

**Missouri Valley USATF Annual Meeting
Sept 16, 2007
Officer and Board Meeting
Emporia State University
Minutes:**

Attendance:

Mark Stanbrough	President
Jack Nelson	Sanctions Chair
Gilbert S. Castillo	Masters Chair
Nate Rucker	Men's Long Dist. Chair
Shawn Love	Women's Long Dist. Chair
Wayne T. Armbrust	Race Walking Chair
Alan Poisner	Masters Race Walking Vice Chair
Ken Ferguson	Law & Legislation
Cliff Wiley	Women's Long Distance Chair
Jack Uhrig	Member
Thomas Hernandez	Member
Dennis L. Coomes	Member
Edward Thomas	Member
Larry Staton	Member
Lance Lenard	Member
Jesse Walden	Guest

2006 Board Meeting Minutes were approved.

President's Opening Remarks and Report: Mark reported on the following upcoming events and the elections for 2008-2011.

1. The upcoming 2007 MVA Junior Olympic Cross County Championships on Nov 17th at Rim Rock Farm. Mark reviewed the need for volunteers and stated that Pat Melgares would run the timing systems for this JOXC meet. Along with the JOXC, he discussed our own Region 9 JOXC championships and an Exhibition JOXC race for NE and IA associations.
2. The Upcoming 2007 National Junior Olympic Cross Country Championships on Dec 6-8 at Rim Rock Farm. Mark is working with USATF and Bob Sanner regarding the organization for this major JOXC meet.
3. He gave an overview of the Local Organizing Committee for the National JOXC and this committee's progress.
4. Concerning the annual elections, he reported the following board and chair positions were submitted for nominations: *Cliff Wiley & Gilbert S. Castillo for President, Dr. Jack Uhrig for Vice President, Larry Staton for Secretary, Steve Walsh for Treasurer.*
5. Mark also mentioned the need to find ways to get more volunteers involved with the Missouri Valley USATF Association.
6. He discussed the 2007 USATF Annual meeting in Hawaii on Nov 28 to Dec 2. We need eight delegates. The following individuals indicate interest: Wayne Armbrust, Gilbert Castillo, Ken Ferguson and Cliff Wiley.

Treasurer's Report: The treasurer, Sherry Heim, was absent, but Mark reported that we have \$5,075.07 in the account, up from last year.

Membership Report: The membership Chair, Susan was absent and Mark reported that there are 655 members of the MV USATF Association during 2007. The total is comprised of 337 youth and 318 adults. Thus, there was a loss of 254 members between 2006 and 2007.

There are 31 current clubs in the association. We had 4 new clubs added to MVA club listing for 2007

Sanction Report:

- The Missouri Valley Association has sanctioned 40 events to date in 2007; the total for 2006 was 45. If the current pace continues, we should show a slight increase in sanctions.
- This represents a total financial billing of \$9,070.00 of which \$6,730.00 was paid to the National Office with a resulting share of \$2,340.00 for the Association.
- These sanctions have included small local events with as few as 20 runners to larger regional races such as the Trolley Run and Hospital Hill Run with as many as 3,000 Plus runners
- During this first year, I have attempted to provide consistent enforcement of requirements to meet sanctioning status; many race directors have stated that in the past this was not the case.
- I have eliminated the use of mail and fax wherever possible, in favor of using email and PDF files to streamline the submission of sanction requests to the national office and in notifying race and event directors of Association Sanctioning approvals.
- I have developed and use a Missouri Valley Association cover letter congratulating event organizers for sanctioning their races as another way of developing and re-enforcing their relationship with not only the national office but with our local association thus emphasizing we are not just "taking their money".
- In the next year, I will develop a marketing kit to send to all race/event directors emphasizing the advantages of sanctioning an event. In the last year, I have noticed that there is much confusion as to what is and is not sanctioning. The biggest confusion seems to be that sanctioning and course certification are the not the same.

Youth: Mark gave a preview of the planning to date for the two upcoming meets.

Law and Legislation: Ken reviewed his activities including the Background Screening program for club, coaches and volunteers

Race Walking Report: Wayne Armburst presented a one page report which will be available on the MVA web site

Masters Race Walking Report: Alan Poisner also presented a one page report which will be available on the MVA web site.

Masters Report: Gilbert reported that for 2007 the master's memberships consisted of 381 members with 28% women and 62% men. This membership total was down from 2006 (344 members).

