

## Men's American Records as of September 13, 2023

100	9.69	Tyson Gay (adidas)	Shanghai	20Sep09
200	19.31	Noah Lyles (adidas)	Eugene	21Jul22
400	43.18	Michael Johnson (Nike)	Seville	26Aug99
800	1:42.34	Donavan Brazier (Nike)	Doha	01Oct19
1,000	2:13.9	Rick Wohlhuter (UCTC)	Oslo	30Jul74
1,500	3:27.40	Bernard Lagat (Nike)	Zurich	06Aug04
Mile	3:46.91	Alan Webb (Nike)	Brasschaat	21Jul07
2,000	4:52.44	Jim Spivey (Athletics West)	Lausanne	15Sep87
3,000	7:29.00	Bernard Lagat (Nike)	Rieti	29Aug108
3000 SC	8:00.45	Evan Jager (Oregon TC)	Paris	04Jul15
2 Miles	8:07.07	Matt Tegenkamp (Nike)	Eugene	10Jun07
5,000	12:46.96	Grant Fisher (Nike Bowerman TC)	Brussels	02Sep22
10,000	26:44.36	Galen Rupp (Nike)	Eugene	30May14
Marathon	26:33.84p	Grant Fisher (Nike Bowerman TC)	San Juan Capistrano	06Mar22
110 Hurdles	2:05:38	Khalid Khannouchi (New Balance)	London	14Apr02
400 Hurdles	12.80	Aries Merritt (Reebok)	Brussels	07Sep12
20K Walk (Tr)	46.17	Rai Benjamin (Nike)	Tokyo	03Aug21
(Road)	1:23:00.1	Trevor Barron (NYAC)	Eugene	30Jun12
35K Walk	1:22:02	Tim Seaman (NYAC)	Copenhagen	22May04
50K Walk (Tr)	2:38:16p	Nick Christie (Newfeel)	Dublin	19Dec21
(Road)	3:59:41.2	Herm Nelson (Club Northwest)	Seattle	09Jun96
4 x 100	3:48:04	Curt Clausen (Shore AC)	Deauville, FRA	02May99
4 x 200	37.10	National Team (Christian Coleman, Justin Gatlin, Michael Rodgers, Noah Lyles)	Doha	05Oct19
4 x 400	1:18.68	Santa Monica TC (USA)	Walnut	17Apr94
4 x 800	2:54.29	(Michael Marsh, Leroy Burrell, Floyd Heard, Carl Lewis)	Stuttgart	22Aug93
4 x 1500	7:02.82	USA Team (Andrew Valmon, Quincy Watts, Butch Reynolds, Michael Johnson)	Brussels	25Aug06
Sprint Medley	14:34.97	Nike Bowerman TC (Jebreh Harris, Khadevis Robinson, Sam Burley, David Krummenacker)	Portland	31Jul20
Distance Medley	3:10.76	(Evan Jager, Grant Fisher, Sean McGorty, Lopez Lomong)	Tempe	06Apr85
4x110H	9:15.50	Santa Monica TC (Carl Lewis, Ferran Tyler, Benny Hollis, Johnny Gray)	Nassau	03May15
HJ	52.94	National Team (Kyle Merber, Brycen Spratling, Brandon Johnson, Ben Blankenship)	Des Moines	25Apr15
PV	2.40/7-10.5	USA Blue (Jason Richardson, Aleec Harris, Aries Merritt, David Oliver)	Zurich	07Aug91
LJ	6.06/19-10.5	Charles Austin (Unat)	Des Moines	27Jul19
TJ	6.07/19-11p	Sam Kendrick (Nike)	Nashville	02Jun23
SP	8.95/29-4.5	KC Lightfoot (Puma)	Tokyo	30Aug91
DT	18.21/59-9	Mike Powell (Footlocker)	Beijing	27Aug15
HT	23.37/76-8.25	Christian Taylor (Nike)	Eugene	18Jun21
JT	23.56/77-3.75p	Ryan Crouser (Nike)	Westwood	27May23
DEC	72.34/237-4	Ryan Crouser (Nike)	Stockholm	07Jul81
	82.71/271-4	Ben Plucknett (SC Striders)	Eugene	20Jun21
	91.29/299-6	Rudy Winkler (Tracksmith/NYAC)	Indianapolis	21Jun07
	9045	Breaux Greer (adidas)	Beijing	29Aug15
		Ashton Eaton (Nike)		
		(10.23, 7.88, 14.52, 2.01, 45.00, 13.69, 43.34, 5.20, 63.63, 4:17.52)		

