwest	3704
M75				
1	Morgan, Curtis	M76	Philadelphia Masters	2900
2	Marovich, David	M75	Philadelphia Masters	NP
3	Wuth, William	M78	Atlanta Track Club	NP
4	Rhoad Jr, William	M77	Philadelphia Masters	NP
5	Futch, Charles	M77	Unattached	NP

2019 National Masters Indoor Championships - 3/1/19 to 3/4/19**JDL****Performance List****M70... (Event 948 M70-89 Pentathlon (14))**

1	Sharps, Jim	M74 TNT International Racing Club	2900
2	Black, Ivan	M70 Shore Athletic Club	2619
3	Harmon, Richard	M70 Unattached	2120
4	Green, Bob	M70 Unattached	NP
5	Taunton, Jerry	M72 Unattached	NP
6	Monesmith, Frederick	M70 Shore Athletic Club	NP