Gilbert also recognized all the masters' athletes that participated in the National championships and major meets. MVA is proud to have a World champion at the 2007 Masters World championships. Bob Lida placed 1st in the 100m, 200m and 400m.

Elections: Mark initiated the elections with any nominations from the floor. Ken Ferguson and Thomas Hernandez were nominated from the floor and added to the ballot.

Gilbert Castillo and Cliff Wiley presented their nomination speeches for president.

The following individuals were elected as officers and chairs for 2008-2011.

President: Gilbert Castillo

Vice President: Jack Uhrig

Secretary: Larry Staton

Treasurer: Steve Walsh

Women's T&F Chair: Cliff Wiley

Sports Medicine: Dr. Jesse Walden

Gilbert Castillo, as president adjourned the meeting and also set the next board meeting for Oct 14th in Lawrence, KS.



**USATF Missouri Valley
Association
2007 Masters Report**

**Gilbert S. Castillo
Masters Chair
10/15/2007**



USATF



Missouri Valley

Association 2007 Masters Report

2006 MVA Masters Membership totals: 344

2007 MVA Masters Membership totals: 318

DIFFERENCE: **-26 TOTAL MEMBERSHIP REVENUE \$8,140.00**

GOAL FOR 2008: 500 MEMBERS

RECOGNITION:



2007 WORLD MASTERS CHAMPIONSHIPS, Riccione, Italy



*World masters Athletics
Championships Stadia*

**Bob Lida (70-74) Wichita, KS
WORLD CHAMPION**

100m Dash: 1st

200m Dash: 1st

400m Dash: 1st

**Rodney Zook (45-49) Hutchison, KS
Semifinal 4 (7th place)
1500m 4:19:40**



2007 USA OUTDOOR TRACK & FIELD CHAMPIONSHIPS,
Indianapolis, IN

Pat Melgares (40-44) Manhattan, KS
Masters Exhibition Mile
Mile Run: 5th 4:34:99

DRAKE RELAYS
america's athletic classic

2007 DRAKE RELAYS,
Des Moines, IA

Kip Janvrin (40-44) Warrensburg, MO
Masters 800m
800m 1st 1:53:89 Stadium Record

2007 MVA National Senior Games & USATF Nationals Masters Championships:

USATF National Masters Indoors:

Bob Lida (70-74) Wichita, KS
60m Dash: 1st
400m Dash: 1st
200m dash: 1st

USATF National Masters Outdoors:

Bob Lida (70-74) Wichita, KS
400m Dash: 1st (Meet Record 1:02:39)
200m Dash: 1st

Rod Zook (45-49) Hutchinson, KS
1500m: 2nd

National Senior Games:

Bob Lida (70-74) Wichita, KS
60m Dash: 1st
400m Dash: 1st
200m dash: 1st

**Fall Meeting, Missouri Valley USATF
September 16, 2007
Race Walking Report
Wayne T. Armbrust, Ph.D.
Race Walking Chairman**

2007 was a very successful year for Missouri Valley Association Race Walking.

I. Competition

In January, the Missouri Valley College Indoor meet included race walking for the first time. The annual 3000 m judged race walk as part of the University of Missouri Indoor All-comers Track Meet was conducted in February. The Heart of America Conference again included race walking in both their indoor and outdoor Championships, with Association schools Missouri Valley College and Central Methodist University entering walkers.

The Missouri Senior Games and the Sunflower State Games contested race walk events for athletes over 50 and all age groups, respectively. Our Association Junior Olympic Championships included a race walk event for all age groups.

In April we conducted a successful Association Championship in conjunction with the Central Methodist University Invitational which featured two of the best male collegiate walkers in the United States; Multi NAIA Champion Patrick Stroupe of Central Methodist defeated eventual NAIA Outdoor third place finisher and USATF 15k Champion Chris Tegtmeir of Concordia (NE).

II. Athletes

Patrick Stroupe of Central Methodist was far and away the best race walker this Association has produce in many years. In addition to repeating as NAIA Champion both indoors and out with easy victories, Patrick was fifth in the USATF National 20k Championships with an Olympic Trials Qualifying time of 1:32:55. Patrick had previously qualified for the National Championships and the Olympic Trials with his second place finish in the Jack Mortland Invitational in May. Patrick must now be considered a serious contender for a position on the 2008 Olympic Team. Other notable Missouri Valley walkers were Geoff Karhoff of Central Methodist and Kevin Conrey of Missouri Valley College, both of whom competed in the NAIA Championships both indoors and out.