## Women's American Records as of September 13, 2023

100	10.49	Florence Griffith Joyner (WCAC)	Indianapolis	16Jul88
200	21.34	Florence Griffith Joyner (USA)	Seoul	29Sep88
400	48.70	Sanya Richards (Nike)	Athens	17Sep06
800	1:55.04	Athing Mu (Nike)	Eugene	21Aug21
1,000	2:31.80	Regina Jacobs (Mizuno)	Brunswick, ME	04Jul99
1,500	3:54.99	Shelby Houlihan (Nike/Bowerman TC)	Doha	05Oct19
Mile	4:16.71	Mary Slaney (Ath. West)	Zurich	21Aug85
	4:16.35p	Nikki Hiltz (lululemon)	Monaco	21Jul23
2,000	5:32.7	Mary Slaney (Ath. West)	Eugene	03Aug84
2000SC	6:09.81p	Madie Boreman (Oiselle)	Birmingham	29Jul23
3,000	8:25.83	Mary Slaney (Ath. West)	Rome	07Sep85
3000SC	8:57.77	Courtney Frerichs (Nike/Bowerman TC)	Eugene	21Aug21
5,000	14:23.92	Shelby Houlihan (Nike/Bowerman TC)	Portland	31Jul20
	14:19.45p	Alicia Monson (On AC)	London	23Jul23
10,000	30:13.17	Molly Huddle (Saucony)	Rio de Janeiro	12Aug16
	30:03.82p	Alicia Monson (On AC)	San Juan Capistrano	04Mar23
Marathon	2:18:29	Emily Sisson (New Balance)	Chicago	09Oct22
100 Hurdles	12.20	Keni Harrison (adidas)	London	22Jul16
400 Hurdles	50.68	Sydney McLaughlin (New Balance)	Eugene	22Jul22
4 x 100	40.82	Olympic Team	London	10Aug12
		(Tianna Madison, Allyson Felix, Bianca Knight, Carmelita Jeter)		
4 x 200	1:27.46	USA Blue	Philadelphia	29Apr00
		(LaTasha Jenkins, LaTasha Colander-Richardson, Nanceen Perry, Marion Jones)		
4 x 400	3:15.51	Olympic Team	Seoul	01Oct88
		(Denean Howard, Diane Dixon, Valerie Brisco, Florence Griffith Joyner)		
4 x 800	8:00.62	National Team	Nassau	03May15
		(Chanelle Price, Maggie Vessey, Molly Ludlow, Alysia Montano)		
4x1500	16:27.02	Nike Bowerman TC	Portland	31Jul20
		(Colleen Quigley, Elise Cranny, Karissa Schweizer, Shelby Houlihan)		
Sprint Medley (800)	1:35.20	USA Red	Philadelphia	28Apr18
		(Destinee Brown, Aaliyah Brown, Kimberlyn Duncan, Raevyn Rogers)		
Sprint Medley (1600)	3:37.16	USA Blue	Philadelphia	29Apr06
		(Rachelle Smith, Lauryn Williams, Monica Hargrove, Hazel Clark)		
Distance Medley	10:36.50	National Team	Nassau	02May15
		(Treniere Moser, Sanya Richards-Ross, Ajee' Wilson, Shannon Rowbury)		
4x100H	50.50	USA Blue	Des Moines	24Apr15
		(Brianna Rollins, Dawn Harper Nelson, Queen Harrison, Kristi Castlin)		
10K Walk (Tr)	44:41.87	Michelle Rohl (Parkside AC)	St. Petersburg	26Jul94
(road)	44:17	Michelle Rohl (Parkside AC)	Gothenburg	07Aug95
20K Walk (Tr)	1:33:28.2	Teresa Vaill (Walk USA)	Carson	25Jun05
(road)	1:30:49	Maria Michta (Walk USA)	Taicang	04May14
35K Walk	2:49:29	Robyn Stevens (Wolfpack RC)	Dudince	23Apr22
HJ	2.05/6-8.75	Chaunté Lowe (Nike)	Des Moines	26Jun10
PV	5.00/16-4.75	Sandi Morris (Nike)	Brussels	09Sep16
LJ	7.49/24-7	Jackie Joyner-Kersey (Honda)	New York City	22May94
TJ	14.91/48-11	Keturah Orji (Atlanta TC)	Chula Vista	25Apr21
SP	20.63/67-8.25	Michelle Carter (Nike)	Rio de Janeiro	12Aug16
DT	70.15/230-2	Valarie Allman (Oiselle/NYAC)	Rathdrum	01Aug20
	71.16/233-5p	Allman	Berlin	12Sep21
	71.46/234-5p	Allman	La Jolla	08Apr22
HT	80.31/263-6	DeAnna Price (Nike)	Eugene	26Jun21
JT	66.67/218-8	Kara Patterson (Asics)	Des Moines	25Jun10
	66.82/219-3p	Maggie Malone (unat)	Chula Vista	29May21
	67.40/221-1p	Maggie Malone (unat)	East Stroudsburg	17Jul21
	68.11/223-5p	Kara Winger (Tracksmith/NYAC)	Brussels	02Sep22
HEP	7291	Jackie Joyner-Kersey (WCAC)	Seoul	23-24Sep88
		(12.69, 6-1.25, 51-10, 22.56, 23-10.25, 149-10, 2:08.51)		
DEC	7921p	Jordan Gray (unat)	San Mateo	22-23Jun19
	8246p	Gray	San Mateo	21-22Aug21