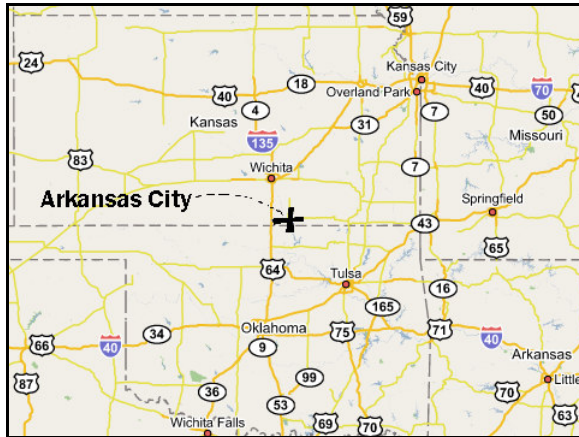


Location:



63 miles from Wichita, KS
122 miles from Tulsa, OK
132 miles from Oklahoma City, OK
231 miles from Kansas City, MO

Facilities:



Cowley Tigers
Track & Field Complex
8 Lane – Red Polyurethane
European Style Track

USA Track & Field

Level 1 School



June 2-4, 2006

**Cowley College
125 S. 2nd St.
Arkansas City, KS 67005**

www.USATF.org

USATF Missouri Valley
Association
www.USATF.org/assoc/mv

Instructors:

Randy Adair Highland Park HS (Texas)

Coach Adair has 29 years of coaching experience in Texas, winning State Championships in Track & Field and Cross Country. Adair has coached numerous state champion athletes in the sprints and jumps as well as the record setting, all-time girls 4 x 400 relay in Texas high school history. Recently Adair coached the national high school leader in the boys triple jump at 51' and is currently coaching one of the top female pole vaulters in the state of Texas at Highland Park High School in Dallas. Adair has also coached football and track & field at Mesquite High School in Mesquite, TX and also has coaching experience at national track and field powerhouse Dallas Skyline High School. Adair has USATF Level II certification in the jumps and multi-events, and since 1999, has served as an assistant summer coach under Coach Dick Booth and Coach Danny Green of the University of Arkansas for the prestigious Summer Track and Field Camps in Fayetteville, Arkansas. Coach Adair has international track and field experience as a coach for International Sport Tours in Wichita, KS. He has assisted as jumps and hurdles coach for several track and field tours to Western and Central Europe. As an athlete, Adair was a very successful pole vaulter at the University of Louisiana where he obtained an M.Ed degree. Coach Adair resides in Rockwall, TX with his lovely wife, Donna and Red, the dog.

Wayne Armbrust Columbia, Missouri

A well known figure in the USATF organization, Wayne has been involved in the sport of Track & Field as an athlete, an official, and as a coach. Wayne is USATF Level III certified in the throws, Level II certified in Sprints/Hurdles & Relays and Level II certified in the Endurance events. In addition to his certifications he has published several articles and coached many elite athletes. Currently, Wayne serves as the president of Computomarx, a company specializing in track facility consulting and meet management software.
www.computomarx.com

John Bauman Oklahoma State Univ.

Coach Bauman enters his first season at Oklahoma State University after serving six years as an assistant coach at the University of Illinois. At Oklahoma State, Coach Bauman coaches the throws and helps with the sprints, jumps, and weight program. An accomplished coach, Bauman has coached 29 All-Americans, 34 NCAA national qualifiers, and 19 individual conference champions. As an athlete, Coach Bauman earned NAIA All-American honors 10 times while competing for NAIA powerhouse Doane College. Baumann and his wife, Lisa, have three daughters, Catabrean, Holly and Sadie, and one son, Max.
www.okstate.com

Dennis Licklider Jefferson City HS (Missouri)

Dennis is in his 20th season as the head coach at Jefferson City HS in Jefferson City, MO (Large Class 4A). During this time, his teams have won six team titles, finished second 10 times, third 6 times, and fourth twice. In 2004 his teams won the boys team title and the girls team placed second. In 2003 & 2005 his girls team won state titles and his boys finished second. He has coached a remarkable 47 state champions and 612 state qualifiers in his career. Coach Licklider has been named the Missouri Coach of the Year 10 times and in 2003 he was inducted into the Missouri Track and Field Hall of Fame.