Little of note occurred in either the Masters or Junior ranks this year. Perennial US Master's Champion and multi Age Group World and National record holder Gayle Johnson was still hobbled by injuries and was not able to perform at her previous level at the USATF National Masters Championships or other meets

III. Officials

I judged the National 15k Championships in Minneapolis, MN in addition to meets at Missouri Valley College, Central Methodist, and the University of Missouri. Lewis Mead and Beth Lewis were active Judges in Association events as well as were other Association Judges at our Association Championships.

IV. Goals for 2007

The Heart of America Conference, centered in our Association, is one of the leading collegiate conferences in race walking. It is vital that we work closely with conference coaches to support them with clinics and Officials. Youth coaches must be encouraged to learn the event and have their top endurance athletes try walking. We need active Youth and Masters Sub Chairs. Clinics for Junior Athletes could be conducted by Masters walkers. It is vital that we certify additional Race Walk Judges in the coming year so that HoA Conference events and other Association events are properly officiated.

2007 SANCTION CHAIR REPORT

TO: MISSOURI VALLEY ASSOCIATION USAT&F ANNUAL MEETING
FROM: JOHN "JACK" W NELSON JR
DATE: 9/15/2007

- A USATF sanction is an official designation issued by USATF, through a local Association, which approves and licenses the holding of a competitive track & field, long distance running or race walking event in the United States. The sanction is also a contract, which evidences the event's commitment to follow national and international rules and regulations of the sport and to provide a safe environment for the participants and spectators. Once the event has satisfied the sanction requirements, the event's application for sanction is approved.
- The Missouri Valley Association has sanctioned 40 events to date in 2007; the total for 2006 was 45. If the current pace continues, we should show a slight increase in sanctions.
- This represents a total financial billing of \$9,070.00 of which \$6,730.00 was paid to the National Office with a resulting share of \$2,340.00 for the Association.
- These sanctions have included small local events with as few as 20 runners to larger regional races such as the Trolley Run and Hospital Hill Run with as many as 3,000 Plus runners
- During this first year, I have attempted to provide consistent enforcement of requirements to meet sanctioning status; many race directors have stated that in the past this was not the case.
- I have eliminated the use of mail and fax wherever possible, in favor of using email and PDF files to streamline the submission of sanction requests to the national office and in notifying race and event directors of Association Sanctioning approvals.

- I have developed and use a Missouri Valley Association cover letter congratulating event organizers for sanctioning their races as another way of developing and re-enforcing their relationship with not only the national office but with our local association thus emphasizing we are not just “taking their money”.
- In the next year, I will develop a marketing kit to send to all race/event directors emphasizing the advantages of sanctioning an event. In the last year, I have noticed that there is much confusion as to what is and is not sanctioning. The biggest confusion seems to be that sanctioning and course certification are the not the same.
- All members of the association should help promote this process as both a service and as way to finance other association activities.
- Remember the following advantages when discussing “sanctioning”
- Increased Prestige - For many events, the USATF sanction improves the event's public perception. A sanction tells athletes that an event is being run according to applicable competition rules. Sanctioned events have the ability to use the USATF event designation logo to promote the fact that the governing body has sanctioned the event.
- Liability Insurance - Most governmental entities including cities, counties, state highway departments, parks and community centers require general liability insurance for all events. The cost of a sanction is very inexpensive compared to the prices of most event insurance policies. It is important to know that events that are already insured may choose to waive the insurance coverage and pay a lower sanction fee.
- Medical Insurance for Athletes - Any athlete who is a USATF member and is injured while participating in a sanctioned event will be eligible for secondary medical insurance coverage for the injury. This insurance not only provides valuable coverage to USATF members, but it serves as a valuable deterrent to lawsuits.
- Calendar Promotion - Sanctioned events will be included in the USATF online calendar and be highlighted to distinguish them from non-sanctioned events.

- Records - In general, a sanction is required for a record to be set. There are some exceptions to this rule, however.
- Special Offers and Discounts – offered through the National Office
- Resolving Disputes - If requested, USATF will act as an arbiter in disputes between athletes and sanctioned events.
- Other - Each Association may provide additional benefits to its sanctioned events.

Note:

The most important issue when talking about sanctioning is to remember that: (Quote from Sanctioning Application)

“After completion of the Application for Sanction, return this form and any required addenda to your local Association with required fees at **least four (4) weeks prior to the date of the event.**”