

## **USATF MEMBERSHIP BENEFITS NOW IS THE TIME TO JOIN USATF**

You may ask the question...Why should I be an individual member of USA TRACK & FIELD?

When you join your local association of USATF you support the Olympics, Junior Olympics, national and international competition and give state youngsters an opportunity to participate in these events. These are only a few reasons. Read the support you give to long distance running.

USATF Oklahoma directly benefits every runner in the state regardless of ability or age.

**USATF INDIVIDUAL INSURANCE COVERAGE** - Your membership/insurance coverage gives you accidental death of dismemberment coverage while traveling to or from or participating in any USATF sanctioned event. You even have coverage while training under supervision.

**USATF INDIVIDUAL MEMBERSHIP DUES** - Calendar dues are \$20 for adults and \$15 for youths, age 17 and under. See membership form below. Clip the form below and mail to USATF Oklahoma, 10025 S. 69<sup>th</sup> E. Ave., Tulsa, OK 74133. Make checks payable to USATF Oklahoma.

Join the #1 Track & Field Team in the World and get some cool stuff!

Go to [www.usatf.org/membership/benefits/](http://www.usatf.org/membership/benefits/)

USA Track & Field is proud to offer our members a wide range of benefits. Membership provides athletes, coaches, officials, parents and fans of track & field the opportunity to show their support of our sport while receiving a wide range of exciting benefits. [Join Today!](#)

**MEDICAL INSURANCE FOR ATHLETES** - Any athlete who is a USATF member and is injured while participating in a sanctioned event will be eligible for secondary medical insurance coverage for the injury. This insurance not only provides valuable coverage to USATF members, but it serves as a valuable deterrent to lawsuits.

**INDIVIDUAL MEMBERSHIPS** help support the following USATF services:

**STATE CHAMPIONSHIP SERIES** - A series is conducted each year with 12 special state races with benefits for these races. Details are in the Oklahoma Runner or contact USATF Oklahoma.

**SPECIAL OFFERS & DISCOUNTS** - View offers and discounts on line available to sanctioned events.

**EQUIPMENT & SUPPLIES** - USATF Oklahoma helps provide equipment and supplies to your race through the state racing services. This equipment includes sophisticated timing equipment for your USATF sanctioned race. Many items are supplied to race directors at low prices.

**RESOLVING DISPUTES** - If requested, USATF will act as an arbiter in disputes between athletes and sanctioned events.

**COURSE MEASUREMENT & CERTIFICATION** - USATF Oklahoma assists in course measurement and certification. Oklahoma is the leader in certification.

**ONLINE RACE PACKET** - USATF is the only association out of 58 to email each race director in the state a detailed race packet containing over 20 pages on how to sanction and conduct a long distance race in Oklahoma.

**STATE LONG DISTANCE RECORDS** - USATF Oklahoma maintains and publishes online a comprehensive list of state records. This list covers each of the standard long distance events. The list is updated each week following the state races.

**RACE RESULTS** - USATF Oklahoma works closely with the state road racing services and race directors to provide results to the Oklahoma Runner magazine and to the USATF Road Running Information Center. These results are emailed a few days after the race.

**CLASS ATHLETE SUPPORT** - USATF Oklahoma provides class athlete support and developmental prize money to elite athletes allowing these athletes to retain their amateur status. This includes direct support of individuals and teams traveling to national championship events.

**SUB 20 & SUB 11 CLUBS** - USATF Oklahoma maintains these popular clubs for Oklahoma Masters men running under 11 minutes in a 2-mile race and for Oklahoma women of any age running under 20 minutes in a 5 km race. Races must be over certified courses. T-shirts are provided for each member. USATF has mailed over 400 shirts to these members.

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### USA Track & Field Individual Membership Form

Please circle: Sex M F S. Citizen: Yes No Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Sport (circle all that apply) Long Distance Running Track & Field Race Walking

Name \_\_\_\_\_ Email \_\_\_\_\_

Mailing Address \_\_\_\_\_ Eve. Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Club \_\_\_\_\_

Mail to USATF Oklahoma, 10025 S. 69<sup>th</sup> E. Ave, Tulsa, OK 74133. A self-addressed envelope would be helpful. If under age 18, please include copy of birth certificate. I certify that in accordance with the rules of USATF and IAAF, I am eligible to compete in the indicated sport  
(s) SIGNED \_\_\_\_\_ Date \_\_\_\_\_

Enclose check payable to USATF Oklahoma. \$20 for adults, \$15 for age 18 & under.